

Mission Statement

TO **PROMOTE** THE COMMUNICATION AND COOPERATION OF MEDICAL SOCIETIES IN NORTH AMERICA IN ORDER,

TO **ADVOCATE** FOR THE COMMON GOAL OF ENHANCING THE MEDI-CAL CARE OF CHINESE IN NORTH AMERICA AND

FACILITATE THE PROFESSIONAL DEVELOPMENT OF CHINESE AMERICAN AND CHINESE CANADIAN PHYSICIANS

Happy 30th Anniversary of the FCMS!

Upcoming Events

November 2,3 2024

Biennial FCMS Scientific Conference

New York, NY

Please save the date and register.

Any opinions expressed are those of the authors and not an official position of the Federation of Chinese American and Chinese Canadian Medical Societies

Editor Victor Chang, MD

Contents		
Chairpersons's Corner2		
White House Conference2		
FCMS Foundation Livia Wan MD High Impact Scholarship3		
FCMS News .30th Anniversary4		
FCMS News Chinese Hospital4		
FCMS 1994 Conference5		
FCMS Logo Mr. Chit-fu Yu6		
FCMS Foundation Lecture7		
North American Chinatown Smoke Free Day8		
FCMS Members Honored		
Dr. Collin Quock9		
Dr David Chiu, Dr Kenneth Fung and Dr Mary Lee Wong10		
Committee of 100 News10		
FCMS Frontiers in Medicine11		
FCMS CAMS Conference Program .12		
FCMS CAMS Conference Speakers 16		
CAMS CAIPA Conference Gala25		
Member Societies Update26		
News Chronology Jan to Aug 2024 27		
Research Announcements32		
Conference Poster37		

Chairperson's Corner

Vanessa Chan, MD

This is the 30th Anniversary of the Federation! It is my honor to be the Chair at this moment in our history, and to reflect on the many wonderful persons who founded and have led the Federation to this point. Our main event is the Biennial Scientific Conference, and I extend my congratulations to the host society CAMS and their Program Committee for putting together an outstanding program and international panel of speakers. (An outline of the program starts on p.11) These conferences illustrate the potential of the Federation to bring people together and focus on how to share knowledge and advance the health of Chinese in North America. There is much to do, and the Federation looks forward to welcoming new members and future activities.

White House Conference on Asian American Mental Health

Victor Chang, MD

On July 20, 2023, the White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) and the U.S. Department of Health and Human Services (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) hosted an in-person summit focused on improving equity and access to behavioral health care for Asian American, Native Hawaiian, and Pacific Islander (AA, NH, and PI) communities.

Dr. Vanessa Chan and Dr. Kenneth Fung represented FCMS. The focus of the meeting was on mental health needs as seen by front line providers. The proceedings have been summarized in the format of a thought exchange, and a report issued in September 2023. Across the Sessions, two prominent themes arose: 1) Provide Funding and Resources and 2) Building the Workforce

Next steps are:

- Ensure there is a workforce with many culturally responsive and trauma-informed practitioners ready to serve the community.
- Direct funds specifically to the AA, NH, and PI community that allow community-based organizations to operate and provide services that will lead to healing.
- Develop and scale community outreach, education, and awareness campaigns to share experiences and promote interconnectedness.
- Create a more accessible public database with resources specific to the community.
- Review and refine policies to ensure AA, NH, and PI communities are intentionally included, consulted, and protected.



Livia Wan, MD Award of the FCMS Foundation

The goal of this award is to support a medical student of Chinese descent in the United States or Canada.

Eligibility

1. Matriculated in an accredited medical or osteopathic school in the United States or Canada (need a letter from the Dean)

A student member of the Chinese American Medical Society Applicants must be current or pending CAMS Student members to apply. The CAMS membership application can be found on our website at www.camsociety.org/membership

Award Amount

A scholarship of \$20,000 USD will be awarded to the recipient. The award will be presented to at the CAMS & CAIPA Red Lantern Gala in New York City on November 2, 2024. Limitation: One award per lifetime

Checklist of Required Documents

Complete and submit the <u>online application form</u> for the Livia Wan, MD Award of the FCMS Foundation Application (emailed to <u>scholarship@camsociety.org</u>): Within a maximum of 5 pages, include the following sections in your application:

- 1. Signed Cover Page
- 2. Personal statement, please include your career goals (maximum 1 page)
- 3. BioSketch or CV (maximum 2 pages)
- 4. A letter from the Dean of Students or Registrar's Office verifying that the applicant is in good standing* One letter of recommendation*

The first award recipient will be announced at the Scientific Conference and Gala on November 2.

^{*}Please be advised that letters good standing and letters of recommendation should be on official letterhead and signed. Letters can be submitted separately by email to scholarship@camsociety.org

Federation of Chinese American and Chinese Canadian Medical Societies News

Happy 30th Anniversary!

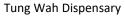




This year commemorates the 30th anniversary of the Federation of Chinese American and Chinese Canadian Medical Societies, which was founded in New York City. The Chinese American Medical Society is one of the founding organizations of the Federation. The left picture features the "Three Musketeers" of the FCMS— from left to right, Dr David Chiu, primary founder, Dr Harry Lee from San Francisco, and Dr John Chiu, from Toronto. The picture on the right was taken at the 2012 joint conference, one lunar cycle ago, held shortly after Hurricane Sandy. The 30th anniversary milestone will be celebrated at the Scientific Conference and Gala November 2 and 3.

Chinese Hospital Marks 125th Anniversary







Board of Directors Chinese Hospital, 2024

Chinese Hospital marked its 125th anniversary with a grand celebration at the Hyatt Regency San Francisco. Established in 1899 as Tung Wah Dispensary, Chinese Hospital has served as the cornerstone of healthcare in San Francisco's Chinatown. The Tung Wah Dispensary was established in 1899 to provide health care services to the underserved Chinese community who faced discrimination and limited access to public services. The dispensary was staffed by both Western trained physicians and Chinese herbalists. In 1923, following the destruction of the 1906 earthquake and fire, fifteen community organizations rallied to form the Chinese Hospital Association, a new non-profit public benefit corporation. Members of the Board of Trustees raised funds to construct a new facility with expanded services.

The Chinese Hospital opened its doors in 1925. In 2012, the original building at 835 Jackson Street was torn down to begin construction of a new acute care facility. On April 18, 2016, Chinese Hospital celebrated the grand opening of new patient tower. Tis the city's only remaining independent community hospital.

FCMS CAMS Scientific Conference 1994

Victor Chang, MD

Of the biennial Conferences, CAMS has organized the meetings in 1986, 1994, 2002, 2012, and 2020. Here are pictures from the 1994 Conference at the Sheraton Park Hotel, where the FCMS was founded. Gala celebrations were held at Tavern on the Green in Central Park. Times have changed, and medicine continues.



Dr. Elaine Choi

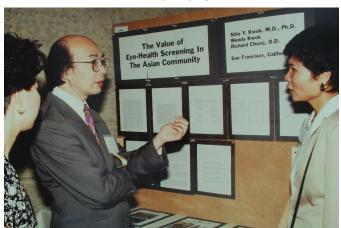


Dr. Howard Huey and Dr. Joseph Chu





Dr. William Lowe



Dr. Shiu T. Kwok



Ms. Cora Fung and Ms. Cecilia Ma

The FCMS and Foundation Logos: Chit fu Yu

Sun Hoo Foo, MD







Dr. Daisy Saw and Dr Tit Li

Mr. Chit fu YU

Dr David Chiu and Dr Tit Li

Chitfu Yu was born in Guangdong, China. He began his artistic destiny at age nine. He graduated from South China University in 1966, left China in 1975 and became a full time self employed artist, exhibited in local and international galleries, museums and won numerous awards and honors.

He designed pro Bono the greatly admired FCMS and FCMS Foundation seals/logos, which are used on our letterheads and lecture banners. He also donated his paintings for charity fundraising including FCMS, CAMS.

His work reflects his life long endeavor to develop a new form of Chinese painting. Unfortunately, while recuperating in a NJ nursing home from a neurological disease, he succumbed to Covid 19 in April 2020.

Inaugural FCMS Foundation Lecture Symposium

David Chiu, MD







Dr David Chiu and Dr Warren Chin

Dr Lifei Guo

Group picture

Our inaugural event took place on March 16, 2024. The keynote speaker was Professor Dr. Lifei Guo 過力非 of Tufts University Medical School. Dr. Guo is Chief of Plastic Surgery of Lahey Hospital and Medical Center. The title of his lecture was "Contribution of Chinese to Plastic Surgery." Professor Guo delineated the significant landmark contributions to the field of reconstructive plastic surgery by surgeons of Chinese descent.

Replantation surgery was pioneered by Dr. Zhong Wei Chen of Shanghai, who performed the first hand -replantation in 1962. The earliest free flap animal model was devised by D. Zhang Di-sheng of Shanghai in 1965. The first toe-to-thumb transfer was performed by Dr Yang Don-Yao of Shanghai in 1966. Dr. Yang Guo-fan and Dr. Song RU-Yao described and popularized the radial forearm flap (Chinese flap) in 1981. Dr. Song Ru-Yao conceptualized the sept-cutaneous artery flap concept which presaged the free thigh flap described by his son Dr. Y. G. Song. In America Dr. William Shaw developed the microsurgery service in New York University and popularized replantation surgery and free flap surgery in the 1980s. Dr. David Chiu 趙德威, first defined ischemic skeletal muscle injury, conceptualized the nerve conduit, and validated autogenous venous nerve conduit (AVNC) as a clinical modality in 1980. Dr. Fu-Chan Wei refined the toe to thumb transfer technique, mandibular reconstruction with free fibular and built a powerhouse in microsurgery training in Taiwan.

