



Federation of Chinese American and Chinese Canadian Medical Societies

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***Did you know that the next FCMS Scientific
Conference will be on November 7 and 8?***

Check this website for updates!

fcms2026.org

FCMS Newsletter 2026

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Editor Victor Chang, MD

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Any opinions expressed are those of the authors and not an official position of the Federation of Chinese American and Chinese Canadian Medical Societies

FCMS Mission Statement

To **promote** the communication and cooperation of medical societies in North America in order

to **advocate** for the common goal of enhancing the medical care of Chinese in North America and

facilitate the professional development of Chinese American and Chinese Canadian Physicians

Chairman's Corner

We are so excited to have you all here for the FCMS Healthcare Conference 2026: Technology Transforming Medicine, taking place November 7–8 at the UCSF Mission Bay Conference Center. It is amazing to reflect on how far we've come since the first Conference we hosted in 1982. We are always so energized to catch up with old friends, meet new ones, and learn new concepts from speakers at the very cutting edge of their fields. It is most appropriate that we are set to learn about some of the most recent advances in healthcare, particularly the influences of tech and AI, which might impact the care of our Asian communities. We have the honor of hosting you all here in the Bay Area, in the epicenter of Tech innovation.

And what a celebration we have planned for you! Once again, we have a fun and delicious evening planned at the lovely Asian Art Museum. Our forebears would have been so proud to see us now, so many of our stories started in the old country, whose cultural treasures are so lovingly displayed at this world-class institution.

In these trying, turbulent times, it is more important than ever for us to share our energies, to shine the light, on the science, on truth, on our stories and the essentialness of the 'righteous' path that Confucius highlighted for us thousands of years ago. We all undertook this calling, medicine, with each of us taking on the care of our communities, taking our turn. As can be seen from the program, our speakers are already remarkable and accomplished healers, thinkers, teachers, and leaders. The future is bright with the next generation.

Such a splendid program was envisioned and developed by the dedicated and tireless hard work of our planning committee, led by Dr Cynthia Lin and Dr Gordon Fung. On behalf of FCMS, we express our thanks and appreciation for the work of the planning committee, UCSF, sponsors and to you, our conference participants, for realizing the vision that underlies the FCMS and this conference.

Randall Low MD

JOIN US IN SAN FRANCISCO!

Technology Transforming Medicine

The 23rd CH/UCSF/FCMS Healthcare Conference 2026 is coming to San Francisco, bringing physicians, healthcare leaders, and innovators together to explore how technology is transforming medicine on **November 7–8, 2026**.

Since 1982, the FCMS Healthcare Conference has connected medical professionals across the U.S. and Canada to advance medical education and improve the health of Asian communities. Offered in collaboration with **UCSF Continuing Medical Education (CME)**, this two-day conference features expert-led sessions at UCSF Mission Bay Conference Center's Robertson Auditorium, followed by an **evening gala** at the Asian Art Museum.

Objectives

1. Identify the AI needs for Chinese or Diverse communities to utilize AI in diagnosing and treating from a team-based perspective.
2. Apply AI tools in clinical decision-making across multiple specialties
3. Evaluate AI outputs for bias, accuracy, and clinical relevance in patient care
4. Integrate precision medicine and genomic data into multidisciplinary treatment planning
5. Use digital health tools, including wearable data, to support patient monitoring and Management
6. Demonstrate interprofessional collaboration in the interpretation and application of AI-driven clinical information
7. Analyze equity and cultural considerations in the use of AI for diverse patient Populations

Key Topics Include:

- **Technology & Innovation:** AI in clinical practice & education, precision medicine, digital health equity, and robotic surgery
- **Clinical Focus & Health Disparities:** Trends & challenges in Asian health, mental health, cardiovascular, brain, and liver health.
- **Earn CME Credits:** UCSF 14 CME credits

FACULTY

Timothy Chang, MD, PhD Associate Professor of Neurology, UCLA

Jonathan Chen, MD, PhD Associate Professor of Medicine Director of AI Medical Education, Stanford

Lynda Chin, MD Founder and CEO, Apricity Health Former Chair, Genomic Medicine, MD Anderson Elected Member, National Academy of Medicine

Velda Chow, MBBS, MS, MRCS, FCSHK, FHKAM Associate Professor Chief of Head and Neck Surgery, and Plastic and Reconstructive Surgery, Hong Kong University

Yuman Fong, MD Professor of Surgery Chair of Department of Surgery, City of Hope Elected Member, National Academy of Medicine

Gordon Fung, MD, PhD, MPH Professor of Medicine Director of Asian Heart and Vascular Center, UCSF

Anthony Kim, MD Professor of Neurology Medical Director of Comprehensive Stroke Center, UCSF

Vivian S. Lee, MD, PhD, MBA Former President of Verily Health Harvard Medical School Elected Member, National Academy of Medicine

Alex Leow, MD, PhD Professor of Psychiatry, Biomedical Engineering, and Computer Science, University of Illinois Chicago

King Li, MD Founding Dean, School of Medicine HKUST and Carle Illinois Adjunct Professor of Radiology Stanford

Bryant Lin, MD Professor of Medicine Co-Director of CARE Stanford

Ning Lin, MD Associate Professor of Neurosurgery, Weill Cornell Medicine

Scarlett Lin-Gomez, PhD, MPH Professor of Epidemiology, UCSF

Nancy Liu, PhD Professor of Psychology, UC Berkeley

Erica Pan, MD, MPH, FIDSA, FAAP Director and State Public Health Officer, California Department of Public Health, Professor of Pediatric Infectious Disease **Keynote Speaker**

