



"Diabetes Coalition Updates, 2016"

Edward A. Chow, MD
Co- Chair, AANHPI Diabetes Coalition



NCAPIP
National Council of Asian
Pacific Islander Physicians



THE ASIAN AMERICAN
NATIVE HAWAIIAN &
PACIFIC ISLANDERS
DIABETES COALITION

Hawaii "Screen at 23" Resolution

F

THE SENATE
TWENTY-EIGHTH LEGISLATURE, 2016
STATE OF HAWAII

S.C.R. NO. 49

MAR 03 2016

SENATE CONCURRENT RESOLUTION

URGING THE DEPARTMENT OF HEALTH TO ENDORSE THE "SCREEN AT 23"
CAMPAIGN THAT SCREENS ADULT ASIAN AMERICANS FOR TYPE 2
DIABETES AT A BODY MASS INDEX OF 23.

1 WHEREAS, approximately 130,000 people, or 9.1 percent of
2 the population, in Hawaii have diabetes, 442,000 or 30.9 percent
3 have pre-diabetes, and residents of Asian American heritage
4 comprise 56.2 percent of the population of Hawaii; and

5
6 WHEREAS, diabetes is the fifth leading cause of death among
7 Asian Americans; and

8
9 WHEREAS, Asian Americans are 30 percent more likely to have
10 diabetes than White Americans and are also at greater risk of
11 developing pre-diabetes, diabetes, and associated risks at a
12 lower body mass index than White, Hispanic, Black, or Native
13 Americans; and

14
15 WHEREAS, Asian Americans face a health care disparity in

California "Screen at 23



Senate Concurrent Resolution No. 134

RESOLUTION CHAPTER 178

Senate Concurrent Resolution No. 134—Relative to diabetes prevention.

[Filed with Secretary of State September 9, 2016.]

LEGISLATIVE COUNSEL'S DIGEST

SCR 134, Pan. Diabetes: the "Screen at 23" campaign.
This measure would urge the State Department of Public Health to endorse
the "Screen at 23" campaign to screen all adult Asian Americans with a
body mass index of 23 or higher for type II diabetes.

WHEREAS, Approximately 2.5 million Californians, or 9 percent of the
population, are diagnosed with diabetes, 46 percent of Californians are
estimated to have prediabetes, and residents of Asian American heritage
comprise 14 percent of the population of the State of California; and

WHEREAS, Diabetes is the fifth leading cause of death among Asian
Americans; and

WHEREAS, Asian Americans are 30 percent more likely to have diabetes
than White Americans and are also at greater risk of developing prediabetes,
diabetes, and associated risks at a lower body mass index (BMI) than White,
Hispanic, Black, or Native Americans; and

WHEREAS, Asian Americans face a health care disparity in type II
diabetes detection and diagnosis, as the current guidelines for screening
Asian Americans at a body mass index of 25kg/m² not only miss 36 percent
of diabetes diagnoses, or approximately 116,000 individuals, in California
but also underestimate the prevalence of prediabetes among Asian
Americans; and

WHEREAS, Two out of three persons with type II diabetes die from heart
attack or stroke, and adults with diabetes are at risk for developing end-stage
renal disease and kidney failure, blindness, and lower limb loss; and

WHEREAS, The per capita health care cost of diabetes in California is \$37.1
billion, including \$27.6 billion in medical costs and \$9.5 billion in indirect