In the realm of medical education, Dr. Wallace Chang was the first Chinese to become a Chief of Plastic Surgery, at the University of Massachusetts in 1971. Nearly Twenty years later, the dynamic duo of Chinese Americans at NYU was recruited to lead the plastic surgery service of two distinguished institutions on opposite coasts of the country, Dr. William Shaw to U.C.L.A. in 1989 and Dr. David Chiu to Columbia University. Currently there are thirteen chairmanships in plastic surgery having Chinese American as incumbent. Dr. Andrew Lee became the provost, and Dean of University of Texas Southwestern Medical School in 2019. Dr. Kevin Chung became the Editor of PRS, PRS Global the most respected journal in plastic surgery.

This New Year celebration and dinner lecture was organized by the program committee consisting of the Trustees of the FCMS Foundation Dr. Warren Chin shepherded the program masterfully as the Master of Ceremony. Dr. Ernie Chiu of New York University gave an amazing introduction of our keynote speaker and introduced to participants the WAPSCD (World Association of Plastic Surgeons of Chinese Descent) and the Special Interest Group (SIG) of ASPS dedicated the Chinese members. Dr. George Liu, CEO of CAIPA gave a cordial congratulatory remark, as did Dr. June Wu of Columbia University, Dr. Steve Warren and Dr. Tom Romo, both renowned Plastic Surgeon of Northwell, Dr. Jin Ll, President of ACAP, Dr. Lu li also of ACAP, Dr. William Wang, Vice-President of Health First. Overall, the event was an uplifting and joyous success!

North American Chinatown Smoke Free Day 2024

Warren Chin, MD and Victor Chang, MD







New York City CAMS

Irving St Night Market, AAMG

San Francisco, CHMS



North American Chinatown Smoke Free day this year was on September 30th. This year we have held meetings with Asian and Immigrant Communities Against Smoking (AICAS) Partnership, which includes the New York City Department of Health and Mental Hygiene (NYC DOHMH), to promote cigarette cessation and treatment. We will circulate materials to CAMS and CAIPA members to promote NACSFD and encourage patients to quit cigarette smoking, provide medication treatment guide and guidelines for Low Dose CT screening (LDCT), and organize webinars for healthcare pro-



New York City, CADA

viders on the East Coast including New York and Toronto, and West Coast including San Francisco, Oakland and Los Angeles. This year. we partnered with the Chinese American Dental Association to provide oral cancer screening at the Annual Qigong day.

North American Chinatown Smoke Free Day (NACSFD) started in 2016, with a grant to the Federation of Chinese American Medical and Chinese Canadian Medical Societies Foundation.

For the communities, we have provided bilingual workshops, health fairs, screening including pulmonary testing, quit smoking resources such as bilingual American Smokers Quitline (ASQ), Chinese radio and television programs. For the professionals, we have organized webinars on how to motivate patients to quit, medication guides, billing information and guidelines for low dose CT screening.

As we continue our efforts, we invite the community and healthcare professionals to join us in this important work. Together, we can reduce the harmful effects of smoking and improve the health and well-being of Chinatown communities across North America.

FCMS Members Honored

Collin P. Quock, MD





Dr. Collin Quock (left), and (right) Dr. Clifford Chew (Chief of Staff of Chinese Hospital), Dr. Fred Hom (vice chief and last year's Healthcare Hero award winner), Dr. Quock, Dr. Jian Zhang (CEO of Chinese Hospital), and Dr. Kin Yee (Chair of Chinese Hospital Board).

Dr. Collin P. Quock, MD, FACP, FACC, FAHA received the Outstanding Physician Leadership Award at the 125th Anniversary Gala of Chinese Hospital on May 9, 2024.

Now retired from seeing patients after 37 years of private practice in San Francisco's Chinatown as an internist and the community's first trained cardiologist and intensivist, Dr Quock is Clinical Professor of Medicine Emeritus at the University of California, San Francisco, and past Chief of Staff at Chinese Hospital. He was the first scientific program chairman for the Biennial Conference when it was started in 1982 in San Francisco. Out of that grew the Federation of Chinese American and Chinese Canadian Medical Societies and the Asian American Pacific Islander Health Forum. He served on the founding boards of both organizations.

Dr. Quock was born at Chinese Hospital, grew up in Chinatown, and attended the University of San Francisco. He earned his MD degree at the University of California School of Medicine in San Francisco, followed by medical residency on the Georgetown University Division of the District of Columbia General Hospital. He was next a cardiology fellow at Tufts-St. Elizabeth's Hospital in Boston and was then called to active duty as a Captain, US Air Force Medical Corps, serving at Hamilton Air Force Base in California during the Vietnam War. Upon discharge he took another cardiology fellowship at UCSF. In 1971 he started his private practice, determined to serve the Chinese community.

Dr. Quock has been an active volunteer in the American Heart Association. He worked passionately to transmit heart-healthy messages and practices in culturally sensitive manners to the Chinese Community. His founding of the Chinese Community Cardiac Council became a model for other ethnic minorities in San Francisco and then spread to other urban areas in America. He was elected to the national Board of Directors chaired the Women and Minorities Leadership Committee, and received the distinguished national Louis B. Russell Award for excellence in minority programming from the American Heart Association. In 2014, Dr Quock received the Jefferson Award. These are only some highlights of a distinguished and remarkable career.

FCMS Members Honored

Dr David T. Chiu

The American Association of Plastic Surgeons has announced the establishment of the David Chiu MD Prize in Plastic Surgery Innovation and Humanism. This is the first prize by AAPS in honor of a Chinese American plastic surgeon.

Dr. Kenneth Fung

Dr Kenneth Fung has been named the recipient of the Kun-po Soo Award of the American Psychiatric Association. The Kun-Po Soo Award, established in 1987, recognizes an individual who has made significant contributions toward understanding the impact and importance of Asian cultural heritage in areas relevant to psychiatry.

Dr. Mary Lee-Wong

The Association of Chinese American Physicians presented **Dr. Mary Lee-Wong** the Community Service Award at their 28th Annual Meeting on October 15, 2023. Dr Wong has been involved in community service since college. She is Professor Emeritus at Icahn School of Medicine at Mount Sinai, and Director of the Asian Outreach Program at Maimonides Hospital.

Committee of 100 Activities

On September 25, The Committee of 100 unveiled its 'State of Chinese Americans' study findings, a survey focused on areas of mental health, political preferences, discrimination, and diversity of the Chinese American population. In the survey, two-thirds of Chinese Americans (68%) stated they face at least one form of discrimination in an average month, with a large percentage of the Chinese American community stating they continue to struggle with mental health. 43% of those surveyed say they felt depressed and 39% reporting having felt worthless. 61% say that the language and rhetoric used by the U.S. news media when reporting on U.S. – China relations negatively affects how strangers treat them; and about a quarter of the respondents say their relationship with acquaint-ances (26%) and coworkers (25%) has also been negatively impacted by the relationship. On the U.S. – China relationship overall, nearly ninety percent (89%) of Chinese Americans view the current U.S. China relationship as negative.

Full details at the below links:

Press Release (September 25)

Executive Summary (September 25)

Infographic

State of Chinese Americans Survey 2024 - Committee of 100 (committee 100.org)

Upcoming Free Education Webinar Series

Join Committee of 100 and The Asian American Education Project for a three-part webinar series that examines the rich contributions of Chinese Americans to U.S. society, both historically and in the present day. Specifically designed for Grades 6-9 educators and open to everyone, the series addresses three main topics: (1) the impact of the Perpetual Foreigner Stereotype on Chinese Americans, (2) Chinese American contributions in food, arts, and film, and (3) Chinese American contributions in business, science, and technology. The first webinar will take place on Thursday, October 17th at 4PM ET, and then re-done for the West Coast at 7PM ET. RSVP information can be found here.

Frontiers in Medicine 2024:

Interdisciplinary Updates for North American Chinese Health

November 2 and 3, 2024

Cynthia Pan, MD, Benjamin Lee MD, and Ning Lin, MD

This will be an exciting international meeting held every 2 years to highlight clinical and research advances in the health care of North American Chinese. First held in 1982, this biennial conference brings together leading clinicians and researchers from North America. This year's conference will be held in New York City, and will showcase the increasing amount of scientific research, data, and initiatives in health care for the Chinese in North America

This year's conference commemorates the 30th anniversary of the Federation of Chinese American and Chinese Canadian Medical Societies, which was founded in New York City. The Chinese American Medical Society is one of the founding organizations of the Federation.

The conference theme, Frontiers in Medicine, Interdisciplinary updates, is exemplified in the three plenary lectures. The keynote speaker, **Professor Scarlett Lin Gomez**, will present the new groundbreaking NCI funded study that supports the creation of a national cohort called **ASPIRE**, or **AS**ian American **Prospective Research** to study cancer in Asian American populations. This will truly be an interdisciplinary effort to set the scientific basis for future cancer care in Asian Americans.

