

20th Anniversary of the
International Conference on Health Problems
Related to the Chinese in North America
1982-2002



*FEDERATION OF CHINESE AMERICAN
AND CHINESE CANADIAN MEDICAL SOCIETIES*



Preface

The Eleventh Conference on Health Problems Related to the Chinese in North America marks the 20th Anniversary since the biennial conference was started by the Chinese Hospital of San Francisco in 1982. The 2002 Conference also carries special meaning and significance as it returns to New York City, the birthplace of the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS) since its inauguration at the Seventh Conference. It is especially appropriate for this celebration to take place in New York, as the leadership of the Chinese American Medical Society (CAMS) has provided much impetus to the development of the Federation which now supports and oversees the continuation of the Conference.

The enduring success of the Conference is a tribute to the vision of its founders, remarkably many of whom are still actively involved with the Conference today and on the leadership of the FCMS in providing invaluable guidance. In the past two decades, the dedication of numerous individuals have contributed to the success of the conference to advance medical knowledge and to enhance the health and medical care of the Chinese population in North America, and we are all enriched by it. We are honored to be part of this proud legacy and to continue building on the solid foundation established by the fathers of the biennial conference twenty years ago, into the new millennium.

We hope that this Anniversary Booklet to commemorate the history and achievements of the Conference and FCMS will forever capture its spirit and special memories, and also provide inspiration in continuing the growth of this great endeavour to challenge the frontiers of knowledge to provide better patient care.

Caroline Y. Wang, MD
Editor
May, 2002

Acknowledgements

We acknowledge with thanks the generous donation from the Chinese American Medical Society, in honor of Dr. Hsueh-hwa Wang, towards this Anniversary Booklet. We are also indebted to the many individuals who have contributed in the preparation or provided pictures for the publication of this booklet.

20th Anniversary Celebration of the International Conference on Health Problems Related to the Chinese in North America

Conference History

This Conference was founded in 1982 by the Chinese Hospital Medical Staff of San Francisco. The conference brought together a number of Chinese American and Chinese Canadian medical societies, as well as many North American and international physicians interested in health problems of the Chinese in North America. During this time, the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS) was established to oversee the continuing development of the Conference on a biennial basis.

Conference Goals & Objectives

1. To congregate physicians and scholars to discuss common and related health problems of the Chinese in North America
2. To establish a database of the incidence of disease patterns among Chinese North Americans
3. To establish comparative data on Chinese North American health problems related to cultural assimilation
4. To encourage clinical and/or basic research in health problems affecting Chinese North Americans
5. To publish proceedings of the Conference as a means of expanding access to resources on these health problems

Previous Conferences

First Conference	May 22-23, 1982:	San Francisco
Second Conference	August 18-19, 1984:	Los Angeles
Third Conference	August 23-24, 1986:	New York City
Fourth Conference	April 22-23, 1988:	San Francisco
Fifth Conference	June 23-24, 1990:	Toronto
Sixth Conference	June 18-21, 1992:	San Francisco
Seventh Conference	July 1-3, 1994:	New York City
Eighth Conference	August 22-25, 1986:	Vancouver, British Columbia
Ninth Conference	August 21-23, 1998:	Los Angeles
Tenth Conference	June 30-July 1, 2000:	San Francisco
Eleventh Conference	May 25-26, 2002:	New York City



FEDERATION OF CHINESE AMERICAN AND CHINESE CANADIAN MEDICAL SOCIETIES

Dear Friends,

Member Organizations (FCMS)

Association of Chinese
Canadian Professionals
Vancouver, BC, Canada

Association of Chinese
Community Physicians
San Francisco, California

Chinese American Medical
Association of Southern California
Los Angeles, California

Chinese American
Medical Society
New York, New York

Chinese American Physicians
Society, East Bay
Oakland, California

Chinese Canadian
Medical Society, Toronto
Ontario, Canada

Chinese Community
Health Care Association
San Francisco, California

Chinese Hospital
Medical Staff
San Francisco, California

Philippine Chinese American
Medical Association
Scarsdale, New York

Board Chairman

Collin P. Quock, MD
San Francisco, California

Board President

Hsueh-Hwa Wang, MD
New York, New York

FCMS Foundation President/ Advisory Council Coordinator

David Chiu, MD
New York, New York

Advisory Council Chairman

Mr. David Tseng
Los Angeles, California

FCMS International Office

Harry Lee, MD
Executive Vice-President, Past President
San Francisco, California

c/o Chinese Hospital Medical Staff
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As we prepared this booklet to celebrate the Twentieth Anniversary of this Conference, memories and emotions came flooding back.

I had started my practice in internal medicine and cardiology in San Francisco's Chinatown in 1971. It did not take long for me to build a catalogue of problems and opportunities that arose from trying to practice my training in our transplanted culture. As I attended meetings in various cities, it became obvious to me that health providers working in similar settings across the continent had much to share. I suggested the idea of this Conference in 1980 to Chinese Hospital's Chief of Staff, Edward A. Chow, MD. His successor was Russell D. Woo, MD. Both were extremely supportive, and appointed me as the first Scientific Program Chair while Dr. Chow took on the job of General Conference Chair. We worked for two years to sharpen our focus and to stir up interest among our friends in other Chinese communities. We waded through a number of practical problems attached to any conference but did it as first-timers with limited experience. It was fun and exciting! We even asked members of the Medical Staff to pledge personal funds to guarantee the financial security of that first conference. Nineteen volunteers came forward. Thankfully, that caution proved unneeded.

Finally, the big day came on May 22, 1982. One hundred eighty participants appeared, including many who still take an active role in the Conference today. We enjoyed a program so stimulating that our colleagues in Los Angeles embraced sponsorship of the Second Conference in 1984. For over a decade, the Medical Staff at Chinese Hospital continued to shepherd the Conference as it spawned first the Asian American Health Forum and then the Federation of Chinese American and Chinese Canadian Medical Societies. The Federation took over ownership beginning with the Eighth Conference held in Vancouver in 1996.

Many enriching experiences and friendships have arisen from these meetings, not to mention the updating of knowledge germane to our daily work. This Conference is truly unique, forging a bond among a corps of special professionals, themselves dedicated to a wonderfully special constituency. Those who have worked up front and behind the scenes to make these meetings so successful deserve our deepest appreciation. It is my fervent hope not only that the Conference will continue to grow in numbers, stature, and enthusiasm, but that each of you will expand your own activity, especially in recruiting new enthusiasts. Tell your friends about us! Bring someone new with you! Help us grow!

Very sincerely yours,

Collin P. Quock, MD, FACP, FACC
Clinical Professor of Medicine, University of California
Chairman, Board of Directors, FCMS



May, 2002



FEDERATION OF CHINESE AMERICAN AND CHINESE CANADIAN MEDICAL SOCIETIES

Member Organizations (FCMS)

Association of Chinese
Canadian Professionals
Vancouver, BC, Canada

Association of Chinese
Community Physicians
San Francisco, California

Chinese American Medical
Association of Southern California
Los Angeles, California

Chinese American
Medical Society
New York, New York

Chinese American Physicians
Society, East Bay
Oakland, California

Chinese Canadian
Medical Society, Toronto
Ontario, Canada

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Some Reflections on the International Conference on Health Problems Related to the Chinese in North America

Several events gave impetus to the prior development of the first International Conference on Health Problems Related to the Chinese in North America. The beginnings were at an era of active responses to anti-discrimination of minorities. The United States Department of Health and Human Services (HHS) began their documentation of the perceived gap in all phases of health care. HHS recognized some of the discrepancies and sought more data. The Chinese Hospital Medical Staff in San Francisco was requested to assist the HHS in their study, as one of many suitable organizations across the nation.

New community health organizations came into existence, to bridge the known gap in health. The governing body and Medical Staff of the only Chinese Hospital in the United States added their support to these new community organizations. An educational approach was felt to be most appropriate by the Chinese Hospital for the Community.

As a fact finding and education forum, the Chinese Hospital Medical Staff, through its education committee had accepted the production of the initial "Health Problems Related to the Chinese in North America." The staff was aware of the barriers and the gap in health care, particularly with ethnic Chinese Americans, which included a large influx of immigrants and refugees. This first major conference was the joint affair, with the Chinese Hospital Medical Staff in San Francisco, Chinese American Physician Society in Oakland, Chinese Physicians of Chinatown in Los Angeles, and Chinese Physicians Society of Southern California.

On the East Coast, the medical organizations, most notably, Chinese American Medical Society of New York, with neighborhood health clinics were similarly addressing health issues as the West Coast. Mutual support between East and West Coast followed without noteworthy problems.

The mutual assistance of the societies in the formation of the conferences led to a fall-out with the formation of the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS). The New York group and the San Francisco area representatives held joint meetings concerning a national Chinese American physician society. Toronto and Vancouver groups joined in subsequently. The getting together; holding discussions whenever it was feasible; debating over the kind of physician organization and the implications; the vision, defined mission and objective; dues structures, and other financial support; the state in which to incorporate; and even the logo, took considerable time, much constraints and efforts. One can imagine that success was not always in clear sight, given the free flow of thoughts of physicians and their actual or perceived expertise. Each step is another story.