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March 3, 2016

September

SCREEN
AT 23



THE ASIAN AMERICAN
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2016 AANHPI DIABETES COALITION CONFERENCE

DIABETES AND OBESITY IN ASIAN AMERICANS, NATIVE HAWAIIANS, AND PACIFIC ISLANDERS

REDUCING DISPARITIES
THROUGH **RESEARCH,**
ADVOCACY, AND **POLICY**

HILTON FINANCIAL DISTRICT
SAN FRANCISCO, CA
AUGUST 26-27, 2016

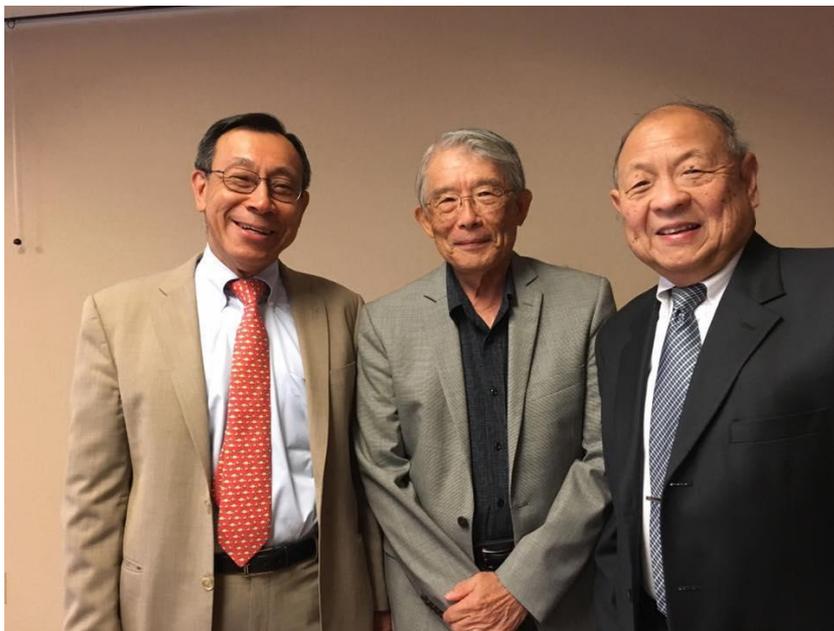


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Conference Agenda



SCHEDULE

DIABETES AND OBESITY IN ASIAN AMERICANS, NATIVE HAWAII'ANS AND PACIFIC ISLANDERS REDUCING DISPARITIES THROUGH RESEARCH – ADVOCACY – POLICY

AUGUST 26, 2016

1:00 – 1:10 PM

WELCOME

Ho Luong Tran, M.D., M.P.H. | NCAPIP

1:10 – 1:30 PM

OPENING REMARKS

Edward A. Chow, M.D. › Co-Chair › AANHPI Diabetes Coalition
George King, M.D. › Co-Chair › AANHPI Diabetes Coalition

1:30 – 2:30 PM

KEYNOTE ADDRESSES

J. Nadine Gracia, M.D., M.S.C.E. › Deputy Assistant Secretary for Minority Health › Office of Minority Health, Health and Human Services (HHS)
Kirsten Bibbins-Domingo, Ph.D., M.D., M.A.S. › Chair › US Preventive Service Task Force (USPSTF)
Kevin L. Hagan › CEO › American Diabetes Association

DIABETES AND OBESITY IN ASIAN AMERICANS, NATIVE HAWAII'ANS AND PACIFIC ISLANDERS

2:30 – 3:45 PM

PANEL 1: ADDRESSING UNDIAGNOSED CASES OF DIABETES IN ASIAN AMERICANS

Screening Tests for Diabetes in Asian Americans
Maria Rosario (Happy) Araneta, Ph.D. › University of CA San Diego
Perspectives from CDC - Division of Diabetes Translation
Edward A. Gregg, Ph.D. › CDC
Diabetes within South Asian and Filipino populations
Alka Kanaya, M.D. › University of CA San Francisco

3:45 – 4:00 PM

BREAK

4:00 – 5:45 PM

PANEL 2: DIABETES IN NATIVE HAWAII'ANS AND PACIFIC ISLANDERS

Moderator: Wilfred Fujimoto, M.D.
2012 Pacific Islander Health Study (PIHS)
Sela Panapasa, PhD › University of Michigan
2014 NHPI NHIS (NCHS/OMH)
Samuel Wu, PharmD › OMH/HHS
Pre Diabetes Rates among Pacific Islanders in California
Raynald Samoa, M.D. › City of Hope Los Angeles
Obesity Genome-Wide Association Study in Samoa
Ryan Minster, Ph.D. › University of Pittsburgh
Obesity/Diabetes in Pregnancy › Obesity in Samoan Children
Nicola Hawley, Ph.D. › Yale School of Public Health

6:00 – 7:00 PM

FUNDERS' RECOGNITION – EDWARD A. CHOW, M.D.