The Scientific Award Speaker, **Professor David Huang**, will discuss **optical coherence tomography**, an imaging technology that routinely helps prevent blindness and is increasingly used to diagnose and treat conditions of the heart, brain, skin and more. Dr. Huang is a recipient of the Lasker award as a coinventor of this technology.

Dr. Samuel So, the Wilson Ko MD Leadership Lecturer will speak about his experience over the years leading efforts to combat **liver disease in Asian Americans**, from community efforts, to patient care and clinical research.

An illustrious faculty has been assembled from the United States and Canada to provide a North American perspective and compare the two countries. New topics include artificial intelligence, dementia, demographics, health equity, integrative medicine, leadership, nutrition, obesity, with updates on diabetes, mental health, osteoporosis, and stroke. Analysis of data on North American Chinese and resources for caregiver support will a new focus of the conference. The conference will feature plenary lectures, breakout sessions with case presentations and panel discussions,, research poster sessions, and provide multiple opportunities for interaction and interaction. Check the website for more updates!

This conference will be held at Chelsea Piers on Nov 2 and at New York Presbyterian Queens on November 3. CME credits will be available. For registration information https://onecau.se/camsconf2024

FCMS & CAMS Scientific Conference on Health Care of the Chinese in North America



Frontiers in Medicine in 2024: Interdisciplinary Updates for North American Chinese Health

Preliminary program, subject to change.

SATURDAY, NOVEMBER 2, 2024 PIER 60 AT CHELSEA PIERS | PIER 60 HUDSON RIVER GREENWAY, NEW YORK, NY 10011

8:00 AM to 8:30 AM Registration & Breakfast (30min)

Pre-Test

8:30 AM to 8:35 AM OPENING REMARKS (5 MINS)

Benjamin E. Lee, MD, Ning Lin, MD & Cynthia X. Pan, MD

Program Committee Co-Chairs

8:35 AM to 8:45 AM OPENING CEREMONY & AWARD PRESENTATION (10MINS)

Vanessa Chan, MD

Chair, Federation of Chinese American and Chinese Canadian Medical Socie-

ties

Alex J. Ky, MD

President, Chinese American Medical Society

MORNING PROGRAM | 8:45 AM TO 12:30 PM

Moderator: Victor T. Chang, MD, FACP

8:45 AM to 9:15 AM Harry Lee, MD Symposium

NATIONAL INITIATIVES ON CHINESE HEALTH

Vanessa Chan, MD (White House Initiatives)

Chair, Federation of Chinese American and Chinese Canadian Medical Socie-

ties

Demographics

Professor Keith Chan, PhD, LMSW Hunter College, New York, NY

ASIAN PACIFIC ISLANDER HEALTH EQUITY IN A POST COVID 19 WORLD

Stephen Chao, MD

Professor of Family Medicine, U Texas

Board member, NCAPIP

9:15 AM to 9:25 AM Q/A (10 mins)

9:25 AM to 10:05 AM CAMS KEYNOTE ADDRESS

ADDRESSING EMERGING CANCER DISPARITIES IN ASIAN-AMERICAN POPULATIONS: THE ASPIRE COHORT STUDY.

Scarlett Lin Gomez, MPH, PhD

Professor, Department of Epidemiology and Biostatistics, UCSF Co-Leader, Cancer Control Program, UCSF Helen Diller Family

Comprehensive Cancer Center

10:05 AM to 10:15 AM Q/A (10 mins)

10:15 AM to 10:30 AM Break/Poster Viewing* Not for CME

Moderator: James Tsai ,MD

10:30 AM to 11:10 AM CAMS SCIENTIFIC AWARD LECTURE

SEEING SMALL AND AIMING BIG: THE DEVELOPMENT AND CLINI-

CAL IMPACT OF OPTICAL COHERENCE TOMOGRAPHY

David Huang, MD, PhD

Professor of Ophthalmology, School of Medicine

Professor of Biomedical Engineering, School of Medicine

Wold Family Chair in Ophthalmic Imaging

Associate Director & Director of Research, Casey Eye Institute, School of

Medicine

11:10 AM to 11:20 AM Q/A

Moderator: Cynthia Lin MD

11:20 AM to 12:00 PM WILSON KO, MD MEMORIAL LEADERSHIP LECTURE

STEP UP TO STOP HEP B

Samuel So, MD

Founder and Executive Director, Asian Liver Center

Stanford University School of Medicine

12:00 AM to 12:10 AM Q/A

LUNCH PROGRAM * Not for CME | 12:10 PM to 1:05 PM

12:10 PM to 12:25 PM **Break/Lunch*** Not for CME

12:25 PM to 12:45 PM Diamond Sponsor Lecture* Not for CME

12:45 PM to 1: 05 PM CAMS General Business Meeting* Not for CME

1:05 PM to 1:30 PM Break/Poster Viewing* Not for CME

AFTERNOON PROGRAM | 1:30 PM TO 4:45 PM

BREAKOUT SESSION TRACK A

Moderator: Annie Wu, MD

1:30 PM to 2:15 PM MENTAL HEALTH PANEL (45MINS)

Daniel Chen, MD (Jamaica Hospital) **Kenneth Fung, MD** (U Toronto)

2:15 PM to 3:30 PM **DEMENTIA PANEL (1 HOUR 15 MINS)**

Gloria Chiang, MD (Cornell)

Weijing Shi (Caring Kind, New York)

Roger Wong, BMSc, MD, FRCPC, FACP, FCAHS, FCGS (UBC, Vancouver)

3:30 PM to 3:45 PM Break/Poster Viewing* Not for CME

3:45 PM to 4:45 PM DIABETES, OBESITY AND OSTEOPOROSIS—CULINARY AND MEDICAL

MANAGEMENT (1 HOUR 15 MINS)

George King, MD (Harvard)

Linda Shiue, MD (Kaiser Permanente)

4:45 PM to 5:00 PM HEALTHY RECIPE CULINARY DEMONSTRATION * Not for CME

Linda Shiue MD (Kaiser Permanente)

BREAKOUT SESSION TRACK B

Moderator: Christopher Lau MD

1:30 PM to 2:30 PM STROKE PANEL (1 HOUR)

Joseph Chu, MD (U Toronto) Anthony Kim, MD (UCSF) Ning Lin, MD (Cornell)

2:30 PM to 3:30 PM CARDIOLOGY - HEART FAILURE PANEL (1 HOUR)

Gordon Fung, MD (UCSF)
Gordon Moe, MD (U Toronto)

3:30 PM to 3:45 PM Break/Poster Viewing* Not for CME

3:45 PM to 4:45 PM **LEADERSHIP PANEL (1 HOUR)**

Scarlett Lin Gomez, MPH, PhD (UCSF) **Cynthia Lin, MD** (Chinese Hospital)

Cynthia Pan, MD (Cornell)

Ellis Jang, BS (California Northstate University College of Medicine)

Sonia Scallon, MD (Resident Physician)

5:00 PM Meeting Adjourned 14

SUNDAY, NOVEMBER 3, 2024 NEW YORK-PRESBYTERIAN QUEENS, FLUSHING NY

9:00 AM to 9:30 AM 3:15 PM to 5:00 PM Registration & Breakfast (30min) Wine and Cheese Reception

9:30 AM to 9:35 AM

OPENING REMARKS

Benjamin E. Lee, MD, Cynthia X. Pan, MD, Ning Lin, MD

Program Committee Co-Chairs

MORNING PROGRAM | 9:35 AM TO 12:30 PM

Moderator: Mary Lee-Wong, MD

9:35 AM to 10:05 AM HEALTH CARE SYSTEMS FOR NORTH AMERICAN CHINESE: A TALE OF TWO COUNTRIES

Clifford Chew, MD (Chinese Hospital, San Francisco)

Chi-Ming Chow, MD (U Toronto)

10:05 AM to 10:15 AM Q/A

10:15 AM to 10:45 AM CAIPA FOUNDATION LECTURE

RISK PROFILING AND PRECISION HEART HEALTH DRIVEN

BY AI ENABLED CARDIOVASCULAR IMAGING

James Earls, MD (Cleerly)

10:45 AM to 10:55 AM Q/A

10:55 AM to 11:25 AM CHINESE AMERICAN MEDICAL SOCIETY OF SOUTHERN CALIFORNIA LECTURE

AI-INTEGRATED CLINICAL EDUCATION and PRACTICE

Ban Tsui, Dip Eng, BSc, BPharm, MSc(Pharm), MD, FRCP(C), PG Dip Echo(Stanford)

11:25 AM to 11:35 PM Q/A

11:35 PM to 12:35 PM INTEGRATING TRADITIONAL CHINESE MEDICINE INTO ARTHRITIS CARE

Gary Deng, MD (MSKCC)

Yi Lily Zhang, L.AC. P.T. D.P.T. (MSKCC)

LUNCH * Not for CME | **12:35 PM to 1:35 PM**

12:35 PM to 1:35 PM **Break/Lunch** * Not for CME

Poster Viewing

AFTERNOON PROGRAM

1:30 PM to 3:00 PM RESEARCH SYMPOSIUM

3:00 PM to 3:15 PM Concluding Remarks & Program Evaluation, RECEPTION



KEYNOTE ADDRESS

ADDRESSING EMERGING CANCER DISPARITIES IN ASIAN-AMERICAN POPULATIONS: THE ASPIRE COHORT STUDY.