It took several years. The basic concepts and reasons held, and we are now the Federation of Chinese American and Chinese Canadian Medical Societies, with two new organizations added, Association of Chinese Canadian Professionals in Vancouver, British Columbia and Philippine Chinese American Medical Association in Scarsdale, New York. We are incorporated in California. As a consequence of developing the International Conference on Health Problems Related to the Chinese in North America, and after a number of years in discussion, the Conference was assigned to FCMS by the Chinese Hospital Medical Staff, and has become an important function of the FCMS. The FCMS is now on a new threshold, and staying the course.

I have been privileged and honored of being with the FCMS, initially on the Steering Committee as Chair, and then the first Chairman of the Board of FCMS.



Harry Lee, MD, FACP
Executive Vice-President, FCMS
Associate Clinical Professor of Medicine, University of California, San Francisco

From The First Conference Chair



The concept for a conference on health issues related to care of the Chinese in America was raised during my term as Chief of Staff during the building of the new Chinese Hospital. The completion of the new hospital could be an opportunity to bring together those who were serving Chinese throughout North America to celebrate, and share their experiences. The new building was completed in 1979. In 1980, the new Chief of Staff, Dr. Russell Woo, and the medical staff agreed to sponsor such a conference. As Chairman of Continuing Education, I was appointed as Conference Chair. We needed to get financial backing, educational credits, and a sound program.

The conference committee spent the next two years identifying the goals of the conference which were later to become the goals of future conferences, including the sharing of knowledge and fostering of research on health problems of the Chinese in America. The University of California San Francisco also agreed to co-sponsor the inaugural program, and grant CME credit. I was pleased that Dr. Collin P. Quock volunteered to serve as Chair of the Scientific Program. This would assure scholarship and quality. He was instrumental in setting up a program which would also address the issues of eastern medical care, including Chinese herbs and acupuncture along with a broad range of topics reflecting the many aspects of care for the Chinese. A number of medical staff members also agreed to "guarantee" the conference, so that it would be fiscally sound. The participants all volunteered their time. San Francisco Foundation generously sponsored the Proceedings.

It has been twenty years since the first conference. Out of the conference programs has grown the Federation of Chinese American and Chinese Canadian Societies (FCMS). The conference was also the opportunity for rooting the Asian American Health Forum which would become the Asian and Pacific Islander American Health Forum (APIAHF). APIAHF has been at the forefront carrying the message of Asian health needs on the federal and regional level. The FCMS now has responsibility for the conference, and is developing a foundation for continued service to the community.

It is fashionable today to discuss the disparities in the different ethnic populations in America. Twenty years ago, I was privileged to Chair the first conference in North America to address this issue for the Chinese minority. In the next twenty years, the role of the Conference will surely change, but I hope it will remain an opportunity to share experiences and focus attention on the changing needs of our Chinese community.

Edward A. Chow, M.D.

The Inception of FCMS

by David T.W. Chiu, MD, FACS, FAAP
Primary Founder and Founding President, FCMS

During the concluding moments and gaiety of the well-orchestrated Fifth Conference in Toronto in 1990, after a high spirited bidding for the privilege to host the 1994 Conference was determined by a slim margin in favor of New York, I rose to thank the members of the Conference Committee for the honor and to acknowledge the gallantry of the Vancouver delegates. Moved by the comradery that was permeating and energized by the enthusiasm that was sizzling, I divulged a desire to see all the physicians of Chinese in North America unite and crystallize into a cohesive group that will devote its resources to research that are pertinent and unique to the Chinese living on this continent, and to promote investigations that may help to decode the metaphors of Chinese medicine. The vision is to build a critical mass of physicians of Chinese descent to make our voices heard, our interests count, to build a foundation upon which our posterity can raise a monumental tower bathing in the golden glory of our cultural heritage, in the field of medicine in North America. I proposed that we shall form a federation.



The response was overwhelming. Following a feverish deliberation, I was given the responsibility to convene and Chair an Exploratory Committee to form this federation. I sought and was blessed with the guidance and partnership of Dr. Harry Lee, inspiring dedication of Dr. John Chiu, Dr. Hseuh-hwa Wang, Dr. John Li, Dr. Sun Hoo Foo, Dr. Ed Chow, and many others. In the ensuing four years this committee met in countless places, in all imaginable forms. We brainstormed, we debated, we philosophized, we compromised. With unyielding dedication, unparalleled mutual respect and comradery we clarified our vision, defined our mission, formalized the organizational architecture, drafted the Constitution and Bylaws, constructed the financial framework, set the fee structure, picked the name, and finally designed the logo. The concept, the name "Federation of Chinese American and Chinese Canadian Medical Societies" (FCMS), the organizational blueprint, the Constitution and Bylaws, and the logo were presented to and ratified by all seven constituent member organizations. As a finishing touch, the Chinese Hospital Medical Staff as the originator of the Biennial Conference which provided the birthplace of the federation, voted to transfer the duty of conducting the Biennial Conference to FCMS.

the FCMS is born...

On July 1, 1994 during a magnificent gathering at the Sheraton Conference Center in New York City, FCMS was inaugurated. As Chairman of the Organizing Committee of the Federation, I had the privilege of recognizing the respective Presidents of each constituent Society, introducing the Chairman of the FCMS Board of Directors Dr. Harry Lee, and each of the members of the Board. As the FCMS was born I was assigned the duty to serve as its President.

It has been eight years since the inception of FCMS. The eight growing years have tested the will and resolve of this organization, and witnessed the flame of its ideal continue to rise and glow in the wind.

Reflections of FCMS Historian

by Dr. John H.C. Chiu



In 1981, when the Chinese Hospital in San Francisco was organizing the very First International Conference on Health Problems Related to the Chinese in North America, Dr. John Chiu, then the President of the Federation of Chinese Canadian Professionals (Ontario) as well as the President of the Chinese Canadian Medical Society (Ontario), responded to the call to endorse as well as participate at the Conference, held in San Francisco in 1982. With that, started Dr. Chiu's 20 years of involvement with the vision and goal of bringing the Chinese American and Chinese Canadian medical and health organizations together to improve the status of health of the Chinese. Since then Dr. Chiu had been with the National Steering Committee from the beginning, and attended all the 10 biennial conferences. In 1990, he also chaired the 5th Conference held in Toronto. Dr. John Chiu has served as Vice-President of FCMS in 1994-96, President in 1996-98, and as the Chairman of the Board in 1998-2000, as well as the Historian of the FCMS from its inception until now.

The FCMS is a unique organization which brings together all the major medical societies with members of Chinese ethnic origin in United States and in Canada. The common goal is to enhance the health care delivery to the Chinese living in North America through education, information exchange, data analysis and research. The formation of this organization has taken years of ideas and efforts of many dedicated people who have worked together in the common arena of biennial North American Conferences on Health Problems related to the Chinese. FCMS is still in its infant stage, and will need the support and encouragement from all of you to ensure its further development on its worthwhile endeavors.

Chronology of events:

1981

The idea of having a Conference on Health Problems of the Chinese in North America started with the Chinese Hospital in San Francisco.

1982

First Conference: On May 22, 1982, over 200 doctors gathered in San Francisco to discuss the health problems related to the Chinese in North America. It was the first Conference of its kind, hosted by the Chinese Hospital Medical Staff.

Following the conference a Steering Committee, composing of representatives from seven North American Chinese medical organizations, was officially formed to continue setting guidelines and policies for future conferences. The *National Steering Committee* was formed with participation of the Chinese Hospital of San Francisco, the Chinese American Physicians Society of East Bay, Oakland, the Chinese Physicians Society of Southern California of Los Angeles, the Chinese Canadian Medical Society of Ontario (Toronto), the Association of Chinese Community Physicians of San Francisco, and American Center for Chinese Medical Sciences of Virginia, and the Chinese American Medical Society of New Jersey. Its Founding Chairman was Dr. Edward Chow of San Francisco.

1984

2nd Conference on August 18-19 in Los Angeles, hosted by the Chinese Physicians Society of Southern California.

1986

3rd Conference on August 23-24 in New York City, hosted by the Chinese American Medical Society. New Chairman of Steering Committee was Dr. Harry Lee.

1988

4th Conference on April 22-23 in San Francisco, hosted by the Chinese Hospital Medical Staff of San Francisco. New members were added to the Steering Committee: Chinese Physicians of Chinatown of Los Angeles, the Chinese Canadian Medical Society of Quebec (Montreal), and the Chinese Canadian Medical Society of British Columbia (Vancouver).

1990

5th Conference on June 23-24 in Toronto, hosted by the Chinese Canadian Medical Society (Ontario). North American Steering Committee to organize the Federation of Chinese American and Chinese Canadian Medical Societies, to be set up and chaired by Dr. David Chiu.