Stanley Qi, PhD Associate Professor of Bioengineering Founder of Epicrispr, Stanford

Ida Sim, MD, PhD Professor of Medicine Co-Director of Informatics and Research Innovation, UCSF Elected Member, National Academy of Medicine

Samuel So, MD Professor of Surgery Founder and Director of Asian Liver Center, Stanford

Jeanne Tsai, PhD Professor of Psychology, Co-Founder of Asian American Research Center, Stanford

Eugene Yang, MD, MS, FACC Professor of Cardiology, Behnke Chair for Asian Health, University of Washington

Francis Yao, MD Professor of Medicine Medical Director, Liver Transplant Program, UCSF

Lucas Zier, MD, Associate Professor of Medicine, UCSF

Program Planning Committee

Cynthia Lin MD and Gordon Fung MD Co-directors

Vanessa Chan, MD, Jennifer Chen MD, , Clifford Chew, MD, Ryan Chu, Patricia Chung, , Scott Huang, DO, , Calvin Kang BA, Samuel Kao MD, Randall Low, MD, Shelagh Nolan, RN, Dorothy Wong, MD, Weiwen Zheng, MD

Frontiers in Medicine 2024: Interdisciplinary Updates for North American Chinese Health Combined Meeting of CAMS and FCMS

November 2 and 3, 2024

Cynthia Pan, MD, Benjamin Lee MD, and Ning Lin MD

Q In which conference did medical colleagues from 2 countries met in 2 different boroughs of New York City over a 2-day period.?

A The 22nd Conference on Health Care of the Chinese in North America, on the 30th anniversary FCMS conference held with CAMS on November 2 and November 3, 2024!

The 22nd Conference started at Chelsea Piers with the Harry Lee MD Symposium. Dr. Vanessa Chan summarized National initiative on Chinese Health. Dr. Stephen Chao, Secretary of the NCAPIP, reviewed the effects of covid-19 on Asian Americans, and the continuing importance of prioritizing the health equity of Asian Americans, Native Hawaiians and Pacific Islanders (AANHPI). This was then followed by the CAMS Keynote Address, Scientific Award Lecture, and Wilson Ko Memorial Leadership Lecture. (see summaries next page). The afternoon featured breakout sessions on Mental Health, Dementia, Culinary and Medical Management of Diabetes and Obesity, Stroke, Heart Failure, and Leadership. Distinctive features included a Book Fair featuring books by Chinese American physicians, and a Healthy Recipe cooking demonstration.

At the evening Gala, the inaugural Livia Wan MD Foundation FCMS award was given to Ms Janet Wu, a medical student at Stanford in the class of 2026. Dr. David Huang received the Scientific Award, and Dr. Livia Wan and Dr. Perry Romo received the CAMS Community Award.

The next morning, Conference attendees coped with changes in Daylight Savings Time and closure of traffic for the New York City Marathon, to get to the Sunday site at New York Presbyterian Queens. Talks covered a wide spectrum, from a comparison of Health care for Chinese in North America as seen in Toronto and San Francisco, AI applications to Cardiovascular Imaging and Breast Imaging, and Traditional Chinese Medicine in Arthritis care with a demonstration of Acupuncture. After lunch from Chinese restaurants, the next item was the Research Symposium featuring 6 abstracts. Poster sessions were held on both days. This was the first CAMS and FCMS event in Queens.

This conference featured faculty and attendees from the United States and Canada. In addition to FCMS faculty (Dr. Clifford Chew, Dr. Chi-ming Chow, Dr. Joseph Chu, Dr. Gary Deng, Dr. Gordon Fung, Dr. Kenneth Fung, Dr. George King, Dr. Cynthia Pan), the conference welcomed distinguished and accomplished faculty including Dr. Daniel Chen, Dr. James Cleerly, Dr. Scarlett Lin Gomez, Dr. David Huang, Dr. Anthony Kim, Dr. Gordon Moe, Dr. Linda Moy, Dr. Linda Shiue, Dr. Samuel So, Dr. Roger Wong, and Ms. Yi Lily Zhang. The scope of the program was ambitious, and the conference confirmed the importance of these FCMS Scientific Meetings in bringing together Chinese Canadians and Chinese Americans to share knowledge, ideas and insights.



Keynote Address— *The ASPIRE Cohort Study*— Dr Scarlett Lin Gomez has been a leader on breast cancer epidemiology in Asian Americans. She presented the case for an Asian American cohort for cancer to elucidate the causes of cancer. Asian Americans are a growing population and face unique disparities, highlighted by rapidly rising rates in breast cancer and lung cancer in never smokers. Despite this, little is known about the causes of cancer. ASPIRE had been funded by the National Cancer Institute as a national Asian American cohort study. Structured with multiple centers on the East and West Coast, it features Community Advisory Boards and participation by more than 37 Asian groups around the US. Plans are for enrollment of an initial cohort of 20,000. Survey data will gather information on structural and social drivers of health and oversample understudied groups in multiple languages.



Scientific Award Lecture— *Seeing Small and Aiming Big*—Before medicine, Dr. Huang was a graduate student in Electrical Engineering at MIT. His doctoral thesis was about the development of optical coherence tomography (OCT), with applications to retinal imaging, and published as a paper in Science in 1991. OCT produces a two-dimensional image of optical scattering from internal tissue microstructures in a way that is analogous to ultrasonic pulse-echo imaging. OCT has longitudinal and lateral spatial resolutions of a few micrometers. Not surprisingly, Dr. Huang became an ophthalmologist. OCT is now routinely used in ophthalmologic practice. Because of its ability to measure small distances, this technique has found an increasing number of applications in many medical fields outside of ophthalmology, including skin imaging, and endoscopy.