Dr. Scarlett Lin Gomez, MPH, PhD is an epidemiologist with research interests in the role of structural and social drivers of health in producing inequities and disparities in cancer and other health outcomes. She is Professor in the Department of Epidemiology and Biostatistics, where she is Vice Chair for Faculty Development. She is Co-Leader of the Cancer Control Program of the Helen Diller Family Comprehensive Cancer Center, and also Director of the Greater Bay Area Cancer Registry, a part of the California Cancer Registry and the NCI Surveillance Epidemiology End Results (SEER) Program. She has contributed surveillance data regarding cancer incidence and outcome patterns and trends for distinct Asian American, Native Hawaiian, and Pacific Islander and Hispanic ethnic groups, as well as cancer patterns by nativity status and neighborhood characteristics. She developed the California Neighborhoods Data System, a compilation of small-area level data on social and built environment characteristics, and has conducted research and contributed advancing the recognition of the importance of structural and social drivers of health in cancer research.



CAMS SCIENTIFIC AWARD LECTURE

SEEING SMALL AND AIMING BIG: THE DEVELOPMENT AND CLINICAL IMPACT OF OPTICAL COHERENCE TOMOGRAPHY

David Huang MD PhD is the Peterson Professor of Ophthalmology, Professor of Biomedical Engineering, and Director of the Center for Ophthalmic Optics and Lasers in the Casey Eye Institute at the Oregon Health and Science University in Portland.

He co-invented optical coherence tomography (OCT) in 1991 when he was an MD/Ph.D. student at Harvard Medical School and the Massachusetts Institute of Technology. This novel imaging technology has micron-level resolution in all three dimensions and is able to resolve cell-sized microstructures in the retina and other fine layered structures of the eye. It is indispensable in the diagnosis and management of many eye diseases and has become the most commonly used imaging modality in ophthalmology, with an estimated 30 million people scanned every year worldwide.

For his research and teaching on OCT, Dr. Huang shared the 2012 António Champalimaud Vision Award and received the Association for Research in Vision and Ophthalmology's Jonas Friedenwald Award in 2013 and the American Academy of Ophthalmology's Senior Achievement Award in 2011. He is a fellow of the National Academy of Inventors. In 2023, he and his colleagues received the National Medal of Technology and Innovation from President Joseph Biden, and the Lasker-Debakey Clinical Medal Research Award.



WILSON KO, MD MEMORIAL LEADERSHIP LECTURE

STEP UP TO STOP HEP B

Dr. Samuel So, MBBS, FACS is the Lui Hac Minh Professor and Professor of Surgery. He is also the founder of the multidisciplinary liver cancer program at the Stanford Cancer Center, and the founder and executive director of the Asian Liver Center at Stanford University School of Medicine. Dr. So is a native of Hong Kong and received his surgical training at the University of Hong Kong and the University of Minnesota where he also completed his fellowship in multi-organ transplantation. His current clinical area of specialty is multidisciplinary approach in the treatment of primary liver cancer and management of chronic hepatitis B infection. He is listed among the Best Doctors in America.

Dr. So is recognized worldwide for his expertise in chronic hepatitis B and primary liver cancer prevention, research, treatment and health policy. He served as a consultant for the FDA and was a member and co-chair of the U.S. Department of Health and Human Services Office of Minority Health's Hepatitis B Expert Panel. He was also a member of the Board of Population Health and Public Health Practices of the Institute of Medicine of the National Academies, and a committee member of the 2010 IOM report on "Hepatitis and Liver Cancer: a national strategy for the prevention and control of hepatitis B and C", and the 2016 National Academy of Sciences, Engineering and Medicine report on "Eliminating the Public Health Problem of Hepatitis B and C in the United States. He also serves as a special adviser on viral hepatitis for the World Health Organization Western Pacific regional office. In 2010, he received the CDC and ATSDR Honor Award for mobilizing people and resources in ways that have changed global public health policies related to hepatitis B, and was recognized in 2014 by the White House for global and national leadership in the prevention and control of viral hepatitis. He was the architect of a 2022 law that made California the first state in the U.S. to mandate primary care clinics to offer HBV and HCV screening and treatment for adult patients. His research provided the cost effectiveness evidence to support a new 2023 CDC recommendation for universal adult hepatitis B screening.

Dr. Samuel So's leadership exemplifies how targeted advocacy, cultural sensitivity, and collaborative efforts can lead to meaningful improvements in healthcare for specific populations. By focusing on these areas, healthcare professionals can better address the unique challenges faced by North American Chinese communities in liver disease management.

Speaker Notes

(Available at the time of Press)



Keith Chan, PhD, LMSW, is Co-Chair of the Aging Curriculum, Interim Chair of the Policy Curriculum, Interim Chair of the Curriculum Committee, and an Associate Professor at the Silberman School of Social Work at Hunter College, City University of New York. As a social worker, scholar and educator, his research focuses on the social determinants of physical and mental health for vulnerable populations, in particular for Asian Americans, immigrants and older adults, as well as the impact of the opioid epidemic across the lifespan. His research has been funded by the Minority Fellowship Program, the National Institute of Minority Health and Health Disparities, the National Institute of Aging, and the John A. Hartford Foundation. He is currently PI on a NIH/NIA-funded pilot study as an Asian RCMAR Scientist, and co-Investigator on an innovative, community-based project

to support older adults through integrative service learning through the Michigan Health Endowment Fund. He also serves as co-Investigator of the NIMHD-funded Rutgers-NYU Center for Asian Health Promotion and Equity (CAHPE), Community Engagement Core. In addition, since 2020, he has provided his research expertise as Congressional Fellow through the Health and Aging Policy Fellows Program to the U.S. House of Representatives Committee on Ways and Means, Subcommittee on Health, Democratic Staff, on issues related to mental health, disability, and population health data.



Stephen Chao, MD MPH

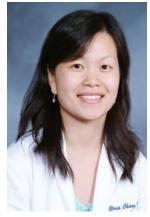
Dr. Stephen K. Chao is an Assistant Professor at McGovern Medical School at UTHealth Houston.

Dr. Chao is the Medical Director at E.A. Squatty Lyons Health Center where he oversees all medical services in that respective health center, and facilitates a cooperative relationship between UT providers and Harris Health administration and staff. Dr Chao serves as Secretary to the Board for the National Council of Asian Pacific Islander Physicians.



Clifford Chew, MD

Dr. Clifford Chew is a community private practice Otolaryngologist based in Chinatown, San Francisco, and has been in practice for 24 years. He proudly serves the entire community, especially to help serve the needs of his local population, many of whom have specific language and cultural needs. He is the current Chief of Medical Staff at Chinese Hospital, San Francisco. His wife is also a practicing physician who works at Kaiser San Francisco. They were both born and grew up in SF, continue to make the city their home, and have raised five children and enjoyed many happy moments with them over the years.



Gloria Chiang, MD

Dr. Gloria Chiang is a Weill Cornell Medicine (WCM) neuroradiologist. Gloria Chiang, M.D., is an associate professor with the Weill Cornell Medicine Department of Radiology Brain Health Imaging Institute (BHII), and with NewYork-Presbyterian Hospital (NYP). Her research program is focused on combining quantitative magnetic resonance and positron emission tomography (QMR) and (PET) imaging techniques with plasma and cerebrospinal fluid (CSF) biomarkers to elucidate neurodegenerative disease pathophysiology. She is currently PI on a National Institutes of Health (NIH) R01 grant. The grant is aimed at investigating longitudinal changes in brain iron and

oxidative stress relative to amyloidosis. Dr. Chiang is Co-I on several other NIH grants, applying innovative imaging techniques to the study of brain aging, multiple sclerosis, and Parkinson's disease. Previously, she served as Site PI and Co-PI for Alzheimer's Disease Neuroimaging Initiative (ADNI)-2 and ADNI-Department of Defense (DoD) studies, as well as the Imaging Dementia – Evidence for Amyloid Scanning (IDEAS) Study.



Chi-ming Chow, MD

Dr. Chi-Ming Chow, a renowned cardiologist, is currently an attending staff cardiologist at St. Michael's Hospital and a full professor in the Department of Medicine, University of Toronto. Dr. Chow has an undergraduate degree in computer science from Brown University, USA, Doctor of Medicine (1990) at McGill University (Montréal, Québec), and a Masters of Science in Epidemiology at McGill University (1997).

He completed his training in Family Medicine, Internal Medicine and Cardiology at McGill University. He then pursued his clinical and research echocardiography fellowship at Massachusetts General Hospital, Harvard University before joining the Division of Cardiology at St. Michael's Hospital in 2001. Dr. Chow is a media spokesperson for the Heart and Stroke Foundation; and the President of the Chinese Canadian Council, Heart and Stroke Foundation of Ontario. Currently, he is the president of the Chinese Canadian Medical Society (CCMS) and he participates actively in health promotion and research among ethnic Chinese.