1991

the *Ad Hoc North American Steering Committee* for the FCMS met in New York City on November 10. Members consisted of Dr. David Chiu (NY), Dr. Hsueh-hwa Wang (NY), Dr. John Li (NY), Dr. Harry Lee (SF), and Dr. John Chiu (Tor). Preliminary Constitution & Bylaws were drawn up.

1992

6th Conference on Jun 18-21 in San Francisco, hosted by the Chinese Hospital Medical Staff.

Additional new member joining the National Steering Committee: Chinese Community Health Care Association. Dr. Harry Lee was appointed as chair of the Ad Hoc Committee on the formation of the FCMS.

1993

The Ad Hoc Committee met in NYC on July 31, and approved the final version of the FCMS Constitution & Bylaws.

1994

The *Federation of Chinese American and Chinese Canadian Medical Societies (FCMS)* was formally incorporated on June 13, 1994 in the State of California.

7th Conference on July 1-3 in New York City. Inauguration of the FCMS was held on July 2nd.

Chairman of the Board: Dr. Harry Lee; President: Dr. David Chiu.

1995

FCMS Board meeting on August 25 in Vancouver. Started to take over the functions of the National Steering Committee in handling the biennial conferences. By-laws revisited. Mission statement revisited.

1996

8th Conference on August 22-25 in Vancouver, hosted by the Chinese Canadian Medical Society (BC).

FCMS new Chairman: Dr. David Chiu; new President: Dr. John Chiu; Volunteer Executive Director: Dr. Harry Lee.

1997

FCMS Board Retreat on February 28- March 2 in Palm Springs: Vision of the future. FCMS Logo adopted.

FCMS Board meeting on August 8-10 in Montreal: organizational issues.

1998

FCMS Board meeting on January 17-18 in San Francisco: started to produce educational pamphlets.

9th Conference on August 20-23 in Los Angeles, hosted by the Chinese American Medical Association of Southern California. FCMS

Board meeting on August 20: to develop website, and to consider developing research projects. New Board Chairman: Dr. John Chiu; new President: Dr. Collin Quock; Associate Executive Director: Patricia Chung.

1999

FCMS Board meeting on February 20 in San Francisco: to start on the Advisory Council project.

Inauguration of the FCMS Advisory Council on June 27 in Los Angeles. Coordinator of Advisory Council: Dr. David Chiu; Chairman of FCMS Advisory Council: Mr. David Tseng. FCMS Board meeting on November 20 in New York City: to produce FCMS brochure and newsletter.

2000

FCMS Board meeting on March 10 in Vancouver, in conjunction with the Inauguration of the Association of Chinese Canadian Professionals (BC), or ACCP. Additional new members of FCMS are Association of Chinese Canadian Professionals (BC), and Philippine Chinese American Medical Association of New York.

10th Conference on June 30-July 1 in San Francisco, hosted by the Chinese Hospital Medical Staff of San Francisco. FCMS Board meeting on June 29. New Board Chairman: Dr. Collin Quock; new President: Dr. Hsueh-hwa Wang.

2001

FCMS Board Retreat was held in February in Los Angeles: to establish a FCMS Foundation; Generous donation from CAMS for Anniversary Booklet; revised FCMS Mission Statement. FCMS Board meeting on October 6 in Toronto, in conjunction with a one-day medical seminar organized by the Chinese Canadian Medical Society (Ont).

2002

11th Conference on May 25-26, 2002 in New York City, hosted by the Chinese American Medical Society. Celebration of 20th Anniversary of the biennial conference.

First Conference

May 22-23, 1982
Holiday Inn/Financial
District
San Francisco, CA

Sponsored by
Chinese Hospital Medical Staff

Co-sponsored by
The University of California
School of Medicine,

Conference Chair:
Edward A. Chow, MD

Scientific Program Chair:
Collin P. Quock, MD



First Conference *Program Outline*

Saturday, May 22, 1982

- 08:15 Welcome: Dr. Russell D. Woo, Chief of Staff, Chinese Hospital
- 08:30 Abstract Session 1: Chairman- Dr. Collin P. Quock
- Risk Factors in Myocardial Infarction Among the Chinese in San Francisco (Collin Quock, MD, San Francisco)
 - Clinical Course in Acute Myocardial Infarction Among the Chinese in San Francisco (Collin Quock, MD, San Francisco)
 - Infant Feeding Practices and Food Intake of Chinese Infants (Catherine Wong, RD, MPH, San Francisco)
 - The Prevalence of Hypertension Among the Chinese (Amnon Igra, PhD, Sacramento)
 - Dietary Practices, Ethnicity and Hypertension: Preliminary Results of the 1979 California Hypertension Survey (Virginia Jang, MS, RD, Sacramento)
- Abstract Session 2: Chairman- Dr. Raymond Fay
- Epidemiology of Benign Prostatic Hyperplasia in San Francisco Chinese (Raymond Fay, MD, San Francisco)
 - Differences Among Chinese Patients on Chronic Hemodialysis- Is Asian Ancestry a Factor? (Wesley Jan, MD, San Francisco)
 - An Epidemiological Study of Gouty Arthritis in the Chinese in San Francisco (Michael Chan, MD, San Francisco)
 - Chronic Hearing Loss in the Chinese American Population (Bernard Kramer, MD, San Fr)
- 9:45 Recess
- 10:00 Panel 1: Dietary Influences on Cardiovascular Diseases Among Chinese in America
- Heart Disease & Dietary Influences Among Chinese American Children (Robert Popper, MD, San Francisco)
 - Heart Disease & Dietary Influences Among Chinese American Adults (Collin Quock, MD, San Francisco)
 - Practical Dietary Control Given the Chinese Diet (Janice Louie, RD, San Francisco)
- Panel 2: Renal Stone Disease in Chinese Americans
- Epidemiology of Renal Calculus Disease and Management of Staghorn Renal Calculus in Chinese (Raymond Fay, MD San Francisco)
 - Interventional Radiology in Renal Stone Disease (Jon Shanser, MD, San Francisco)
 - Medical Aspects of Kidney Stone Management (S. Jack Kronfield, MD, San Francisco)
- 11:30 Lunch Speaker **Dr. Francis Sooy, Chancellor, University of California, San Francisco "The University and the Chinese Community"**
- 13:00 Abstract Sessions 3: Chairman- Dr. Russell D. Woo
- Health Statistics of the Chinese American in San Francisco (Rolland Lowe, MD, San Fr)
 - Clonorchiasis of the Biliary Tract (George Lee, MD, Oakland)
 - Primary Hepatobiliary Lithiasis (Russell Woo, MD, San Francisco)
 - Intestinal Parasitic Infections in Immigrants from China and Southeast Asia- A Comparison (Arthur Chen, MD, New York)
 - Practical Solutions to Nutritional Problems of Indochinese Newcomers (Catherine Wong, RD, MPH, San Francisco)
- Abstract Session 4: Chairman- Dr. Huo Chen
- Thyrotoxicosis Among the Chinese (Andrea Blum, MD, San Francisco)
 - Thyrotoxic Periodic Paralysis, An Unusual Presentation of Thyrotoxicosis in Oriental Men (Paul Gee, MD, San Francisco)
 - Pleural Effusions Caused by Tuberculosis in Elderly Chinese (Crawford Chung, MD, San Fr)
 - Carcinoma of the Lung in Nonsmoking Chinese Females (Jerold Green MD, San Francisco)
 - Patterns of Malignant Lymphoma Observed in Chinese American Patients (Paul Ortega, MD San Francisco)
- 14:30 Recess
- 14:45 Panel 3: Hematology/ Oncology
- Trophoblastic Disease- UCSF Experience (Carolina Braga, MD, San Francisco)
 - Primary Liver Cancer (Michael A. Friedman, MD, San Francisco)
 - Recent Advances in Thalassemia (Yuet Kan, MD, San Francisco)
- Panel 4: Pulmonary Disorders Among the Chinese in America
- Chronic Cough in the Chinese (Huo Chen, MD, Los Angeles)
 - Hemoptysis (Crawford Chung, MD, San Francisco)
 - Current Therapy of Pulmonary TB (Gary Slutkin, MD, San Francisco)
 - Epidemiology of Lung Cancer in Chinese Women (Anna H.T. Wu, MPH, Los Angeles)
- 16:15 Recess
- 16:30 **Annual Lecture: Dr. John Ho, Consultant in Radiology & Oncology, Queen Elizabeth Hospital, Kowloon "Etiology and Control of Nasopharyngeal Carcinoma"**
- 19:30 Annual Award & Dinner- Celadon Restaurant

Sunday, May 23, 1982

- 8:00 Abstract Session 5: Chairman- Dr. Michael K. Chan
- the Anatomy of the Mongolian Eye and Its Relation to Complication in Cataract Extractions with Implants (Henry Y. Lee, MD, Los Angeles)
 - Intraocular Lens Implantation in Chinese Patients- Special Racial Anatomical Problems and Some Solutions (L. Eric Leung, MD, San Francisco)
 - Allergic Eye Diseases in the Chinese Population (Shiu Y. Kwok, MD, San Fr)