Wilson Ko, MD Memorial Leadership Lecture— *Step Up to Stop Hep B*—Initially trained as a transplant surgeon, Dr. So became interested in liver cancer and in one of the major causes of liver cancer, hepatitis B. He started with projects in the San Francisco Bay area to raise awareness of hepatitis B, and was invited to join more local and then national committees to address Hepatitis B, leading to his participation in the 2016 National Academy of Sciences, Engineering and Medicine report on “Eliminating the Public Health Problem of Hepatitis B and C in the United States.” He has since been asked by other countries to assist in developing hepatitis B prevention programs.



Stroke Panel - Dr Joseph Chu, Dr Anthony Kim, and Dr Ning Lin



Dr. David Chiu received the Founders Award of the FCMS during the FCMS anniversary dinner held in New York City. The Founders Award was also presented to Dr. John Chiu and Dr. Harry Lee. Dr Victor Chang received the FCMS Champion Award.



Members of the Board of the FCMS and of the FCMS Foundation

Dr Paul Chu, Dr Chi-ming Chow, Dr Victor Chang, Dr Warren Chin, Mr Frank Chan, Dr John Go,
Dr Vanessa Chan,
Ms Winnie Chan, Dr Mary Lee Wong, and Dr David Chiu



Livia Wan, MD Award of the FCMS Foundation



On November 2, 2024, the first award was presented to Ms. Janet Wu, Stanford University School of Medicine, class of 2026, shown here with Dr. Livia Wan.

Upcoming Chinese American Medical Society Conference and Gala November 21, 2026

The poster features a background image of the New York City skyline across a body of water. At the top, the CAMS logo is displayed, consisting of a square icon with Chinese characters and the text 'CAMS Chinese American Medical Society'. Below this, the event title '63rd Annual SCIENTIFIC CONFERENCE' is prominently shown in a serif font, with '63rd Annual' in red. A subtitle in italics reads 'Personalized Medicine in a New Era Innovation, Culture, and Whole Person Care'. The event details are presented in three columns, each with an icon (calendar, clock, and location pin) and text: 'SATURDAY 11.21.26', '8:30 AM – 4:00 PM', and 'NEW YORK CITY'. The venue address is listed below: 'Weill Cornell Medicine Belfer Research Building 413 E 69th St, New York, NY 10021'. A closing statement in italics describes the conference's purpose: 'Bringing together clinicians, researchers, and healthcare professionals to share knowledge, foster academic exchange, and improve patient care.' The bottom of the poster is a dark blue bar containing the contact email 'admin@camsociety.org' and the website 'www.camsociety.org' with a globe icon.

 **CAMS**
Chinese American Medical Society

— 63rd Annual —
SCIENTIFIC CONFERENCE

*Personalized Medicine in a New Era
Innovation, Culture, and Whole Person Care*

 **SATURDAY**
11.21.26

 **8:30 AM – 4:00 PM**

 **NEW YORK CITY**

Weill Cornell Medicine Belfer Research Building
413 E 69th St, New York, NY 10021

*Bringing together clinicians, researchers, and healthcare professionals
to share knowledge, foster academic exchange,
and improve patient care.*

 admin@camsociety.org |  www.camsociety.org

CAMS 63rd Annual Scientific Conference

Victor Chang, MD

For those readers who are staying on the East Coast, and/or who love to attend Scientific Meetings, the next CAMS Scientific Conference will be held on November 21, 2026. The conference theme is Personalized Medicine in a New Era: Innovation, Culture, and Whole Person Care. Conference Chairs are Dr Benjamin Lee and Dr Annie Wu.

The **Scientific Award Lecture** will be given by Dr. Zhijian James Chen PhD, George L. MacGregor Distinguished Chair in Biomedical Science, Director of the Inflammation Research Center, and Professor of Molecular Biology at the University of Texas Southwestern Medical Center. Dr Chen is the 2012 recipient of the prestigious National Academy of Sciences Award in Molecular Biology, and the 2024 Albert Lasker Basic Medical Research Award, among many others.

The **Wilson Ko, MD Memorial Leadership Lecture** Speaker at the 63rd Annual Scientific Conference will be Dr Thomas Tsang, MD MPH, FACP, Chief Medical Officer at Omada Health. Dr Tsang was a founder of Valera Health, and has had extensive experience leading health care organizations.

Additional speakers include Dr. Jim Cheung, Dr. Henry Siu, Dr Jian Zhang, Dr Loli Huang, Dr. Ariel Li, Dr Kwan Cheng, Dr Florence Lui, and Olivia Cohen MD MT-BC, LCAT, CDP

During the day, there will be posters for viewing, and in the afternoon, a Research Symposium with oral presentations.

That evening, the CAMS CAIPA Red Lantern Gala Dinner will be held at Cipriani in mid-town Manhattan. To be honored will be Dr. Yick Moon Lee, the New York Presbyterian Hospital, and the Chinese Community Partnership for Health. The Gala will feature a musical performance by Oliver Neubauer and Paloma So.

The ASPIRE Study aspirecohort@UCSF.edu

The **ASPIRE cohort** is the first of its kind study representing all Asian ethnic groups nationwide. Over time, to help better understand the causes of cancer in our diverse Asian American communities. As of September 2026, 2643 participants had completed their first survey and 1072 participants had completed their second survey.