Joseph Y. Chu, MD, FRCP, FAHA, FACP, FAAN

Dr. Chu graduated from the Faculty of Medicine, University of Toronto in 1978. He subsequently completed his residency training in Internal Medicine and Neurology at University of Toronto obtaining his FRCPC in both specialties. He opened a private Neurological consultative practice in Etobicoke in 1984 with special interests in electromyography and clinical neuromuscular disorders. Other areas of interests

include Stroke, Epilepsy, Movement Disorders including Botox injections and Dementia. He is an Assistant Professor of Medicine (Neurology) at the University of Toronto and is an associate staff Neurologist at the Toronto Western Hospital-University Health Network. He is also a consultant Neurologist at the William Osler Health System in Toronto. He was past president of the Chinese Canadian Medical Society of Ontario. In addition, he had published extensively in peer review journals on the Epidemiology of Cerebrovascular Diseases among Chinese-Canadians. He was Chairman of the Research Committee, Chinese Canadian Council of the Heart & Stroke Foundation and now the Chinese Canadian Heart and Brain Association (CCHABA). He has been a popular invited visiting Professor giving lectures in Hong Kong, Peoples' Republic of China, Taiwan and USA. Since 2020, Dr Chu had been leading a team of researchers/ clinicians in carrying out population-based research on the epidemiology of COVID-19 and its cardiac and neurological complications among visible minorities in Ontario. His research work is supported by the Ontario Ministry of Health, the Ontario Health Data Platform (OHDP), Department of Medicine, University of Toronto and CCHABA.



Gary Deng, MD

Dr. Gary Deng leads the Integrative Medicine Clinical Program at Memorial Sloan Kettering Cancer Center and works closely with a team of highly professional therapists who provide acupuncture, massage therapy, mind-body therapies, yoga, qigong, exercise regimens, and music therapy — all tailored to the needs of cancer patients and survivors.



Gregory Fung, MD

Dr. Gregory Fung was recruited to UCSF in 2000, where he founded the Asian Heart and Vascular Center to address barriers to care that he witnessed during his 15 years in private practice. Dr. Fung is deeply rooted in the community – a third-generation San Franciscan, he was born at Chinese Hospital in Chinatown, attended Lowell High School, then earned his bachelor's degree in economics from UC Berkeley, where he later earned a master's degree in

public health.

He comes from a family of doctors – his father graduated from the UCSF School of Medicine, and his siblings include a pharmacist, a radiologist and a gastroenterologist. Dr. Fung earned his medical degree from UCSF, then completed his internal medicine residency and chief residency at Highland General Hospital in Oakland and his cardiology fellowship at the Veterans Administration Medical Center in Martinez. He is Director of the Asian Vascular Institute at Mount Zion Hospital.

Dr. Fung's curiosity about cultural barriers to health care among Asian patients inspired Dr. Fung to earn a PhD in East Asian religions from the California Institute of Integral Studies. Dr. Fung developed a better contextual understanding of why some patients use acupuncture or herbs, and how they may feel responsible for their condition. "In a study of potential research subjects, some people believed that illness occurred because of karmic return – that they were being punished by their ancestors for poor behavior."



Kenneth Fung, MD

Dr. Kenneth Fung is Staff Psychiatrist and Clinical Director of the Asian Initiative in Mental Health Program at the Toronto Western Hospital, University Health Network. He is Professor and Director of Global Mental Health with the Department of Psychiatry, University of Toronto. His research, teaching, and clinical interest include both cultural psychiatry and psychotherapy, especially Acceptance and Commitment Therapy (ACT), CBT, and mindfulness, with projects and collaborations in China, Hong Kong, and South Korea. He conducts community-based research and projects in stigma, resilience, mental health promotion, trauma,

caregivers for children with ASD, immigrant and refugee mental health, and pandemic response.

Dr. Fung is the immediate Past President and co-chair of the Education Committee of the Society of the Study of Psychiatry and Culture, the immediate past chair of the Transcultural Section of the Canadian Psychiatric Association, and an active Board Member of the World Association for Cultural Psychiatry. For the Association of Contextual Behavioral Science (ACBS), he is a member of the Centering Science Pillar, Lead of the Asian Culture and CBS SIG, past Chair of the Ontario Chapter, Board of Director of the ACBS Foundation, and on the Editorial Board and EDI Committee of the Journal of Contextual Behavioral Science (JCBS). He is a past Chair and current officer as the Historian of the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS). He is a Board Member of the Ontario Psychiatric Association.



George L. King, M.D., is the Senior Vice President, Chief Scientific Officer, and Head of the Section on Vascular Cell Biology at Joslin Diabetes Center, as well as a Professor of Medicine at Harvard Medical School. He received his medical degree from Duke University School of Medicine. After his residency at the University of Washington Affiliated Hospitals in Seattle, he completed training as both a Research and a Clinical Associate at the National Institutes of Health. He came to Joslin and Harvard Medical School in 1981. Dr. King's work focuses on finding the causes of diabetic complications, exploring insulin actions on blood vessels, discovering factors and new treatments for diabetic complications, and understanding the reasons for the high rate of diabetes in Asian Americans. Dr. King has received numerous

awards including the Donald Silver Excellence in Research Award from the Juvenile Diabetes Foundation, the Cogan Award from the Association for Research in Vision and Ophthalmology, the Stadie Memorial Award and Lectureship from the Philadelphia Affiliate of the American Diabetes Association, the Alcon Award for Vision Research, the Annual Award for Excellence in Research from the Japan Society of Diabetic Complications and the Harold Amos Diversity Award from Harvard Medical School.



Ning Lin, MD

Ning Lin, MD, is an award-winning neurosurgeon who brings a unique combination of neurosurgical and endovascular experience to treating vascular disease. He is an assistant professor of neurological surgery at Weill Cornell Medicine and an expert in cerebrovascular disorders including aneurysms, AVMs, carotid stenosis, cavernous malformations, Moyamoya disease, intracranial atherosclerotic disease, and intracranial hemorrhage. Dr. Lin specializes in interventional neuroradiology and has a clinical focus on cerebrovascular disease and brain and spinal tumors, pituitary tumors, and Chiari malformations. He is a recipient of the prestigious Neurosurgery Re-

search and Education Foundation Fellowship Award and the Research Updates in Neuroscience for Neurosurgeons Award. Dr. Lin graduated cum laude from Harvard Medical School and served his neurosurgery residency and chief residency at Brigham and Women's Hospital and Boston Children's Hospital. He completed his fellowship training in endovascular neurosurgery and interventional neuroradiology at Gates Vascular Institute at SUNY Buffalo. He performs surgeries at NewYork-Presbyterian Queens and Weill Cornell



Gordon Moe MD, MSc

Dr. Gordon Moe is a staff Cardiologist, a Heart Failure Specialist, and the current Director of the Heart Failure Program at St. Michael's Hospital. In addition, he is a Professor of Medicine at the University of Toronto and a Clinician/Scientist at the Li Ka Shing Knowledge Institute. He was the past chair of the Canadian Cardiovascular Society Heart Failure Guidelines Committee and continues working as a member of the Primary Panel of the Committee. His clinical research involves assessing the use of biomarkers, including B-type natriuretic peptides and new biomarkers in the man-

agement of acute and chronic heart failure and the quality of care in heart failure. Dr. Moe served in numerous industry-sponsored and investigator-initiated clinical trials as principal investigator. He authored multiple peer-reviewed journals and continues to serve on the editorial board of the Canadian Journal of Cardiology, Journal of American College of Cardiology, and American Heart Journal, to name a few. More recently, he created the first Cardiac Amyloidosis Clinic at St. Michael's Hospital and begins to play a leadership role in managing this condition in Ontario with new research and knowledge translation. Dr. Moe is one of the recipients of the Queen's Diamond Jubilee Medal, Queen Elizabeth II (Distinction), in 2012 for his dedicated service to peers, community, and Canada.



Cynthia X. Pan, MD, FACP, AGSF

Dr. Pan is Chief, Division of Geriatrics and Palliative Care Medicine, and Associate Professor of Clinical Medicine at Weill Cornell Medical College. Dr. Pan is Designated Institutional Official (DIO) & Director of Graduate Medical Education (GME). She is active in many community groups, and recently received the Outstanding Honoree for Compassionate Physician Award from the Chinese American Nurses Association. Dr. Pan is CAMS Co Chair for both the Program Committee and the Wellness Committee.



Linda Shiue, MD, is an internal medicine physician, chef, director of culinary medicine at Kaiser Permanente San Francisco, and author of the cookbook, *Spicebox Kitchen: Eat Well and Be Healthy with Globally Inspired, Vegetable-Forward Recipes.*Dr. Shiue is Clinical Associate Professor at the Kaiser Permanente Bernard J. Tyson School of Medicine, former faculty at the University of California, San Francisco (UCSF) and Stanford University, and serves as a board member of the Teaching Kitchen Collaborative, the San Francisco-Marin Food Bank, and Meals on Wheels of San Francisco. She is a graduate of Brown University, San Francisco Cooking School, and the University of California at San Francisco. She also holds a certificate in plant-based nutrition from Cornell University, and previously worked in the kitchens of Mourad, a Michelin-starred restaurant in San Francisco.



Chi-Ho Ban Tsui Dip Eng, BSc, BPharm, MSc(Pharm), MD, FRCP(C), PG Dip Echo,

Prof. Tsui is an avid and internationally recognized researcher in many areas of regional anesthesia. The primary objective of his research is to transform regional anesthesia from an "art" into a reliable and reproducible "science" by further exploring the basic scientific and clinical aspects of electrophysiological signal monitoring and integrating this with the latest advances in ultrasound.

Professor Tsui has most recently become interested in Artificial Intelligence in medical education.