- Cockroach Allergy- A Major Cause in Perennial Allergic Rhinitis and Asthma (Terrance T. Chang, MD, San Francisco)

- Pruritis Chinese (Jane Lee, MD, San Francisco)

- Intestinal Parasites- A Survey of Refugees and Immigrants (Terrence T. Chang, MD, San Fr)

Abstract Session 6: Chairman- Dr. Rolland C. Lowe

- Symbolic Meaning of the Body in Chinese Culture (May Tung, PhD, San Fran)

- The Experience of the Min An Health Center to Date (Jennifer Mei, MA, San Fr)

- A Clinical and Socio-Demographic Profile of Acupuncture Treatment Patients (Nolan W.S. Zane, MD, San Francisco)

- The Most Common Herbs Used by the Chinese Community in America (Wing-tong Ho, CA, San Francisco)

Abstract Session 7: Chairman- Dr. Edward Chan, MD, Chinese Hospital

- Cancer Incidence Among the Chinese in the State of Washington (Kenneth Luk, MD, Seattle)

- Treatment of Nasopharyngeal Carcinoma with Interferon Epstein-Barr Virus (EBV) Serology and Clinical Results of a Pilot Study (Edison Liu, MD, Stanford)

- Nasopharyngeal Carcinoma- St. Francis Memorial Hospital Experience, 1972-1981 (Jerold P. Green, MD, San Francisco)

9:45 Panel 5: Psychosocial Problems of the Chinese in America- An Overview

- Cultural Determinants & Dynamics- The Role of Tradition and the Family (Desmond Fung, MD, Los Angeles)

- Social Determinants & Dynamics- the Role of the Social Milieu (Chalsa Loo, PhD, Santa Cruz)

- Psychiatric Illness Among Chinese Americans (Julia Lam, MD, Los Angeles)

- Innovative Approaches Using Cultural & Social Resources in the Community (Jonathan Lau, MSW, San Francisco)

Panel 6: Traditional Medicine

- Problems in Having Traditional Medicine Accepted by Organized Medicine and by Government Agencies (Jane Lee, MD, San Francisco)

- Difficulties in Researching the Effectiveness of Chinese Herbal Medicine (E. Leong Way, PhD, San Francisco)

11:15 Recess

11:30 **Lecture: Dorothy Rice, PhD, Director, National Center for Health Statistics, Maryland, "Health Status of the Chinese in America"**

12:30 Conference Summation

13:00 Adjournment

Concluding Summary

Edward A. Chow, MD

Conference Chairman

(May 23, 1982)

When the idea for this conference was conceived over three years ago, it was a dream during the time and the tribulations of those here in San Francisco who were trying to preserve the Chinese Hospital for this community. That crisis brought a new awareness to many of us who had not realized the importance of this facility to the health care of Chinatown. We became even more aware that in fact, not only was this facility unique, but in many respects, including customs and culture, our patient population was also unique. Many of the usual accepted Western customs were not so well accepted by our patients. We were often impacted by the mixture of Western and Eastern medicine: was this herb okay to take with that antibiotic? We were made aware that health problems were also increasing as the already crowded conditions of our community became even more crowded. Again, this was not an isolated phenomenon as more immigrants arrived from China and Asia, and as more Chinese spread throughout all parts of the North American continent, with the Chinese population increasing rapidly in cities such as Los Angeles, Monterey Park, New York, Vancouver, Toronto, Chicago.

A number of years ago, while I was going to school just a few short blocks from this hotel, and this hotel was the famous, or infamous, Hall of Justice you might remember from the old TV series, "the Streets of San Francisco", there was great concern that the population of 25,000 Chinese was spreading out of the city, and that Chinatown would become a mere skeleton of itself. Today, as Dr. Rice has just shown us, we can now at least be counted!

With this growth, of course, have come new problems. These include the need to understand diseases which were not often seen in the Occidental population (eg. nasopharyngeal carcinoma), and to recall previously common diseases in the U.S., such as parasites or tuberculosis, seldom seen except among these recent immigrants. I still recall a recent audio-digest tape on which a professor of medicine states that tuberculosis no longer need to be considered seriously, except perhaps in Pittsburgh. Cultural differences also require understanding as does ignorance toward the acceptance of Western medicine. As health professionals- doctors, nurses, social service people- we all need to know and learn so much more in order to understand our people and to be able to answer to their fears in order to help them achieve good health.

To a great extent our Chinese population has been integrated into the mainstream of medicine. Yet, as Dr. Russell Woo, our Chief of Staff, has stated in his message to us, it is important that we mix our knowledge with the culture of the people in order to achieve optimum results.

We started this venture as a beginning which we hope will lead to further such meetings with our colleagues. We look forward to being able to continue to share our knowledge with our fellow professionals, to be able to develop sufficiently valid pools of data to advance the science, and to be able to exchange ideas among our colleagues. We hope that this will lead to improved patient care. Many issues have not been addressed today. More questions have been raised than have been answered. This is as it should be. We do not have all the answers. Those are for the future to give us.

Your participation today has been an inspiration to all of us who had hoped that one day a beginning such as this could happen. I hope that this dialogue can continue, and that one day we will have the answers.

Second Conference

August 18–19, 1984
The Westin Bonaventure
Los Angeles, California

Sponsored by
Chinese Physicians Society of Southern California
Chinese Physicians for Chinatown
Taiwan Medical Society of Southern California
French Hospital of Los Angeles

Co-sponsored by
The University of Southern California, School of Medicine

Conference Chairman:
Huo Chen, MD



Second Conference *Program Outline*

Saturday, August 18, 1984

- 8:00 Symposium 1 Oncological Diseases in Chinese
- Salted Fish as a Primary Cause of Nasopharyngeal Carcinoma in Southern Chinese (Mimi C. Yu, PhD)
 - Surgical Oncology Viewpoints of the Nasopharyngeal Carcinoma (Matthew Tan, MD)
 - Surgical Oncology Viewpoints of the Colorectal Carcinoma (Matthew Tan, MD)
 - Surgical Oncology Viewpoints of the Esophageal Cancer (Matthew Tan, MD)
 - Radiation Therapy of Rectal, Esophageal and Nasopharyngeal Cancer (Joanne Jepson, MD)
 - Chemotherapy Aspects of Head and Neck Cancers, Esophageal Carcinoma and Colon Cancers (Chun Wen Yang, MD)
- 9:45 Recess
- 10:00 Symposium 2 Gastrointestinal Diseases in Chinese
- Overview of Common Gastrointestinal Disorders in Chinese (Shih-Lin Lue, MD, Los Angel.)
 - Gallstone- Medical vs Surgical Treatment (Dennis W.T. Lee, MD, Matthew Tan, MD, Los A)
 - Anorectal Problems in Chinese (Thomas C.T. Chiu, MD, Los Angeles)
 - Early Gastric Cancer (Shih-Lin Lue, MD, Los Angeles)
- Abstracts Session 1
- Dietary Factors of Frail Elderly Chinese in an Adult Day Health Care Center (Yan, A.Y.M., Wong, R., and Lee, H., San Francisco)
 - Nasopharyngeal Carcinoma in San Francisco 1972-1983 (Louie, Dexter, MD., Green, Jerold, MD., San Francisco)
 - Chinese Community Health Plan- A Socioeconomic Experience (Chow, Edward A., MD., Rolland, C, MD., San Francisco)
 - Epidemiological Profiles of Rheumatic Diseases in Bay Area Chinese (Chan, Michael, MD, San Francisco)
- 11:30 Lunch
- 13:00 Symposium 3 Psychiatric Problems in Chinese
- Diagnosis and Treatment of Depression Among Chinese (Ching-Piao Chien, MD, Los Ang)
 - Dosage, Side Effect and Efficacy of Psychotropic Medications in Chinese Patients (Keh-Ming Lin, MD, MPH, Los Angeles)
 - Mental Health and Cultural Assimilation in Chinese Americans (Stanley Sue, PhD, Los Ang)
- Abstracts Session 2
- Musculoskeletal Disease in Southern Chinese: What They Don't Have (Hoaglund, F.T., S.F.)
 - Dietary Management of Hypertension: Chinese Style (Wong, Catherine, RD, MPH., Lam, Miranda, RD, MPH, San Francisco)
 - Dietary Management of Renal Stone Disease in San Francisco Chinese (Lily A. Chun, CN., Raymond Fay, MD, San Francisco)
 - Screening for Iron Deficiency State and Thalassemia Trait in Young Chinese Children in Montreal (Alice Chan-Yip, MD, Montreal)
- 14:30 Recess
- 14:45 Symposium 4 Infectious Diseases in Chinese
- Infectious Diseases in Chinese Population in Los Angeles (Jong T. Huang, Los Angeles)
 - Tuberculosis in Asian Population (J. Sue Johnson, MD, Los Angeles)
 - The Prevention of Mother-to-Infant Transmission of Hepatitis B among Chinese in America (James Chin, MD, Berkeley)
- 16:00 Recess
- 16:20 Annual Lecture
- 19:30 Dinner and Awards Presentation