AANHPI Diabetes Coalition Conference › 2016



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Conference Agenda (cont'd)



AUGUST 27, 2016

7:00 – 7:30 AM **BREAKFAST - NETWORKING**

DECREASE DISPARITIES IN TREATMENT AND PREVENTION

7:30 – 8:00 AM **SCREEN AT 23 CAMPAIGN – AN ADVOCACY MODEL**
Edward A. Chow, M.D. › AANHPI Diabetes Coalition
Elisa Choi, M.D. › Asian American Commission of the Commonwealth of Massachusetts

8:00 – 8:30 AM **CLINICAL CARE PROGRAMS THAT WORK: PILI PROJECT**
Joseph Keawe'aimoku Kaholokula, Ph.D. › John A. Burns School of Medicine, University of Hawai'i at Mānoa

8:30 – 10:30 AM **NEW RESEARCH**
Moderator: Alka Kanaya, M.D. › University of CA San Francisco
Perspectives from NIDDK
Judith Fradkin, M.D., Ph.D. › Division of Diabetes and Endocrinology
Perspectives from NIH - NIMHD
Maria Rosario (Happy) Araneta, Ph.D. › University of CA San Diego
Turning the Tide on Diabetes & Metabolic Disease in NHPs: Update & Progress
Marjorie K. Mau, M.D., MS, MACP › John A. Burns School of Medicine, University of Hawai'i at Mānoa
Digital Media in Access and Care Disparity
William Hsu, M.D. › Joslin Diabetes Center AADI
Glucose Tolerance Test and New Biomarkers in Asian American Therapy - Pathophysiology Differences with BMI under 22 and over 27
George King, M.D. › Joslin Diabetes Center Harvard University

10:00 – 11:15 AM **COLLABORATION IN THE CARE OF DIABETES: RESEARCH AND OPPORTUNITIES**

Facilitator: Kenneth P. Moritsugu, M.D., M.P.H.
Michael Ybarra, M.D. › PhrMA
LaShawn McIver, M.D., M.P.H. › American Diabetes Association
Yun-Ping Zhou, M.D., Ph.D. › Merck
Randall N. Hyer, M.D., Ph.D., M.P.H. › DYNAVAX
Alvin Cheung, PharmD, MHA › California Northstate University
Debra Nixon, PhD, MHA, BSN › Health Services Advisory Group
Jean Drummond, M.A, P.A. › HealthCare Dynamics International

11:15 – 11:30 AM **BREAK**

11:30 – 12:30 PM **SETTING THE NEXT AGENDA (CONCURRENT SESSIONS)**

Research Priorities for Asian Americans (Facilitator: Jude McDivitt, Ph.D.)
Christopher J. Cifelli, Ph.D. › National Dairy Council
Research Priorities for Native Hawaiians and Pacific Islanders (Facilitator: Raynald Samoa, M.D.)
Strategies for Policy and Advocacy to Eliminate Disparities (Facilitator: Ignatius Bau, J.D.)

12:30 - 1:30 PM **LUNCH**

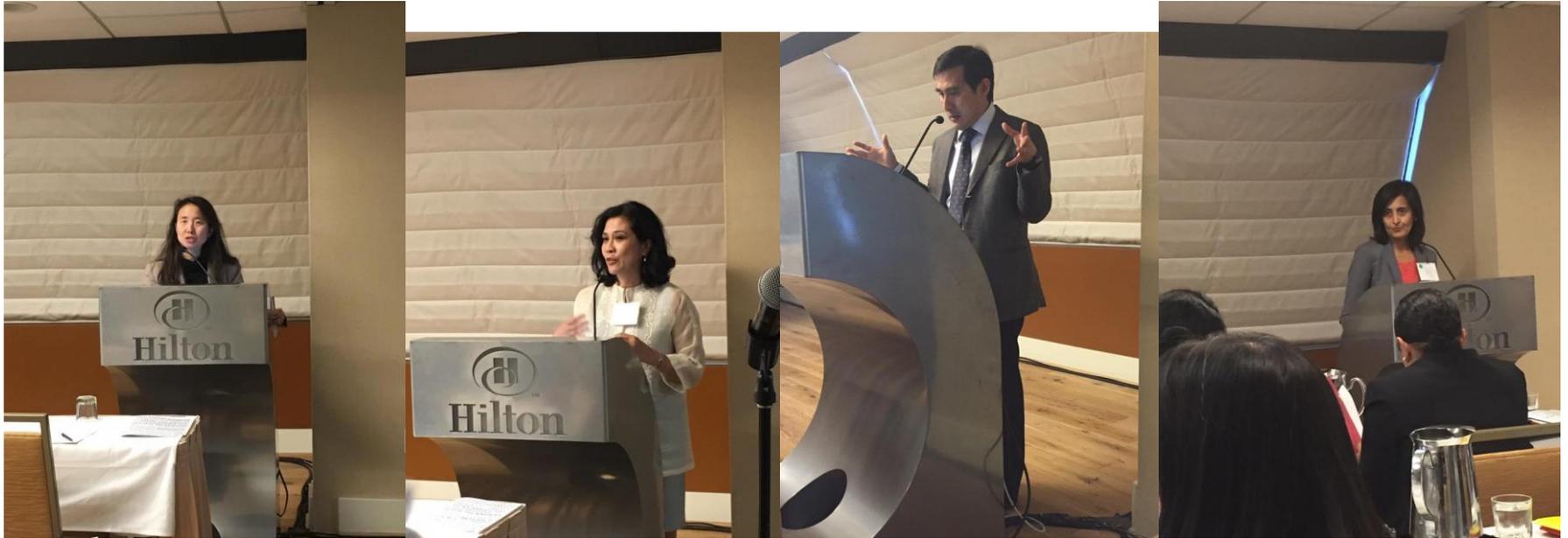
Screen at 23 and Diabetes in California
Dr. Richard Pan › California State Senator
AMA Perspective on the Prevention of Diabetes and Screen at 23
Christopher Holliday, Ph.D, M.P.H. › AMA