Roger Wong, CM, BMSc, MD, FRCPC, FACP, FCAHS, FCGS

Dr. Wong has been appointed to the Order of Canada, the country's highest civilian honor, for his contributions to the field of geriatric medicine, including the advancement of policies, education and specialized, culturally sensitive health care. Dr. Wong works tirelessly to advance academic and clinical health sciences related to geriatrics, and his work has significant impact on the care for older people in Canada and beyond. He was President of the Canadian Geriatrics Society and founded the state-of-the-art Acute Care for Elders Units (ACE) in Vancouver, which has been implemented nationally and internationally. His clinical research focuses on hospital medicine in vulnera-

ble older adults, including quality improvement in acute care geriatrics. Dr. Wong has published and lectured extensively on geriatric medicine and medical education.



Dr. Yi Lily Zhang has a remarkable background in physical therapy (PT) and traditional Chinese medicine (TCM). With 27 years of hands on experience in PT and over 20 years of clinical experience in TCM, she possesses a wealth of knowledge and expertise and serves as Acupuncture Specialist at Memorial Sloan Kettering Cancer Center. By integrating TCM principles, acupuncture, manual lymphatic drainage, exercise science, and traditional modalities, she effectively addresses various health conditions, including those related to oncology, gynecology, and musculoskeletal issues. In ad-

dition, Dr Zhang actively engages in significant clinical research, contributing to advancements in acupuncture. This research influences practice guidelines and contributes to evidence-based approaches. Additionally, she is a respected contributor to peer-reviewed articles, with a focus on the systematic review of Chinese herbs.

CAMS CAIPA Red Lantern Gala

Chinese American Medical Society (CAMS) and Coalition of Asian-American IPA (CAIPA) announce the return of the CAMS & CAIPA Red Lantern Gala this fall on November 2nd, 2024, at Pier 60 Chelsea Piers in New York City!

The gala will celebrate the 30th Anniversary of the Federation of Chinese American and Chinese Canadian Medical Societies. Founded in New York City, CAMS in one of the founding members, and Dr David Chiu, one of the primary founders.

The annual gala plays a pivotal role in advancing CAMS' mission to enhance the health status of Chinese Americans and to champion healthcare excellence for all by educating and mobilizing healthcare professionals.

Highlights of this year's gala will include:

The thirtieth anniversary of the Federation of Chinese American and Chinese Canadian Medical Societies

The CAMS Scientific Award given to Dr David Huang, MD PhD

The CAMS Community Service Award

The Inaugural FCMS Foundation Livia Wan, MD Award

Dr David Huang will receive the CAMS Scientific Award recognition for his role in developing Optical coherence tomography (OCT), which has revolutionized the diagnosis and monitoring in many fields in medicine, including ophthalmology, dermatology, and neurology. The technology is a non-invasive test that uses light waves to take cross-sectional pictures of biologic tissues (e.g. retina). With OCT, the clinician can visualize the distinctive layers of the tissue along with measuring its thickness

CAMS Community Service Award

The CAMS Community Service Award was established in 1994 to honor an individual or organization that has made significant contributions to the Chinese American community.

Livia Wan, MD Scholarship of the FCMS Foundation

The goal of this award is to support a medical student of Chinese descent in the United States or Canada. It is made possible by the generosity of Dr Livia Wan

Activities of Member Societies

Allied

- Dr Sims was appointed to a California Task Force on Poverty and Health Care
- California bill AB 327
- Working with American Heart Association on Pasadena Rose Bowel and Physician Burnout
- APOLLO continues with mergers and acquisitions
- Shortage of providers in the community because of physicians retiring or closing practices be cause of Medicaid reimbursement rates.
- Recruiting young physicians and focusing on efforts to reduce burnout.

CAIPA

- Growing monthly.
- Invited to Albany NY during the Lunar New Year Festival to be honored for ser vice to the Community
- supporting Screen at 23, continuing with multiple activities for the Chinese community

CAMS

- Celebrated 60th Anniversary of CAMS (2023).
- Ongoing activities include Research and Journal Club (open to FCMS members), Long Life Pre scription lectures, student scholarships, mentoring activities with APAMSA, new cancer survivors group, Medical Chinese for medical students, and supporting Screen at 23.
- Dr Alex Ky is the incoming President for 2024.

CAPS

- Plan 7 scholarships for disbursement of \$30,000K with an additional \$10,000
- Provided pamphlets for Asian Street Festival, provided by Asian Health services
- Have received a grant from the county medical association to support scholarships
- Participating in Oakland Chinatown events by providing a medical station

CHMS

- 2024 is the 125th anniversary of Chinese Hospital.
- Dr Collin Quock received the Lifetime Achievement Award as an architect of the original physician IPA and as one of the first physician specialists in the SF Chinatown community.
- Agreement with UCSF for specialty services in Ophthalmology, pulmonary/critical care Chinese Hospital is the only independent hospital in San Francisco St Francis and St Mary have been acquired by UCSF
- Medical Student Summer Program had 2 students this summer
- Dr Cynthia Lin will revied the Archives Project, and interview leaders of past and planning a medical student mentorship program

CCHCA

- Transitioning, working with Apollo and AMG
- Medical Student Program, Project Hep B Free, Community Grants Program and other Joint projects with other community groups

CAMASC

- The organization is relying on its savings. MDs have moved away
- Will apply for ownership with an IPA organization

CCMS

- An Anti Asian Racism event was organized through the Faculty of Medicine, and engaged younger doctors and medical students.
- Collaborations have been started with the Canadian mental health agency, specifically around Chinese populations

Chronology of News Events

Victor Chang MD

<u>Lay Press (Sampling from AsAm News, LA Times, New York Times, San Francisco Examiner, Toronto Sun, Van-</u>couver Sun, Washington Post and others)

11/30/23 Asian Americans' experiences with discrimination in their daily lives https://www.pewresearch.org/2023/11/30/asian-americans-experiences-with-discrimination-in-their-daily-lives/ 11/30/23 Asian Americans and the 'forever foreigner' stereotype https://www.pewresearch.org/2023/11/30/asian-americans-and-the-forever-foreigner-stereotype/ 12/1/23 President Biden Takes Action to Renew and Strengthen the President's Advisory Commission on Asian Americans, Native Hawaiians, and Pacific Islanders https://www.hhs.gov/about/news/2023/12/01/president-biden-takes-action-renew-strengthen-presidents-advisorycommission-asian-americans-native-hawaiians-pacific-islanders.html 12/31/23 Asian American Officials Cite Unfair Scrutiny and Lost Jobs in China Spy Tensionshttps:// www.nytimes.com/2023/12/31/us/politics/china-spy-asian-americans.html 1/8/24 The 'walking route': How an underground industry is helping migrants flee China for the US https://www.cnn.com/2024/01/08/americas/china-us-migrants-illegal-crossings-intl-hnk-dst/index.html 1/16/24 Awkwafina to ring in San Francisco's Chinese New Year Parade Awkwafina to lead Chinese New Year parade in San Francisco | The City | sfexaminer.com 2/9/24 Traditions passed down as Vancouver Chinatown's Lunar parade hits 50 | Vancouver Sun 2/11/24 Thousands attend Vancouver's Lunar New Year parade as debate persists over Chinatown's future Vancouver Sun 2/12/24 How San Francisco can stem decline of AAPI representation | Forum | sfexaminer.com 2/12/24 The personal stories behind SF dragon sculptures ringing in Lunar New Year San Francisco dragon sculptures ring in Chinese New Year | The City | sfexaminer.com 2/12/24 Sites ID'd to address gap in seniors housing, health care in Chinatown | Vancouver Sun 2/18/24 Invented Chinese Names Rejected in San Francisco Elections - The New York Times (nytimes.com) 2/23/24 The disparate impacts of college admissions policies on Asian American applicants

3/5/24 Museum of Chinese in America Names New Leader - The New York Times (nytimes.com)

https://www.nature.com/articles/s41598-024-55119-0

3/9/24	What S.F.'s election says about Asian American representation (sfchronicle.com)	
3/11/24 https://www.nbo rcna142812	Chinese American WWII vets who served despite being denied U.S. citizenship honored by Congress mews.com/news/us-news/chinese-american-wwii-vets-served-denied-us-citizenship-honored-congre-	
3/14/24 juana Market	Gangsters, Money and Murder: How Chinese Organized Crime Is Dominating America's Illegal Mari-	
https://www.pro	publica.org/article/chinese-organized-crime-us-marijuana-market	
3/16/24 https://www.nv	From China to New York, by way of the Southern Border. ytimes.com/2024/03/06/nyregion/chinese-immigrants-new-york-city.html	
3/22/24	Are Chinese American reparations in San Francisco next? Forum sfexaminer.com	
3/27/24 https://www.pe	Key facts about Asian Americans living in poverty ewresearch.org/short-reads/2024/03/27/key-facts-about-asian-americans-living-in-poverty/	
3/24/24	Chinese Americans visit Md. cemeteries ahead of Qing Ming Festival - The Washington Post	
3/31/24	Nanaimo museum looks at Chinese citizens shipped through Canada in WW1 Vancouver Sun	
	Federal agencies will now gather more detailed data on race and ethnicity AsAmNews	
4/2/24 Canadian Lawmaker Says China Had Chinese Students Vote for Him - The New York Times (nytimes.com)		
4/3/24 <u>Canadia</u>	an Politicians Were Targeted by China in 2021, Report Says - The New York Times (nytimes.com)	
4/3/24 <u>Virginia</u>	police academy bars officers in dispute over Chinese signature - The Washington Post	
4/10/24 <u>Trudea</u>	au to Testify in Foreign Election Interference Inquiry - The New York Times (nytimes.com)	
4/15/24 Author Mentions in Science News Reveal Widespread Disparities Across Name-inferred Ethnicities Author mentions in science news reveal widespread disparities across name-inferred ethnicities Quantitative Science Studies MIT Press		
Hao Peng, Misha Teplitskiy, David Jurgens; Author mentions in science news reveal widespread disparities across name-inferred ethnicities. Quantitative Science Studies 2024; doi: https://doi.org/10.1162/qss_a_00297		
4/18/24	Despite 'model minority myth' trope, one in 10 Asian Americans live in poverty - The Washington Post	
4/19/24 Hidden mental	Hidden mental health challenges of the undocumented Chinese health challenges of the undocumented Chinese – AsAmNews	