Sunday, August 19, 1984

- 8:00 Symposium 5 Cardiovascular Diseases in Chinese
- Clinical and Hemodynamic Aspects of Congestive Heart Failure (Michael J. Wong, MD, Los Angeles)
 - Graphic Diagnosis of Congestive Heart Failure (John H.C. Chiu, MD, Toronto)
 - Diagnosis and Treatment of Congestive Heart Failure in Chinese Traditional Medicine (Jane F. Lee, MD, San Francisco)
 - A Treatise of Ginseng (Collin P. Quock, MD, San Francisco)
 - Treatment of Congestive Heart Failure-1984 (Francis Y.K. Lau, Los Angeles)

Abstract Session 3

- Chinese Food: Is the Flavor of Sodium Health (Louie, Janice, RD, MA, San Francisco)
- The Treatment of Hepatocellular Carcinoma (S. Doggett, J. Mey, E. Chan, J. Green, Dept of Medicine and Radiation Therapy, St. Francis Memorial Hospital and Chinese Hospital, San F)
- Cancer of Colon and Rectum in Chinese (Wu, Anna H.T., PhD, Los Angeles)
- Promotion of Breast-Feeding in a Chinese Community in Montreal (Alice M. Chan-Yip, MD, Michael S. Kramer, MD, Montreal)

9:30 Recess

9:45 Symposium 6 Metabolic Disorders in Chinese

- Kidney Stone Disease (Raymond Fay, MD, San Francisco)
- Some Endocrinological Observations in Chinese in Los Angeles (Harry Weisman, MD, L.A.)
- Dietary Aspects of Chinese in America (Genevieve Ho, PhD, MPH, Los Angeles)
- Response of Chinese to Various Anesthetic Agents (Chingmuh Lee, MD, Los Angeles)

Abstract Session 4

- Polymyalgia Rheumatica and Temporal Arteritis in Chinese (Chan, Michael, MD, San Franc)
- A Two-Year Experience (1981-1983) of Fifty Cases of Endoscopy in Upper GI Bleeding (Yang, Frank, RC, San Francisco)
- On Lok Senior Health Services- Community Base Long-term Care (Lee, Harry, MD, San Fr)
- Surgical Nosocomial Infections in a Small Community Hospital (Moy, Grant, and Ovadia, Ester., San Francisco)

11:15 Recess

11:30 Conference Summation

12:00 Adjournment

Conference Epilogue

Huo Chen, MD

Conference Chairman
(August 19, 1984)

Two hundred medical professionals were registered at the conference. They came from different parts of the world and gathered together to share their knowledge of health problems related to the Chinese in America and also to exchange ideas to improve the quality of care for our fellow Chinese patients in America.

With the limited time we had in one and half days, we learned that nasopharyngeal carcinoma is one of the most common malignancies in the Southern Chinese related to the ingestion of Cantonese-style salted fish. America-born second generation Chinese still maintain the risk of developing this tumor. Esophageal cancer is endemic in the Northern part of China in contrast to nasopharyngeal carcinoma in the South. We must keep in mind that the incidence of hepatocellular carcinoma, colon and rectal cancer among Chinese are higher than the Caucasian. We also learned that there is a high number of depressed Chinese and they respond clinically to a smaller dose of antidepressants than Caucasian patients. Anesthesiologists should be aware that Chinese might respond to anesthetics with a sensitivity greater than the Caucasian patients; the problems of adverse reactions of anesthetics can be prevented and managed. Besides the higher resistant strain of M. Tuberculosis to INH in the Chinese population, we now found that parasitic diseases are very commonly seen in the Chinese immigrants. In addition to the higher incidence of hypokalemic periodic paralysis in our Chinese hyperthyroid patients, the relative intolerance and sensitivity to milk and alcohol should be kept in mind. We discourage our fellow Chinese from overuse of highly salted foods and seasoning since we have learned that some of the diseases among our fellow Chinese is related to dietary habits.

It was our honor to have Dr. March Fong Eu, the Secretary of State of California and Councilman Lily Chen, the Mayor of the city of Monterey Park joining us in the conference dinner. Their presence was the highlight of the evening. Dr. Thomas E. Malone, Chairperson, Task Force on Black and Minority Health, U.S. Department of Health and Human Service sent his representative Dr. Katrina W. Johnson, Study Director for the Task Force to participate in the various activities in this conference suggesting that our hard work for the Conference on Health Problems Related to the Chinese in America have been recognized at the federal level.

I must thank my wife for her invaluable support allowing me to spend the time necessary to prepare for this conference. Many thanks to my colleagues for the assistance which made this conference possible. The First and Second Conferences have become history. Your participation today has given us a guarantee of success for future conferences.

Third Conference

August 23-24, 1986

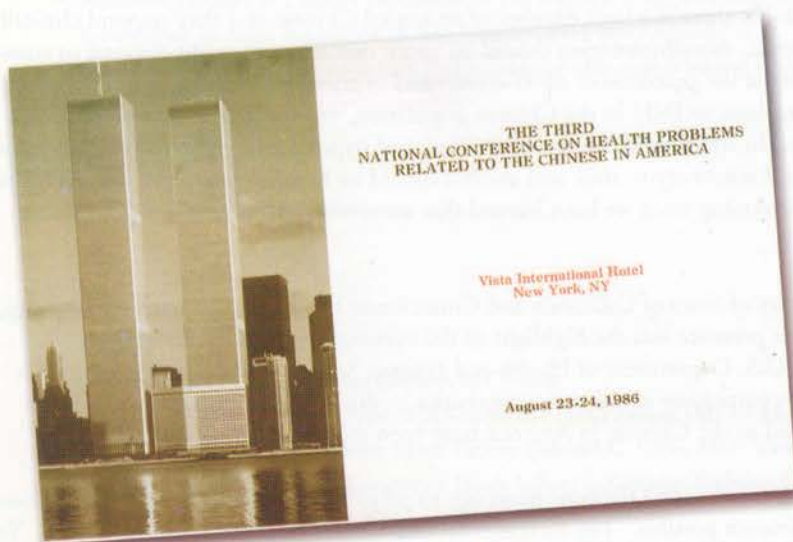
Vista International Hotel, World Trade Center
New York City

Co-sponsored by
The Chinese American Medical Society
The College of Physicians & Surgeons of Columbia University

Conference Chair:
Hsueh-hwa Wang, MD

Scientific Program Chair:
David T.W. Chiu, MD

Administrative Committee Chair:
Lillian Chen, MD



Third Conference *Program Outline*

Saturday, August 23, 1986

- 8:30 Symposium 1 Psychiatric Problems of Chinese Americans
- Identity Issue of Chinese Americans (Albert Gaw and Paul Yin)
- Self Image of Chinese American Adolescents (Clarence L. Chen, Dorothy Yang)
- Drinking Patterns Among the Chinese (William Liu)
- Chinese Americans Cross Culture Psychological Adjustment with Emphasis on the Elderly (Marpus Lim)
- Symposium 2 Traditional Chinese Medicine and Acupuncture
- Heavy Metal Poisoning from Chinese Medications (Lilian Chiu)
- Chinese Plant Antitumor and Antimalarial Agents (Kuo-Hsiung Lee)
- Acupuncture in Office Practice: Personal Experience (Shyh-Jong Yue)
- Analgesic Effect of Laser Photobiostimulation Shown by Rat Tail Flick Test (Wen-Hsien Wu)
- 10:15 Coffee Break
- 10:30 Symposium 3 Hypertension and Diabetes
- Panel Presentation and Discussion on the Chinese Diet:
- Dietary Influence on Hypertension and its Complications (Stephen Louie)
- Dietary Management of Diabetic Patients- with Special Reference to the Chinese Patient (Jir Shiong Tsai)
- Composition and Constituents of some Typical Chinese Meals (William Lowe)
- A Dietitian's Point of View (Janice Louie)
- Recent Advances of Antihypertensive Therapy (Thomas Hui)
- Recent Advances in Diabetes Mellitus (Tah-Hsiung Hsu)
- 10:30 Symposium 4 Recent Advances in Ophthalmology Pertaining to Chinese Americans
- Common Eye Disorders Among the Chinese in New York City (Newton Chin)
- Age-related Macular Degeneration Among Chinese in Hong Kong- An Hypothesis (Patrick C. Ho)
- Retinal Disorders with Emphasis on Macular Degeneration (Mei-Mei Chang)
- Six Years Experiences of Radial Keratotomies in Taiwan (Te-Tsaw Chen)
- Lasers in Ophthalmology with Emphasis on Panretinal Photocoagulation in the Management of Diabetic Retinopathy (King Y. Lee)
- Ophthalmic, Plastic and Orbital Surgery (Don Liu)
- Pseudophakic Glaucoma Update (Pei-Fei Lee)
- 12:30 Luncheon Address: "Technology for Tomorrow's Medicine" by Samuel Lin
- 14:00 Symposium 5 Cancer
- Epidemiological Observations of Cancer in Chinese (Frederic Li)
- Chinese Diet and Cancer Prevention (Chung S. Yang)
- Nutrition and Cancer Therapy (Charlotte Tan)
- Abstract Presentations
- Primary Malignancies at Chinese Hospital (R. Wong, P. Ortega, C.P. Quock)
- Cost Effectiveness in the Frail Elderly (Harry Lee)
- Convergence of Mortality Pattern Among General U.S. Chinese Population and Chinatown Residents (Haitung King and Frances B. Locke)
- Glaucoma in the Chinese Population (Shiu Y. Kwok and Primrose Wong)
- Neurologic Complication of Leprosy- Report of Cases from the Toronto Area (Joseph Y. Chu)
- Health Conditions in New York Chinatown: A Decade of Changes (Thomas Tam)
- 15:30 Symposium 6 Dental Problems of the Chinese (Teeth, Tooth, and Toothless)
- Dental Caries in the Chinese (Winston Chen)
- Periodontal Problem in Chinese Americans (Ben Yeh)
- Dental Malocclusions (Frances Eng)
- Symposium 7 Epidemiological Studies
- Health Status of Chinese Americans in New York City (Harold Chin)
- Hypertension Control Program (Chuck W. Lee)
- Intestinal Parasitic Infections in Immigrants from China and Southeast Asia (Margaret Lee)
- Nutritional Status Survey of Boston Chinese Community (Elaine S.K. Choi)
- 16:30 Coffee Break
- 16:45 **The First Quen Sau-Nam Memorial Lecture (Keynote Address): Paul N. Yu**
"Cardiovascular Diseases of Chinese Americans"
- 19:00 **Banquet Dinner at Window of the World Restaurant**