Eligibility Criteria

- **Ethnicity:** Identify as Asian or Asian American (open to all Asian ethnic groups).
- **Age:** Between **40 and 75** years old.
- **Location:** Currently living in the United States or a U.S. territory.
- **Health Status:** **Never diagnosed with cancer** at the time of enrollment.

North American Chinatown Smoke Free Day

Victor Chang, MD

The Tenth Annual North American Chinatown Smoke Free Day on September 14, 2026 was observed in New York City at the Chinese Consolidated Benevolent Association with a program featuring educational lectures, participation by multiple community organizations, and exhibits



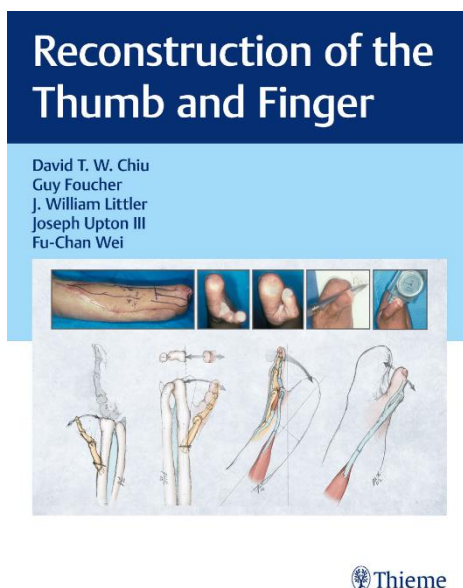
From left to right, Mr Gomeo Lam, Mrs. Lee, Dr Wan Lam, Ms. Karen Ng, Dr Pauline Lau, and Dr Warren Chin

FCMS Members in the News

Victor Chang, MD



The newly established **David T.W. Chiu Award** in Plastic Surgery Innovation and Humanism honors a most beloved friend, colleague, and mentor. The goal is to provide annual recognition to a plastic surgeon who embodies the humanism and innovative spirit of Dr. David Chiu. The AAPS is the most prestigious professional society for academic plastic surgeons in the U.S., and Dr. Chiu's legacy will be honored with a named award affiliated with the American Association of Plastic Surgeons. The first award was made at the 103rd AAPS Annual Meeting in Austin, Texas, in 2025, to *Dr. Louis Argenta*, inventor of vacuum-assisted closure and founder of the plastic surgery department at Wake Forest. The David Chiu Award committee is leading fundraising efforts to ensure the continuity of the award. Those who wish to honor Dr. David Chiu can [donate via the AAPS](#).

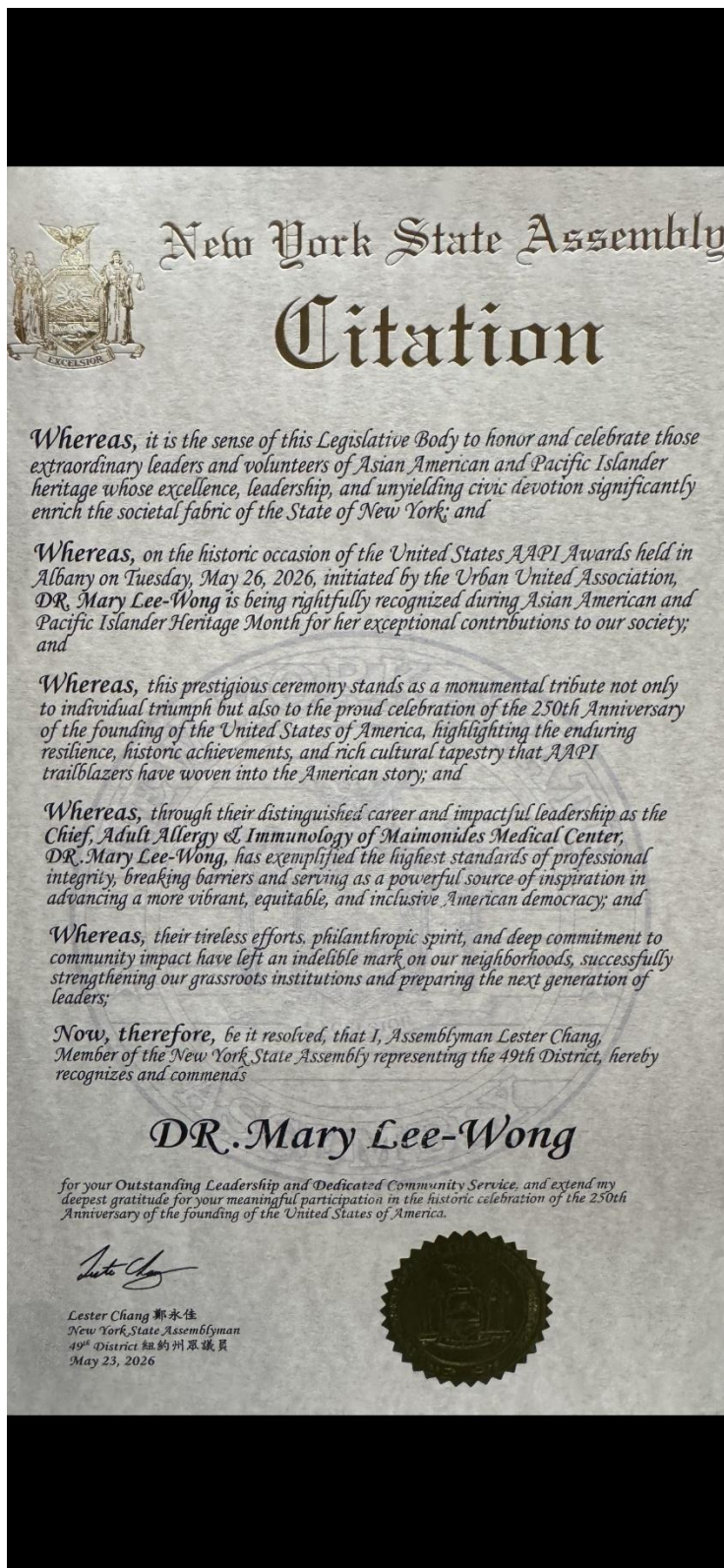
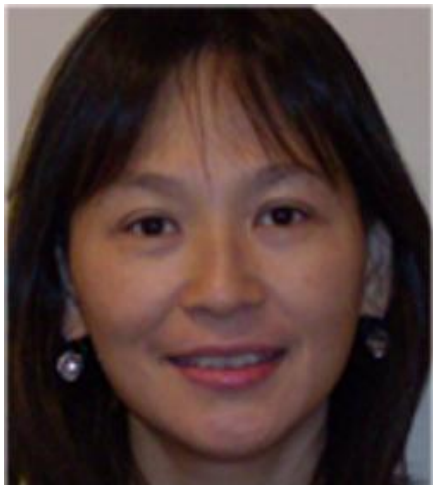