1:30 – 2:30 PM **SETTING THE NEXT AGENDA (CONTINUED)**

2:30 – 3:15 PM **REPORT FROM SESSIONS: SETTING THE NEXT AGENDA**
Facilitators: William Hsu, M.D. › Joslin Diabetes Center AADI
Wilfred Fujimoto, M.D. › AANHPI Diabetes Coalition

3:15 – 3:45 PM **CLOSING REMARKS – THE NEXT FRONTIER**
Edward A. Chow, M.D. › Co-Chair › AANHPI Diabetes Coalition
Winston Wong, M.D. › NCAPIP

DRAFT Research Recommendations for Asian Americans



DRAFT Research Recommendations for Asian Americans

1. Research studies that continue to disaggregate Asian populations
2. Studies on the relationship between adiposity and diabetes in Asian Americans
3. How to translate research into action for Asian Americans
4. Creation of an “Asian plate”
5. Research into Asian preventive lifestyles



DRAFT Research Recommendations for Native Hawaiians and Pacific Islanders



DRAFT Research Recommendations for Native Hawaiians and Pacific Islanders

1. Research to identify risk factors unique to specific NHPI groups, including identifying effective strategies
2. Genetic research
3. Prevention and lifestyle modifications for NHPI
4. Funding for NHPI studies

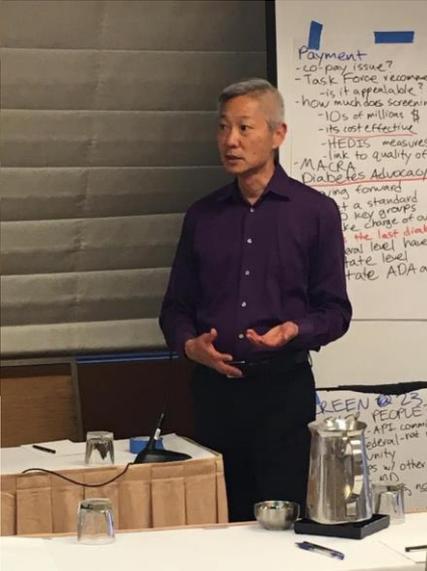


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DRAFT Public Policy Recommendations



Payment
- co-pay issue?
- Task Force recommendation
- is it applicable?
- how much does screening
- 10s of millions \$
- its cost effective
- HEDIS measures
- link to quality of
- MA/RA
- Diabetes Advocacy
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DRAFT Public Policy Recommendations

1. Continuing to advance support for Screen at 23.
2. Support collection and disaggregation of data for AANHPI populations
3. Support the development of preventive programs that are culturally and linguistically sensitive
4. Make preventive programs affordable
5. Health messages need to be appropriate for the population (Health Literacy)
6. Workforce Development (touched on by all groups).





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IN APPRECIATION OF THE
FOLLOWING ORGANIZATIONS:



Joslin Diabetes Center
Asian American Diabetes Initiative



NCAPIP
National Council of Asian
Pacific Islander Physicians



American
Diabetes
Association®
Cure • Care • Commitment®



亞美醫師協會



Be well



Care and Choice at the End of Life



Providing Excellence in Service



NATIONAL DAIRY COUNCIL



THANK YOU!

WITHOUT YOUR CONTRIBUTIONS THIS
CONFERENCE WOULD NOT HAVE BEEN POSSIBLE!



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