Sunday, August 24, 1986

- 8:30 Abstract Presentations 2
- Dealing with Uncertainty in Clinical Medicine (H. Ho Ping Kong)
 - Experiences with a Home Nursing Service in San Francisco's Chinatown (C.P. Quock, A. Chung, D. Lew, and V. Seid)
 - Community Psychiatry as Applied in a Canadian Chinese Population (Peter Chang and H.T. Lo)
 - Stress Life Events, Coping, Social Support, Social Network and Locus of Control in Relation to Psychological Symptoms of Chinese Elderly in the U.S. (Yih-Jia Chang)
- Abstract Presentations 3
- Percutaneous Nephrostolithotomy and Ureteroscopic Stone Manipulation and Extraction in Chinese Patients with Stone Disease (Raymond Fay)
 - Cystic Fibrosis in a Chinese Boy (Jiu-Yao Wang, Keui-Hsion Hsieh, Mei-Hwei Chang, Jukei-Yun Hsu and Hung Chi Lue)
 - Lower Extremity Amputations in Chinese with Vascular Insufficiency (Russell D. Woo)
 - Alpha Thalassemia Minor in Chinese-Americans: the HB H Preparation (Phillip R. Daoust and Elaine S.K. Choi)
- 9:30 Symposium 8 Health Services Delivery to the Chinese American Population
- Introduction (Jacob Chen-Ya Huang)
 - The Hospital Perspective (Josephine Tsuei)
 - Views from a Community Organization (Charles Wang)
 - Views from a Medical Society (Michael Chen)
 - Views from a Community Health Clinic (Jane T. Eng)
 - Experiences from the San Francisco Area (Edward A. Chow)
- 9:30 Symposium 9 Pulmonary Diseases
- Tuberculosis Program at the Chinatown Health Clinic in New York City (Donald Armstrong)
 - Asthma Among Chinese as Compared with Other Races (H. William Harris)
 - Epidemiology of Respiratory Diseases in China (Zheng-Bo Huang)
 - Lung Cancer in Chinese Populations Residing Outside Mainland China (Thomas King)
- 11:30 Coffee Break
- 11:30 **Special Lecture: Chu-Huai Chang "Nasopharyngeal Carcinoma Among the Foreign- and Native-born Chinese in the U.S.A. - Epidemiologic and Therapeutic Consideration"**
- 12:30 Meeting Adjourns

Message from the President of Chinese American Medical Society

David T.W. Chiu, MD

President, 1986

Chinese American Medical Society

On behalf of the Chinese American Medical Society, I would like to welcome you to the Third Conference on Health Problems Related to the Chinese in America. As our predecessors have envisioned, the Conference is to serve as a forum for sharing information among investigators and practitioners of diverse background but having in common an interest in cross-culture approach in health care delivery, in the study of hereditary versus environmental effects on pathogenesis of diseases and in the treatment of diseases prevalent among the Chinese in America.

There are several stumbling blocks in health care delivery to the Chinese Americans. Helping a Chinese immigrant family to adopt the American healthcare delivery system may require social and philosophical considerations. The concept of preventive medicine need to be instigated. Availability of clinics, social services and welfare facilities need to be made well known. To seek out the proper physician among the plethora of specialists may need direction. It is empirical for physicians tending the Chinese American communities to have an efficient system to achieve this orientation.

The Chinese in America is, at this junction of time, in a rather unique position. We, as an ethnic group, is probably the most homogenous in this heterogeneous American society. The presence of specific problems of the Chinese Americans stages an opportunity for epidemiological studies on which we should capitalize.

A concerted effort should be made to further our understanding of Chinese medicine widely available in the Chinese community in this country. Further, the therapeutic potentials and untoward side effects of these medications should be made aware to all physicians. Lastly, treatment regimen of common disorders among Chinese are of personal concern to all Chinese Americans and should be thoroughly explored.

It is my sincere wish that the Third Conference will be a step forward toward these goals. I trust that, under the able leadership of Dr. H.H. Wang, this Conference will be a memorable experience for all of us fortunate enough to be a participant.

Fourth Conference

April 22-23, 1988

Hotel Meridien

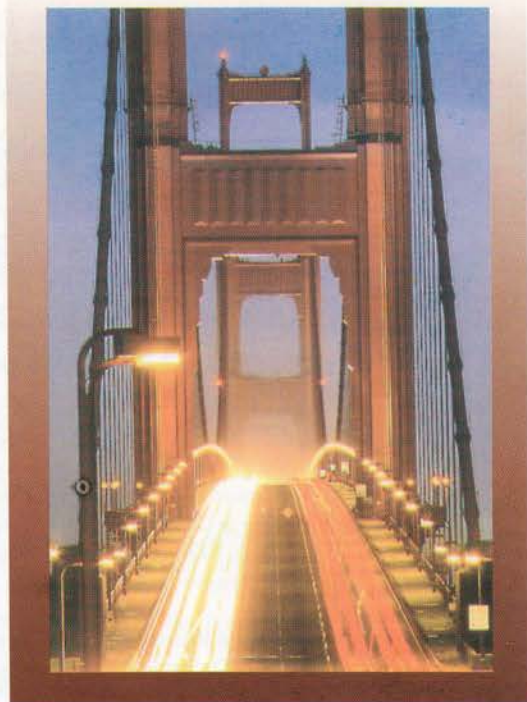
San Francisco

Sponsored by
Chinese Hospital Medical Staff

Co-sponsored by
University of California School of Medicine

Conference Chair:
Collin P. Quock, MD

Conference Co-chair:
Gregory Fung, MD



Fourth Conference *Program Outline*

Friday, April 22, 1988

- 8:00 Opening Plenary Session
- 8:15 Lecture "Clinical Approaches to Hyperthyroidism in the Chinese"
 - Francis S. Greenspan, MD
- 9:00 Panel A Elder Abuse in the Chinese Community
 - Definition and Assessment of Elder Abuse in the Chinese Community (Paula Yap MSW, SF)
 - The Traditional Chinese Value of Filial Piety: Implications for the Social Status of the Elderly and the Concept of Elder Abuse (Elena S. Yu, PhD, Chicago)
 - Chinese Perspectives on Abuse (Rudy Kao, LCSW, San Francisco)
 - A Community Approach to Elder Abuse (Anni Chung, MSW, San Francisco)
- Panel B AIDS Among the Chinese in America
 - Panelists: Gifford Leung, MD, San Francisco, James Chin, MD, Geneva, David Ho, MD, Los Angeles
- 10:15 Recess
- 10:30 Abstract Session 1
 - Qi Gong, A Chinese Exercise for Fitness and Health (Jane Lee, MD, San Francisco)
 - Neonatal Behavioural Assessment of Chinese Babies in Hong Kong (Lillian Yang Yang Ko, MB, BS, Hong Kong)
 - Risk Aversion and Utility Function of Health Among Chinese in New York City's Chinatown (Thomas Tam, PhD, New York)
 - Standardization of the Reynell Developmental Language Scales- Chinese Version (Cantonese) (Lillian Yang Yang Ko, MB,BS, Rose Mak, Hong Kong)
 - Diagnosis and Treatment of Depression: A Cross-Cultural Perspective (Edmond H. Pi, MD, Los Angeles)
 - A General Health Assessment of Chinatown's Restaurant Workers (Karen Chau, Easter Chiu, Dean Har, John Lui, Ord Sarabanchong, Chin Tang, Eugene Wong, New York)
- Abstract Session 2
 - Nephrotic Syndrome in the Asian Population in the San Francisco Bay Area (Elizabeth Kuo, MD, Fred Lui, MD, San Francisco)
 - The Role of Transrectal Ultrasound of the Prostate in the Early Diagnosis of Low Volume Adenocarcinoma of the Prostate (Raymond Fay, MD, Richard Jacobs, MD, John Schrumptf, MD, Richard Lo, MD, San Francisco)
 - IgA Nephropathy in Chinese-Americans (S. Jack Kronfield, MD)
 - Are Asians Over-represented Among Dialysis Patients? (Wesley H. Jan, MD, San Francisco)
 - Use of Intestinal Segments in Reconstructive Surgery of Genitourinary Tuberculosis (Richard K. Lo, MD, Raymond Fay, MD, San Francisco)
 - Lotus Feet (Martha Mottram, MD, John Martin, MD, San Francisco)