Hand surgery is a multidisciplinary pursuit that requires exceptional artistry, superb skills, and harmonious teamwork developed over decades of practice. *Reconstruction of the Thumb and Finger* is a unique resource that follows a Socratic approach to teaching in a world consumed by computers. It reflects 225 years of collective surgical effort by five prominent hand surgeons, who have practiced from the embryonic stages of pedicle flaps and digital transposition to revascularization and free tissue transfers. The differing goals, techniques, expectations, and collaborative approaches advocated by these masters are articulated throughout this exceptional book.

Dr Chi-ming Chow received the Canada Strong Medal for community service contributions.



Dr Mary Lee -Wong received a New York State Assembly Citation for Outstanding Leadership and Dedicated Community Service from NY State Assemblyman Lester Chang



FCMS CAMS Journal Club and Research Seminars

Victor Chang, MD

During the summer there were 2 FCMS CAMS Research Seminars

June 10, 2026

Vulnerable Populations of Asian Women at Risk for HIV: Updates and Ongoing Research

Presented by **Sahnah Lim, PhD, MPH, MIA**, Associate Professor at NYU Grossman School of Medicine.

June 17, 2026

Lupus and Pregnancy: An Interdisciplinary Approach

Presented by **Jill P. Buyon, MD**, Sir Deryck and Lady Va Maughan Professor of Rheumatology, Department of Medicine at NYU Grossman School of Medicine

Our first **Journal Club** for this academic year was on **September 15, 2026**, featured 2 papers for North American Smoke Free Day, moderated by **Warren Chin, MD**.

- 1) Lee CH, Lin R, Li J, Wong S, Jan R, Tong EK. **Evaluation of a proactive outreach strategy for tobacco treatment by a student-run clinic for Asian Americans: A retrospective observational study.** Tob Prev Cessat. 2026 Jul 10;12.

Presented by **Dr Samantha Wong MD** (Resident, U Washington) and **Dr Elisa Tong MD MA** (Professor of Medicine, UC San Diego),

- 2) Jiang N, Zhao A, Rogers ES, Cupertino AP, Zhao X, Cartujano-Barrera F, Siu K, Sherman SE. **Feasibility and Preliminary Effects of a Social Media-Based Peer-Group Mobile Messaging Smoking Cessation Intervention Among Chinese Immigrants who Smoke: Pilot Randomized Controlled Trial.** JMIR Mhealth Uhealth. 2024 Jul 22;12:e59496.

Presented by **Nan Jiang, PhD**, Assistant Professor in the Department of Population Health, NYU Langone School of Medicine

The next Journal Club will be on **October 14th**, moderated by **Dr Henry Siu MD**.

Cai X, White Q, Wang DR, DeFilippi CR, Bertoni AG, Wu CO, Liu K, Lima JAC, Budoff MJ, Fonarow GC, Watson KE, McClelland RL, Yang EH. **Cardiovascular Risks and Outcomes Among Chinese American Immigrants: Insights From the Multi-Ethnic Study of Atherosclerosis.** J Am Heart Assoc. 2024 Sep 17;13(18):e037114.

Further clubs will be held on November 11th and December 9th 7-8:30 pm, Zoom Eastern Time Check the CAMS Website for more details and registration www.camsociety.org

Recent Pub Med Citations, April through July, 2026

Victor Chang, MD

Ethnic Enclaves

Canchola AJ, Pruitt SL, Lin K, Boscoe FP, Guan A, Henry KA, Hiatt RA, Hughes AE, Insaf TZ, Pinheiro PS, Rathod AB, Shahan K, Stroup AM, Zhu H, Gomez SL, Shariff-Marco S. Ethnic Enclave Residence and Breast, Cervical, and Colorectal Cancer Incidence among Asian American Adults, 2006 to 2017. *Cancer Epidemiol Biomarkers Prev.* 2026 Jul 1;35(7):1139-1150. doi: 10.1158/1055-9965.EPI-25-1718. PMID: 42029124; PMCID: PMC13340256.