4/20/24 Georgia Governor signs bill restricting land purchases from Chinese citizens Georgia Governor signs bill restricting land purchases from Chinese citizens – AsAmNews

4/21/24 Chinese-Americans Are Pushing San Francisco Toward the Political Center https://www.wsj.com/politics/elections/chinese-american-voters-san-francisco-hate-crimes-b70a065e

4/23/24 <u>Historic Chinese, Canadian Pacific Railway and Klondike collections unite in new UBC museum | Toronto Sun</u>

4/23/24 Doctor fired over allegations of ogling sedated patients – AsAmNews

5/1/24 18 new books that celebrate the Asian American experience | Datebook (sfchronicle.com)

May 2024 The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success.

https://www.asianpacificheritage.gov/

May 2024 PBS Series – Asian Americans https://www.pbs.org/show/asian-americans/

May 2024 Public Media Celebrates Asian American, Native Hawaiian & Pacific Islander Heritage Month – 2 documentaries on Corky Lee, photographer

https://www.cpb.org/spotlight/Public-Media-Celebrates-Asian-American-Native-Hawaiian-Pacific-Islander-Heritage-Month

5/1/24 Most Americans can't name a famous Asian American, survey by Asian American Foundation finds https://www.nbcnews.com/news/asian-america/americans-cant-name-famous-asian-american-survey-finds-rcna150236

5/1/24 Preserving Chinatowns: How Many Are at Risk of Being Lost? https://www.npca.org/articles/3775-preserving-chinatowns-how-many-are-at-risk-of-being-lost

5/2/24 Pew Research Center Asian Americans, Charitable Giving and Remittances https://www.pewresearch.org/race-and-ethnicity/2024/05/02/asian-americans-charitable-giving-and-remittances/

5/2/24 Signature SF AAPI celebration started with spontaneous 'serendipity' Claudine Cheng a driving force of San Francisco AAPI month | The City | sfexaminer.com

Opinion – You can thank Chinese Americans for your right to remain silent. Their court cases changed

5/3/24

history. https://www.sfchronicle.com/opinion/article/chinese-american-history-19418774.php 5/3/24 Michelle Yeoh receives Medal of Freedom 5/4/24 Chinese American lawsuits set some civil, constitutional protections (sfchronicle.com) 5/4/24 Former B.C. MP 'lost faith' after inquiry finds possible interference | Vancouver Sun 5/4/24 SF Chinatown gets 23 care beds in state budget allocation | Health | sfexaminer.com 5/8/24 SF's Chinese Hospital celebrates 125th anniversary | AsAmNews Amy Tan books: chats new nonfiction 'The Backyard Bird Chronicles' (bostonglobe.com) 5/9/24 5/13/24 SF's Chinese Hospital celebrates 125th anniversary | AsAmNews 5/15/24 From Los Angeles' Chinatown to San Gabriel Valley and all the AAPI communities in between, mapped -Los Angeles Times (latimes.com) 5/20/24 Hundreds mourn victims of anti-Asian hate in New Jersey | AsAmNews 5/22/24 BC medical regulator wants unlicensed 'acupuncturist' held in contempt | Vancouver Sun 5/26/24 SF honors 102-year-old WWII veteran who avoided spotlight | The City | sfexaminer.com 6/2/24 How SF AAPI political power works after death of Rose Pak | Politics | sfexaminer.com 6/3/24 National organizations call out anti-Asian bigotry in Congress | AsAmNews 6/4/24 How Stop AAPI Hate founder Russell Jeung sees movement grow | The City | sfexaminer.com 6/10/24 Vancouver Dragon Boat Festival 2024: Dates, headliners and more | Vancouver Sun 6/11/24 FBI, Asian American civic groups hold forum on building trust post-China Initiative | AsAmNews Pioneer Asian American mental health doctor dies | AsAmNews 6/12/24 How L.A.'s historic Chinatown shows a just future for Asian American communities - Los Angeles Times (latimes.com) 6/16/24 It's one of SF's most exciting sports — and only Asians can play (sfchronicle.com)

6/17/24	Documents from 100 years ago unearthed in Vancouver Chinatown building Vancouver Sun
6/18/24	Obituary: The remarkable life of 'The 'Captain' Ting Cheng Wu Vancouver Sun
6/20/24	How Chinese moms united during Boston busing crisis (bostonglobe.com)
6/28/24	Chinese citizens in Florida sue, speak out about property law AsAmNews
7/2/24	U.S. expels 116 Chinese migrants in first 'large' flight in 5 years - Los Angeles Times (latimes.com)
7/3/24 AsAmNews	"Welcome to America's Chinatowns" hub preserves Chinatown's past, present, and future
7/13/24 (thestar.com)	Court voids last conviction of Kansas researcher in case that started as Chinese espionage probe
7/16/24	Chinese migrants are crossing the U.SMexico border in large numbers (sfchronicle.com)
	NY Post issues retraction, apology for falsely saying Trump shooter was Chinese AsAmNews
7/20/24	Fake news using AI prevalent on Chinese language social media AsAmNews
7/23/24	In Sean Wang's 'Dìdi,' a portrait of an artist as a young skater kid (thestar.com)
7/29/24	Asher Hong and Team USA win bronze in men's gymnastic AsAmNews
8/1/24 Times (latimes	The last days of California's oldest Chinese restaurant: From anonymity to history - Los Angeles .com)
8/2/24	Column: How Las Vegas' Chinatowns began in San Gabriel Valley - Los Angeles Times (latimes.com)
8/5/24	Tsung-Dao Lee, 97, physicist who challenged a law of nature, dies - The Boston Globe
8/6/24	Why TSMC Has Struggled to Manufacture Chips in Arizona - The New York Times (nytimes.com)
8/7/24 Boston Globe	Teen vies for record solo flight to 7 continents to raise money for childhood cancer research - The
8/8/24	Smithsonian to showcase complexity of DC's historic Chinatown AsAmNews
8/9/24	Scams targeting Chinese community in Vancouver result in millions lost, police say (thestar.com)
8/13/24 (nytimes.com)	In the Race for San Francisco Mayor, Chinese Voters Take Center Stage - The New York Times

Asian American Voters Could Be Key Swing Voters of 2024 - The New York Times (nytimes.com)

Research Announcements and Studies

Victor T. Chang MD

Physician Focus Groups on Chinese American Patients with Dementia or Mild Cognitive Impairment

Hayley Belli, MD

My name is Hayley Belli, and I am an Assistant Professor at NYU Grossman School of Medicine. I, along with my colleague, Becca Lassell, who is both an Occupational Therapist and Assistant Professor at Indiana University, are co-leading a study to develop a green activity prescription program for older Chinese American patients living with dementia or mild cognitive impairment and residing in Brooklyn and the Bronx. We're currently in Phase 1 of this research, which involves conducting focus groups with potential stakeholders. We're interested in speaking with medical professionals who have experience working with older Chinese American patients with dementia or mild cognitive impairment who would be willing to share their experiences during a focus group. The focus groups will be over Zoom with 4-6 individuals per group and scheduled at a time that is convenient for all the participants. Please see flyer on next page. Participants will receive a \$50 Amazon gift card as a thank you for their time. For further information, please contact Dr Becca Lassell and Hayley Belli: greenactivitystudy@nyulangone.org or(212) 404-3563.

Call for Papers—Journal of Asian Health

Journal of Asian Health (JAH) was founded in 2011 by Dr. Gloria Wu. In 2021, it partnered with Stanford University's Center for Asian Health Research and Education (CARE). The journal's mission is to contribute to the understanding of the social and medical determinants of health in Asians, in the United States and globally. JAH is a peer-reviewed journal that publishes two issues a year. Submissions are accepted on a rolling basis. JAH's audience includes clinicians, researchers, trainees, and community members interested in health research for Asians.

JAH does not currently have publication fees and is actively seeking submissions on all aspects of Asian health. JAH accepts original research articles, original research letters (≤5,000 words), review articles, and research perspectives. Please see the submission criteria and author instructions for full information on submitting your manuscript, and contact aprilmye@stanford.edu with any additional questions on the submission and publication process. Journal of Asian Health

Active Research Projects and Programs

New York University Center for Study of Asian American Health

Recent Projects – AA & NH/PI Health Central (aanhpihealth.org)

Section for Health Equity Applied Research & Evaluation Unit | NYU Langone Health

Stanford University Center for Asian Research and Education

https://med.stanford.edu/care/research/research-programs.html

UCSF Asian Health Institute https://ahi.ucsf.edu/research/participate in research

ASPIRE Study

UCSF Press Release

UC San Francisco researchers have received \$12.45 million from the National Cancer Institute (NCI) to lead the first long-term study of cancer among Asian Americans, a highly diverse yet understudied group.