Abstract Session 3

- Five Cases of Pernicious Anemia in San Francisco Chinese (Edward Y.C. Chan, MD, Collin P. Quock, MD, Daniel Chan, MD, San Francisco)
- Lipoproteins and Apolipoproteins in Chinese-Americans (Elaine S.K. Choi, MD, Ernst J. Schaefer, MD, Gerard E. Dallal, PhD, Robert B. McGanday, MD, Boston)
- Acute Myocardial Infarction in the American Chinese- the Application of a Prognostic Index for the Chinese (K.S. Woo MB,BS, Hong Kong, Shu-Wing Chan, MD, Randall Low, MD, Collin P. Quock, MD, San Francisco)
- Nutrition Action at Heart Day '87 (Catherine Wong, RD, MPH, San Francisco)
- San Francisco's Chinese Community Heart Awareness Programs (Edward A. Chow, MD, Chu-Wing Chan, MD, San Francisco)
- Nutritional Status of Chinese at Community Fair 197 (Catherine Wong, RD, MPH, San Fr)

12:00 **Lunch Lecture "1978-1988- One Instance of Progress in Health Care"**
Rolland C. Lowe, MD

13:30 Panel C Educating the Chinese Patient in Self-Care

- Educating the Chinese Patient in Self-Care (Priscilla Choy, RN, San Francisco)
- Communicating with Chinese Patients- An Hawaiian Perspective (Gerald Ohta, PD, Hawaii)
- Perinatal Education at Asian Health Services (Linda Okahara, Health Education Coordinator, Oakland)
- Patient Teaching at Chinese Hospital (Beverly T. Low, RN, San Francisco)

Panel D Low Back Pain Syndrome- Different Approaches

- Low Back Pain Syndrome- Cross-Cultural Approaches (Russell D. Woo, MD, June F. Lee, MD, John Wong, MD, Leo Cheng, MD, San Francisco)

15:00 Controversy- Should Routine Annual Mammography be Performed on Chinese Women Over the Age of Fifty?
(Robert C. Lim, MD, San Francisco, Edward A. Sickles, MD, San Francisco)

15:40 Recess

16:00 **15th Chinese Hospital Annual Award Lecture "AIDS- A Global View"**
James Chin, MD, MPH World Health Organization

18:30 **15th Annual Award Banquet Empress of China Restaurant**

Saturday, April 23, 1988

- 8:15 Cheng Scholars Panel (established in 1986, is a new educational project of the School of Medicine of the University of California, SF, which offers research fellowships for outstanding medical scholars of the People's Republic of China)
- Differential Effects of Human Platelets on Plasminogen Activation by Tissue-Plasminogen Activator, Urokinase and Streptokinase (Shu-Wei Gao, MD, Dept of Cardiology, Peking Union Medical College, Marc A. Shuman, MD, University of California, San Francisco)
 - Promoter Region of the Human Placental Alkaline Phosphatase (PLAP) Gene (Hong Liu, MD, Sun Yat-Sen Memorial University of Medical Sciences, Guangzhou, Lu-Ping Shen, MD, Shanghai Institute of Biochemistry, Chinese Academy of Science, Yuet Wai Kan, MD University of California, San Francisco, Wing Kam, MD, San Francisco)
 - Research of Globin Gene Regulation Using Transgenic Mice (De-pei Liu, MD, PhD, Dept of Hematology, Peking Union Medical College, Yuet Wai Kan, MD, Univ of California SF)

9:00 Panel E Medical Problems Special to Chinese Women

- Culture and Tradition in the Care of the Chinese-American Obstetrical Patient (Ming Quan, MD, San Fr)
- Acupuncture and Female Medicine (Daren Chen, San Mateo & Beijing)
- Thalassemia in Pregnancy (Russell K. Laros, Jr, MD, San Francisco)
- Gestational Trophoblastic Neoplasia (Carolina A. Braga, MD, San Francisco)

Panel F Medical Delivery Systems and the Chinese Minority

- Medical Delivery Systems and the Chinese Minority, Introduction (Edward A. Chow, SF)
- Medical Delivery Systems and the Chinese Minority in Canada (John H.C. Chiu, MD, Tor)
- A Community-Owned Health Plan, A Unique IPA/HMO (Edward A. Chow, MD, San Fr)
- How a Statewide Insurer Responds to the Needs of the Chinese Community (Brian Gould, MD, San Francisco)
- Meeting Special Minority Needs: the Perspective of an IPA-Model HMO in the San Francisco Bay Area (Allan J. Chernov, MD, San Francisco)

10:15 Recess

10:30 **Second Quen Sau-Nam Memorial Lecture**

"Liver Disease Among the Chinese- Is Conquest in Sight?"

Myron J. Tong, MD, PhD, Chief, Liver Center, Huntington Memorial Hospital, Pasadena, CA

12:00 **Lunch Lecture "The Impact of Pacific Rim Geopolitics on Medicine and the Chinese Community in San Francisco"**
Julius R. Krevans, MD, Chancellor, University of California, San Francisco

13:30

Abstract Session 4

- A Study of the Refractive Power of the Eyes in the Chinese (Shiu Y. Kwok, MD, SF)
- Radial Keratotomy in Myopic Asians (Wayne E. Fung, MD, Richard L. Abbott, MD, SF)
- Glaucoma in the Chinese (Part 2): Relation of Intraocular Pressure with the Depth and Volume of the Anterior Chamber (Shiu Y. Kwok, MD, San Francisco)
- Possible Increased Frequency of Primary Intracranial Tumors in Chinese-Americans of San Francisco (L. Eric Leung, MD, San Francisco)
- Snoring and Sleep Apnea (Bernard Kramer, MD, San Francisco)

Abstract Session 5

- Comparison of Asian and Non-Asian Obstetrical Population in Private Practice: An Eleven-Year Retrospective Study: Primary Caesarean Section Rates (Judith Leong Mates, MD, Wendy Ostrow, RN, San Francisco)
- Breast Cancer at Chinese Hospital- A Seven-Year Experience (Francis Yu, BS, Russell D. Woo, MD, Paul Ortega, MD, Edward Y.C. Chan, MD, Collin P. Quock, MD, San Francisco)
- Carcinoma of the Cervix Uteri: Epidemiology and Treatment Results in a San Francisco Chinese Population (Jerold Green, MD, Rodney Rodriguez, MD, Marianne Heltzel, MTR, ART, San Francisco)
- The Chinese Patient as an Obligate Nose-Breather: An Evaluation of Aerosol Administration at Chinese Hospital (Kenneth D. Chan, MD, San Francisco)
- Tuberculosis in San Francisco Chinese 1984-1987 (Giesela Schecter, MD, San Francisco)

Abstract Session 6

- The Prevalence of Hepatitis B Antibodies in Employees at the French Hospital in Los Angeles and the Chinese Hospital in San Francisco (Myron Tong, MD, PhD, Ruth Co, RN, Physllis Michaelson, RN, Nancy Leer, RN, Paul Ortega, MD, Los Angeles and San Francisco)
- Celiac Plexus Neurostimulation for Pancreatic Cancer Pain (Wen-hsien Wu, MD, Renny Lin, MD, Rex Ponnudurai, MD, Roy Grzesiak, PhD, Newark)
- A Seven-Year Study of Adenocarcinoma of the Colon and Rectum at Chinese Hospital (Ronald J. Wong, BS, Rolland Lowe, MD, Yanek Chiu, MD, Paul Ortega, MD, Collin Quock, San Francisco)
- A Case-Control Study of Colorectal Cancer in Chinese-Americans, Part 1 (Marion Wu, PhD, Alice Whittemore, PhD, Anna H.T. Wu PhD, Richard Gallagher, MS, Ralph Paffenbarger, Jr, MD, Stanford)
- A Case-Control Study of Colorectal Cancer in Chinese-Americans, Part 2 (Anna H. Wu, PhD, Los Angeles)
- Colorectal Neoplasms in the Young Chinese Population (Yanek Chiu, MD, San Francisco)

15:00

Closing Plenary Session

15:30

Reception

Message from Chair of National Steering Committee

Harry Lee, MD, FACP

We of the National Steering Committee organizations, Norman Chang, PhD, David Chiu, MD, Desmond Fung, MD, Winchell Quock, MD, Ronald Szeto, MD, and Paul Tam, MD are particularly elated that the Fourth Conference has been so well-prepared, following upon the first three conferences. Since our initial conference in 1982, held here in San Francisco, we have made a complete circuit, to Los Angeles in 1984, and to New York City in 1986. Already we look forward to the Fifth Conference in 1990, to be held in Toronto and hosted by the Chinese Canadian Medical Society (Ont).