Shen H, Vos RO, Liu L. Relationships Between Living in Ethnic Enclaves and Cancer Outcomes: A Systematic Review of Literature. *J Racial Ethn Health Disparities.* 2026 Aug;13(4):2565-2577. doi: 10.1007/s40615-025-02439-0. Epub 2025 Apr 21. PMID: 40259186; PMCID: PMC13346139.

Cardiovascular

Cai X, White Q, Wang DR, DeFilippi CR, Bertoni AG, Wu CO, Liu K, Lima JAC, Budoff MJ, Fonarow GC, Watson KE, McClelland RL, Yang EH. Cardiovascular Risks and Outcomes Among Chinese American Immigrants: Insights From the Multi-Ethnic Study of Atherosclerosis. *J Am Heart Assoc.* 2024 Sep 17;13(18):e037114. doi: 10.1161/JAHA.124.037114. Epub 2024 Sep 5. PMID: 39235461; PMCID: PMC11935614.

Go A, Reynolds K, Yang J, Gupta N, Garcia E, Harrison TN, Liu T, Solomon M. Race/ethnicity and burden of atrial fibrillation in adults with paroxysmal atrial fibrillation. *NPJ Cardiovasc Health.* 2026 Jun 17;3(1):38. doi: 10.1038/s44325-026-00141-6. PMID: 42310426; PMCID: PMC13282389.

Zuin M, Nohria A, Henkin S, Becattini C, Bacare B, Goldhaber SZ, Piazza G. Pulmonary Embolism-Attributable Mortality in Patients With Heart Failure in the United States, 2010 to 2020. *JACC Adv.* 2026 Jun;5(6 Pt 2):102841. doi: 10.1016/j.jacadv.2026.102841. PMID: 42312787; PMCID: PMC13308247.

Stroke/Neurology /Cognition

Man S, Sun JL, Alhanti B, Mac Grory B, Smith EE, Schwamm LH, Bhatt DL, Saver JL, Xian Y, Uchino K, Fonarow GC. Race- and Ethnicity-Specific Hospital Arrival and Emergency Medicine Service Activation Times by US State for Ischemic Stroke. *J Am Heart Assoc.* 2026 Jan 6;15(1):e041674. doi: 10.1161/JAHA.125.041674. Epub 2025 Dec 30. PMID: 41467391; PMCID: PMC12908999

Lee E, Whitmer RA, Gilsanz P, Meunier CC, Lor Y, Chen NX, George KM. Language, Immigration, Race and Cognitive Health: Kaiser Healthy Aging and Diverse Life Experiences (KHANDLE) Study. *J Racial Ethn Health Disparities.* 2026 Jun 11. doi: 10.1007/s40615-026-03031-w. Epub ahead of print. PMID: 42274946.

Posis AIB, Rojas-Saunero LP, Subedi S, George KM, Meyer OL, Weakley AM, Araneta MR, Gilsanz P, Corrada MM, Whitmer RA. Cognitive performance among diverse Asian American

subgroups: exploring the role of nativity, language, and education. *NPJ Dement.* 2026;2(1):51. doi: 10.1038/s44400-026-00108-5. Epub 2026 Jul 3. PMID: 42404995; PMCID: PMC13331744.

Anticoagulation

Chao TF, Braunwald E, Palazzolo MG, Antman EM, Carnicelli AP, Eikelboom JW, Granger CB, Goto S, Kato ET, Lip GYH, Patel MR, Ruff CT, Wallentin L, Giugliano RP. Direct oral anticoagulants vs warfarin in Asian vs non-Asian patients with atrial fibrillation: a patient-level meta-analysis from COMBINE AF. *Eur Heart J.* 2026 Apr 30:ehag246. doi: 10.1093/eurheartj/ehag246. Epub ahead of print. PMID: 42059513

Cancer - Breast

Gomez SL, Von Behren J, McGuire V, Kim MO, Gao L, Shariff-Marco S, Lin K, Cheng I, Kwan ML, Wu AH, John EM, Loo L, Kurian A, Koo J, D'addario L, Roh JM, Ergas IJ, Castillo E, Ambrosone CB, Morey BN, Kushi LH, Yao S. Breast Cancer Survival in Asian American Patients. *JAMA Netw Open.* 2026 Jul 1;9(7):e2621041. doi: 10.1001/jamanetworkopen.2026.21041. PMID: 42384382; PMCID: PMC13324866

Calip GS, Hoskins KF, Guadamuz JS. Breast Cancer Incidence in Asian American, Native Hawaiian, and Pacific Islander Populations. *JAMA Netw Open.* 2026 Jun 1;9(6):e2621259. doi: 10.1001/jamanetworkopen.2026.21259. PMID: 42377962.

Arasu VA, Gadgil T, Rothstein JH, Alexeeff SE, Achacoso NS, Bhattacharya A, Cord JB, Esserman LJ, Galbraith W, Gerstley LD, Head ST, Hylton NM, Kushi LH, Lee C, Leimpeter AD, Lewis DA, Liu V, Marafino BJ, Margolies LR, Navarro DA, Pu A, Sakoda LC, Shan J, Shieh Y, Sistig A, Smith Gueye CL, Veer LV, Villaseñor M, Westley M, Wisner DJ, Tice JA, Shen L, Habel LA, Sieh W. Comparative 10-year performance of mammography artificial intelligence, polygenic, and clinical breast cancer risk models in the Kaiser Permanente Research Bank. *J Natl Cancer Inst.* 2026 Jun 23:djag154. doi: 10.1093/jnci/djag154. Epub ahead of print. PMID: 42331353

Cancer - Colon

Greene M, Stieber B, Ozbay AB, Anderson J, LeMaster J, Dore M, Stukalin I, Arroyo J, Ebner DW, Fendrick AM, Karlitz JJ. Multitarget Stool DNA Versus Fecal Immunochemical Testing: A National Assessment of Follow-Up Colonoscopy by Race and Ethnicity. *J Natl Compr Canc Netw.* 2026 Jul;24(7):e267015. doi: 10.6004/jnccn.2026.7015. PMID: 42425152.