Despite a growing incidence of cancers that in some cases exceed those of other groups, there has never been a national longitudinal study of cancer in the Asian American community, and there are many open questions.

For example, the researchers are seeking to understand why Asian American women who never smoked are susceptible to lung cancer, and why Asian Americans have become the first racial/ethnic group for whom cancer is the leading cause of death.

Researchers also plan to study the increasing rates of breast cancer, especially among young Asian American women; and the relatively high rates of nasopharyngeal cancer, a type of head-and-neck cancer, in Chinese Americans; as well as liver cancer in Southeast Asian Americans; gastric cancer in Korean and Japanese Americans; and thyroid cancer in Filipino Americans.

Asian Americans are the fastest growing racial and ethnic group in the United States and comprise 7% of the population. Yet, as of 2020, less than 1% of funding from the National Institutes of Health was devoted to research on Asian Americans. A 2016 review of NCI grants found almost no studies on the causes of cancer among Asian Americans.

The grant supports the creation of a national cohort called ASPIRE, or ASian American Prospective REseach. Gomez, along with co-principal investigators <u>lona Cheng</u>, PhD, MPH, and <u>Salma Shariff-Marco</u>, PhD, MPH, will lead the effort in collaboration with UC Davis, UC Irvine, UC Los Angeles, Cedars-Sinai, the University of Hawaii, Temple University, and Jefferson University.

The initial cohort will be supported by a national network of partners across about 20 academic institutions, 40 community organizations, and two policy groups committed to Asian American health. In the coming years, they plan to recruit 20,000 men and women between the ages of 40 and 75 years old from all Asian American ethnic groups with diverse socioeconomic levels and lifestyles. They aim to expand the study to at least 50,000 participants.

Recruitment will be centered in selected regions that comprise more than a third of the Asian American population: California (the Bay Area, L.A, Orange County, and Sacramento) as well as the New York metropolitan region, including North Jersey, and the Philadelphia metropolitan area, which includes South Jersey. Researchers also will recruit nationally.



The first Asian American cohort study for cancer research

Principal Investigators: Scarlett Gomez, Iona Cheng, Salma Shariff-Marco

WHY DO WE NEED AN ASIAN AMERICAN COHORT STUDY?

- 1. Asian Americans are the fastest growing and most diverse racial group in the U.S.
- Asian Americans have doubled in population since 2000
- They represent over 30 countries and speak over 100 languages and dialects
- 2. Asian American populations have unique cancer disparities.
- Cancer is the leading cause of death in most Asian American ethnic groups
- Asian American women who have never smoked have the highest rates of lung cancer compared to all other racial and ethnic groups
- Breast cancer rates are rapidly increasing among Asian American women, especially among recent immigrants and those under 50 years old
- We know relatively little about the causes of cancer across Asian American populations.
- Historically, research in Asian Americans has been underfunded
- Most studies do not collect detailed information about immigration histories
- Anti-Asian discrimination contributes to many health risks, but the connection to cancer remains understudied



We will launch the first national cohort of Asian American adults for the study of cancer in 2024.

We envision ASPIRE (ASian American Prospective REsearch) to:

- Follow more than 50,000 men and women over time
- Capture information ranging from structural and social drivers of health to genetic and biological factors

ASPIRE is funded by the National Cancer Institute and led by researchers at UCSF, UC Irvine, UC Davis, UCLA, Cedars-Sinai, Temple University, Jefferson University, and University of Hawaii.

The ultimate vision of ASPIRE is to serve as an expansive, contemporary resource, advancing our understanding of cancer and achieving health equity in Asian American populations.

Questionnaire on Alzheimer's Disease education for healthcare workers

My name is Sharvi Wankhade and I am a 10th-grade student in Clarksville, Maryland conducting a year-long research project on Alzheimer's disease and the lack of knowledge that exists among healthcare workers and how this may be impacting the gap in diagnosis for patients. Could you help me distribute a quick questionnaire, which I have created for data collection, to healthcare workers from your association?

I'm looking to distribute my survey to Primary Care Physicians or general practitioners, Nurse Practitioners, Physician Assistants, Geriatricians, or Gerontologists.

Here is a link to my survey: https://docs.google.com/forms/d/
e/1FAIpQLSdQ 8UVHxHVrwxrDtPE4MEObNDK4boqRdChgVlHuHcgde EnQ/viewform?usp=sf link

Thank you for your consideration and I look forward to hearing from you at your earliest convenience.

Sincerely,

Sharvi Wankhade

From: Sharvi Wankhade < wankhadesharvi@gmail.com >

Mentorship Research

Dear CAMS

My name is Muhammad A Sheikh, and I am a Doctoral candidate in Public Policy Institute at West Chester University of Pennsylvania. I am reaching out to inquire about the possibility of obtaining approval from CAMS to recruit 4 or 5 doctors for a research project that aims to explore the significant role of mentorship, sponsorship, and an inclusive organizational culture in fostering diverse hospital leadership talent and promoting diversity in healthcare leadership.

My research question is focused on understanding the various programs and initiatives that hospitals, offer to their staff in relation to research and supporting professional development. Specifically, I am interested in investigating the effectiveness of mentorship and sponsorship programs, as well as the impact of an inclusive and supportive organizational culture on fostering diverse leadership talent within the healthcare industry. Please rest assured that this research will adhere to all ethical standards and protocols outlined by the Institutional Review Board (IRB). I am committed to maintaining the confidentiality and anonymity of all participants.

Kindest Regards, Muhammad A Sheikh 732-789-0667

From: Sheikh, Muhammad < MS967023@wcupa.edu >

Cancer Pain Management Research

This study is funded by NIH (National Institute of Health) (Project Number: R33CA280979). "Cancer Pain Management: A Technology-based Intervention for Asian American Breast Cancer Survivors (CAI)":

Despite few studies on Asian American breast cancer survivors, it is well known that these women shoulder unnecessary burden of breast cancer because they rarely complain about symptoms or pain, delay seeking help, and rarely ask or get support due to their cultural values and beliefs and language barriers. This demonstrates a definite need for support in this specific population. However, survivorship programs that are increasingly instituted at cancer centers have serious impediments to providing information and coaching/support because of the lack of staff time and insurance reimbursement.

The research team has developed and pilot-tested a theory-driven technology-based information and coaching/support program that is culturally tailored to Asian American breast cancer survivors using multiple features.

The purpose of the proposed randomized intervention study is to develop an existing technology-based cancer pain management program with additional components for Asian American breast cancer survivors with depressive symptoms (ABD) and the individual optimization functionality (CAI) and to test the efficacy of CAI in improving cancer pain experience of ABD. The specific aims are to: a) develop and evaluate CAI through an expert and a usability test; b) determine whether the intervention group will show significantly greater improvements than the control group in primary outcomes (needs for help, physical and psychological symptoms, and quality of life) from baseline (pre-test) to Time Points 1 (post 1-month) and 2 (post 3-months); c) identify theory-based variables (attitudes, self-efficacy, perceived barriers, and social influences) that mediate the intervention effects of the CAI on the primary outcomes; and d) determine whether the effects of the CAI on the primary outcomes are moderated by background, disease, genetic, and situational factors.

The long-term goals are to: (a) implement the program into various health care settings; (b) determine if the CAI will lead to long-term improved health outcomes; and (c) fundamentally enhance the methodology/paradigm of culturally tailored technology-based interventions for ethnic minority groups of breast cancer survivors.

If this is something you would be interested in, or if you have any questions or concerns, please let me know (512-232-2142, cai.help@austin.utexas.edu). If you have any questions, please contact us (contact information: cai.help@austin.utexas.edu).

CAI flyer EN.pdf

(Traditional and simplified Chinese versions are available)

CAMS x FCMS Biennial Scientific Conference

Frontiers In Medicine 2024

Interdisciplinary Updates For North American Chinese Health



Chinese American Medical Society Federation of Chinese American and Chinese Canadian Medical Societies (30th Anniversary)



CAMS Keynote Speaker Scarlett Lin Gomez, MPH, PhD Professor, Epidemiology And Biostatistics, University Of California, San Francisco



Scientific Award David Huang, MD, PhD Lasker-DeBakey Awardee Professor, Oregon Health & Science University



Wilson Ko Leadership Award
Samuel So, MD
Founder And Executive Director Of The
Asian Liver Center At
Stanford University School Of Medicine

November 2nd - 3rd, 2024

Saturday @ Pier 60, Chelsea Piers, Manhattan, NY
Sunday @ NewYork-Presbyterian Queens
Flushing, NY

- Biennial 22nd conference of the Federation highlighting clinical and research advances in the healthcare of North American Chinese.
- 2 day scientific conference open to medical and interdisciplinary health care professionals, housestaff, students.
- · Network and learn with leading North American clinicians and researchers.
- Panels, educational and informative presentations on ASPIRE study, AI, mental health, diabetes, stroke nutrition, heart failure, dementia, integrative medicine, leadership, national initiatives and more.
- Separate Red Lantern Gala, 11/2 (6 PM).* Sunday post conference reception, wine and cheese.
- · CME credits will be offered.

For more information: https://onecau.se/camsconf2024

Hosted by Chinese American Medical Society, an activity of the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS).