Zhao MY, Badiie J, Wang CP, May FP. Colorectal Cancer Outcomes Among Disaggregated Asian Subgroups: a 2006-2020 SEER Analysis. *Dig Dis Sci.* 2026 Jun 30. doi: 10.1007/s10620-026-10083-9. Epub ahead of print. PMID: 42377702.

Cancer - Lung

Gorría T, Marino N, Rubiano MAM, Salinas KE, Flores EJ, Mezquita L, Yang PC. Lung Cancer Screening and Prevention: Beyond Conventional Strategies in a Rapidly Changing Global Milieu. *Am Soc Clin Oncol Educ Book.* 2026 Jun;46(3):e517088. doi: 10.1200/EDBK-26-517088. Epub 2026 May 21. PMID: 42166705; PMCID: PMC13247865.

Xu X, Chen H, Xu W. LDCT screening for lung cancer in East Asian never-smokers: balancing benefits and overdiagnosis-related harms. *Lancet Reg Health West Pac.* 2026 May 19;70:101877. doi: 10.1016/j.lanwpc.2026.101877. PMID: 42211054; PMCID: PMC13213730.

Feng X, Guida F, Guenoun A, Alcalá K, Aldrich MC, Arslan AA, Cai Q, Zheng W, Chen C, Triplette M, Tinker LF, Patel AV, Liao LM, Sinha R, Rohan TE, Sesso HD, Zhang X, Visvanathan K, Wang Y, Johansson M, Robbins HA. Performance of Lung Cancer Risk Prediction Models in Different Racial and Ethnic Groups in the United States: Results From the Lung Cancer Cohort Consortium. *Ann Intern Med.* 2026 Jun 30. doi: 10.7326/ANNALS-25-03816. Epub ahead of print. PMID: 42372272.

Ha G, Chacha LD, Coe L, Yanis S, Faith I, Vasquez F, Duodu J, Vimolratana M, Chudgar NP, Cheng H, Halmos B, Hosgood HD, Stiles BM, Nobel T. Who Gets Left Out of Precision Oncology? Real-World Driver Mutation Expression Patterns and Therapeutic Eligibility in a Diverse Single-Center Early-Stage Lung Adenocarcinoma Cohort. *J Racial Ethn Health Disparities.* 2026 Jun 20. doi: 10.1007/s40615-026-03050-7. Epub ahead of print. PMID: 42323489.

Zhang Y, Dai J, Gu P, Zhao Y, Christiani DC, Chen F, Shen S. Development and validation of a multiancestry and multitrait polygenic risk score for lung cancer. *Nat Commun.* 2026 Jun 27. doi: 10.1038/s41467-026-74964-3. Epub ahead of print. PMID: 42364979.

Ding Y, Tao H, Zhu C, Li H, Zhang Y, Du Y, Du L, Gong W, Wang L. Lung cancer in never-smoking females: epidemiology, risk factors and screening. *Front Public Health.* 2026 May 25;14:1834538. doi: 10.3389/fpubh.2026.1834538. PMID: 42267273; PMCID: PMC13243031.

Hepatitis B

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Recent Newspaper Headlines

Victor Chang, MD

February 23, 2026

The everyday Americans going all in on the Chinese lifestyle.

<https://www.wsj.com/us-news/the-everyday-americans-going-all-in-on-the-chinese-lifestyle-3bca648c>

March 6, 2026

The U.S. can't afford to offshore clinical trials to China

<https://www.washingtonpost.com/opinions/2026/03/05/offshore-china-clinical-trials-biotechnology/>

Mar 12, 2026

San Francisco's Chinatown Celebrated Eileen Gu. Others Are More Conflicted.

<https://www.nytimes.com/2026/03/12/us/eileen-gu-olympics-chinese-american.html?searchResultPosition=7>

March 12, 2026

Histories of Native American Treaties and Anti-Chinese Violence Win Bancroft Prize

<https://www.nytimes.com/2026/03/12/arts/bancroft-history-native-americans-chinese-americans.html?searchResultPosition=61>

March 23, 2026

'Breaks my heart': Mystery surrounds B.C. veteran's missing First World War memorabilia collection

<https://vancouversun.com/news/mystery-surrounds-bc-veterans-missing-first-world-war-memorabilia>

April 2, 2026

In the Birthright Citizenship Hearing, a Story of Asians Fighting for Rights

<https://www.nytimes.com/2026/04/02/us/politics/birthright-citizenship-asian-immigrants.html?searchResultPosition=5>

April 17, 2026

America is hooked on mahjongg. I tried to find out why.

<https://www.wsj.com/lifestyle/american-mahjong-obsession-6bae4ca9>

May 9, 2026

UCLA online textbook gives voice to Asian American, Pacific Islander history and cultures

https://www.washingtonpost.com/national/2026/05/09/ucla-asian-american-pacific-islander-history-textbook/d5a0119e-4bc8-11f1-a119-857cd2bf4fd4_story.html

May 18, 2026

Northwestern Names a New President After Tumult Over Protests

<https://www.nytimes.com/2026/05/18/us/northwestern-president-mung-chiang.html?searchResultPosition=32>

June 6, 2026

One label, many risks: how grouping Asian Americans hides deadly cancer patterns

<https://www.latimes.com/science/story/2026-06-06/uc-irvine-asian-american-high-rates-certain-cancers>

June 8, 2026

A Mayor, Her Boyfriend and China's Mysterious Propaganda Machine

<https://www.nytimes.com/2026/06/09/us/politics/eileen-wang-arcadia-california-mayor-china.html?searchResultPosition=85>

June 15, 2026

How AAPI adults are being affected by Trump's immigration crackdown, according to a new poll

https://www.washingtonpost.com/politics/2026/06/15/aapi-asian-american-america-250-immigration/3aab21e6-6870-11f1-830e-133d20cadd28_story.html

June 30, 2026

Great-grandson of Wong Kim Ark praises Supreme Court ruling affirming birthright citizenship

<https://apnews.com/article/birthright-citizenship-supreme-court-wong-kim-ark-ca4dbcb6de60e91e394bd5f54f2a177b>

July 1, 2026

California to institute Bruce Lee Day, a first for a Chinese American in the state's history

https://www.washingtonpost.com/national/2026/07/01/bruce-lee-day-california/b8257580-7582-11f1-b665-5f8be87f3787_story.html

July 29, 2026

The U.S. could become dependent on China for life-saving drugs

<https://www.washingtonpost.com/opinions/2026/07/29/americas-biotech-lead-is-slipping-china/>

July 31, 2026

Simu Liu and Jeremy Lin are bringing hoops and hope to Markham

https://www.thestar.com/news/canada/simu-liu-and-jeremy-lin-are-bringing-hoops-and-hope-to-markham/article_7dec70a8-0252-5293-a559-546f46a7de51.html

August 4, 2026

NYC icon, Kaity Tong, to retire from PIX11 News

<https://pix11.com/news/local-news/nyc-icon-kaity-tong-to-retire-from-pix11-news/>

Sep 8, 2026

'Don't Let Me Disappear': The 100-Day Scramble to Free Lue Yang

<https://www.nytimes.com/2026/09/08/us/politics/hmong-refugee-deportation-michigan-laos.html?searchResultPosition=35>

Sep 10, 2026

From refugee to Oscar winner, Ke Huy Quan is ready to tell his tale

<https://www.washingtonpost.com/books/2026/09/10/oscar-winner-ke-huy-quan-was-terrified-tell-his-life-story/>

Sep 11, 2026

She made the historic first call from a hijacked plane on 9/11. 25 years later, her family met the woman who answered. (Betty Ann Ong. American Airlines)

<https://www.cbsnews.com/news/historic-first-call-hijacked-plane-911-25-years-later-family-meets/>

'Never forget', 25 years later: Betty Ong, the flight attendant who made the first 9/11 call

<https://www.youtube.com/watch?v=qZlrm8D2Ggc>

Yo-Yo Ma performs Bach at 9/11 ceremony in NYC as names of victims are read

<https://www.youtube.com/watch?v=eHxIPX12T58>

Sep 14, 2026

A 68-year-old S.F dim sum institution will close its largest location

<https://www.sfchronicle.com/food/restaurants/article/yank-sing-rincon-center-sf-closing-22431164.php>

Communication Skills

Victor Chang, MD

The book “**Smart, Not Loud: How to Get Noticed at Work for All the Right Reasons**”, by Jessica Chen addresses an important problem that Chinese Americans and persons from other traditional cultures face of being perceived as quiet and not interesting. Much of the material is now available as brief You Tube presentations @JessicaChenPage

In Remembrance Collin P. Quock, MD

Victor Chang, MD



Dr. Collin P. Quock, the first cardiologist in San Francisco's Chinatown and a lifelong advocate for healthcare and education, passed away on Friday, November 28, 2025, at the age of 85.

Dr. Quock was born at Chinese Hospital on February 4, 1940. He was a proud alumnus of St. Mary's Elementary School, St. Ignatius High School, the University of San Francisco, and the University of California, San Francisco. He received his medical degree in 1964. Following postgraduate training at Georgetown University and St. Elizabeth's Hospital of Boston, he served with the U.S. Air Force. In 1970, Dr. Quock opened his medical practice in internal medicine and cardiology. He held leadership roles at Chinese Hospital as Chief of Staff and at St. Francis Memorial Hospital as board secretary.

Dr. Quock exemplified curiosity and organizational abilities. He wrote "Doctors caring for Chinese patients have a natural curiosity as to how general medical science relates to the physical and cultural uniqueness that set the Chinese patient apart. Some of these doctors at Chinese Hospital in San Francisco decided to hold a conference to address this curiosity in an organized fashion". Dr Quock was the Scientific Program Chair for the First Conference on Health Care Problems Related to the Chinese in North America held from May 22-23, 1982 which drew 200 attendees from the US and Canada. This led to the formation of a Steering Committee, more conferences, and the founding of the FCMS in 1994. Dr Quock served as Chair for the FCMS in 2000.

(<https://fcmsmd.org/about-fcms/history/>

<https://www.legacy.com/us/obituaries/sfgate/name/collin-quock-obituary?id=60317088>)

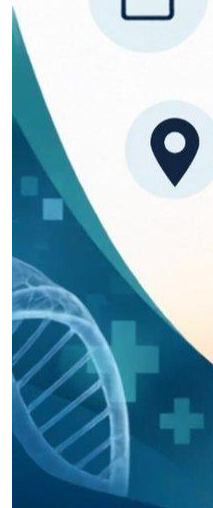


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