Our objectives of bringing together physicians and scholars to establish an appropriate database of disease incidences, to analyze comparative data on Chinese-American health problems, as influenced by cultural assimilation, with the encouragement of basic and clinical research into these health problems, with the publication of an official proceedings of each meeting, have been fulfilled. The medical staff of Chinese Hospital of San Francisco has been proud and honored by the presence of interested individuals, and the enthusiastic support of all the steering committee organizations, as well as other organizations that have expressed interest in joining the National Steering Committee.

It appears that, for most of us who have survived the four conferences, agonized with the conference chairman and program directors, all these efforts lead to the realization that there have been worthy contributions to the general fund of medical information, as well as to Chinese-American health providers. Although an accurate tally is not available, it would be that the number of Chinese-American physicians and health care providers has grown geometrically.

We are therefore pleased at the growing interest in our conferences, not only by those in the United States, but by our Canadian friends as well. In addition, we have a growing interest on the part of our colleagues in the Pacific Rim countries, as attested to by the joint paper presented by members of the Chinese Hospital medical staff and physicians from Hong Kong. There has also been a growing interest shown by prominent physicians and other health care providers who are not Chinese-Americans.

We believe that this enhances our original concepts, and we look forward to an even more successful meeting in Toronto in 1990.

Fifth Conference

June 23-24, 1990
Four Seasons Hotel
Toronto

Sponsored by
Chinese Canadian Medical Society (Ontario)
Faculty of Medicine, University of Toronto

Conference Chair: **John H.C. Chiu, MD**
Scientific Program Chair: **Peter Lee, MD**
Conference Coordinator: **Yvonne Chiu, MSc**



Fifth Conference *Program Outline*

The Fifth Conference marked the first time the conference was held in Canada and was one of the most successful ever, being attended by almost 400 physicians and other health professionals throughout North America as well as from Hong Kong, China, Australia, and New Zealand. The success of the Toronto Conference also inspired the forefathers of the federation to start organizing the present form of the Federation of Chinese American and Chinese Canadian Medical Societies, led by Dr. David Chiu, Dr. Harry Lee, Dr. Hsueh-hwa Wang, and Dr. John Chiu.

Saturday, June 23, 1990

- 8:30 Welcome by Dr. John H.C. Chiu
- 8:45 **3rd Quen Sau Nam Memorial Lecture**
"Control of a Genetic Disease Through Molecular Genetics"
Speaker: Dr. Yuet Wai Kan, MD, FRS, Chief, Molecular and Diagnostics, Louis K. Diamond Professor of Hematology, University of California, San Francisco
- 10:00 Coffee Break
- 10:15 Panel A Psychiatric Treatment in the Chinese: An eclectic approach
- Pharmacanthropology- Treating the Chinese Patient (S.W. Tang, MB,BS, PhD, FRCP, Long Beach)
 - Traditional Chinese Medicine in Psychiatry: A Review of History, Status and Prospects (Joseph So, BA, PhD, Peterborough)
 - Are Chinese Treatable- in Psychotherapy? (Ted Lo, MB,BS, MRC, FRCP, Toronto)
- Panel B Genetics
- Use of Reverse Genetics in Disease Study (Lap-Chee Tsui, BSc, Mphil, PhD, Toronto)
 - From Disease to Gene and Back Again: Lessons Learned from Retinoblastoma (Brenda Gallie, James M. Dunn, Xiaoping Zhu, Robert Phillips, Toronto)
 - Muscular Dystrophy (Duchenne) (Ronald G. Worton, BSc, MSc, PhD, FCCMG, Toronto)
- 11:45 Lunch Speaker: **Julia Ching, BA, MA, PhD "Chinese Views of Life and Death"**
- 13:30 Panel C The Chinese Diet
- Hematinics and the Elderly Chinese (Elaine Choi, MB,BS, Boston)
 - Dietary Problems of the Chinese Elderly in North America (Stella Chiu, BSc RPDt, Burlington)
 - Intestinal Lactase Deficiency (Gregory Fung, MD, San Francisco)
 - Dietary Factors in Breast Carcinoma Among the Chinese (Marion Lee, PhD, San Francisco)
- Panel D Perinatal and Maternal Health
- Ethnicity and Neonatal Jaundice (Apostolos Papageorgiou, MD, FRCP, FAAP, Montreal)
 - The Use of Traditional Wines and Herbs Surrounding Pregnancy (Thomas Hum, MD, SF)
 - Hepatitis B Virus Vaccination in the Perinatal Period (Morris Sherman, MB,BCh, PhD, FCP, FRCP Toronto)
 - Trophoblastic Diseases (P.L.Chan, MD, FRCS, FRCOG Toronto)
- 15:00 Coffee
- 15:15 Abstract Session 1
- Self Assessment of Health by Aged Chinese Canadians (K. Victor Ujimoto, PhD, Lawrence Lam, PhD, Paul Wong, PhD, Harry K. Nishio, PhD, Guelph, Trent, and Toronto)
 - Evolution of Home Health Services in San Francisco's Chinatown (Kelvin Quan, MPH, Marilyn Baker-Venturini, Anni Chung, MSW, Collin Quock, MD, San Francisco)
 - Multicultural Community Nutrition Education- Menu Contest for the Chinese Seniors. A nutritional education strategy in working with the Chinese community (Nancy Cheng, Tor)
 - Health Needs of the Elderly Chinese in Calgary (Anthony K.S. Lam, MD, Calgary)
 - Socio-Psychological Well-being, Drug Use and Health Among the Elderly Chinese in Toronto (Yuet W. Cheung, PhD, Christine Leonard, MA, Toronto)
 - Drug Interactions Between the Medical and Dental Professions for Geriatric Patients (George CW Lee, McGill University, Montreal)
 - The Mon Sheong Home for the Aged (K.W. Cheng, Bsoc.Sck, MBA, MRSH, Toronto)
- Abstract Session 2
- Heart Disease in the Chinese in Ottawa. An Analysis of Patients Referred for Echocardiography (Kwan-Leung Chan, Ottawa, Ont)
 - A Survey of Serum Lipids of Chinese-Americans in San Francisco (John Lau, B.S., Collin Quock, MD, Shui Fung Chui, B.S., Cheong Ngoi, BA, Jo Ann Ouyang, B.A. M.T., Letitia Yee, B.S., San Francisco)

- Correlation of Plasma Ascorbic Acid with Cardiovascular Risk Factors (Elaine Choi, Gerald Dallal, Paul Jacques, Robert Russell, Robert McGandy, Robert Jacob, Boston)
- The Effect of Diltiazem on Platelet Function in Aged Chinese Coronary Artery Disease Patients- A Randomized, Double Blind, Placebo-Controlled, Crossover Trial (Zhang Ling Li, Chu Cai Xu, Chengdu, China)
- Geroprotective Studies of "Jie Ye Lin". Aging. 1. Pharmacological Study (Jia-ju Zheng, Yu-Ming Wang, et al, Suzhou, China)
- Geroprotective Studies of "Jie Ye Lin". 2. Clinical Study (Jia-ju Zheng, Yu-Ming Wang, et al, Suzhou, China)

Abstract Session 3

- Kidney Transplantation Among Some Chinese New Yorkers 1974-1989 (John C.L. Wang, MD, PhD, Robert Riggio, MD, New York)
- Lactose Malabsorption: Ethnic and Age Differences in Chinese Populations 1990 (Jia-ju Zheng, Irwin H. Rosenberg, Suzhou, China and Boston, Mass)
- Hepatitis B Infection in the Chinese Population and a Strategy for its Eradication (Stanley Seah, MD, PhD, Montreal)
- Evaluation of Service Utilization of the Ontario Ministry of Health AIDS Hotline (Lilly Lum, Josephine Wong, Toronto)
- Health Care Research and Data Collection in a Multicultural Society (Annabelle Scbloff, John Chiu, Barbara Carpio, and Veli Yianko, Minister of Health's Advisory Committee on Multicultural Health, Ontario)
- Pulmonary Function Testing of Chinese-American Non-smokers (Howard Young, MD, Kenneth Chan, MD, San Francisco)
- Sarcoidosis in Chinese: Report of 4 Patients (C. Chung, MD, C.P. Quock, MD, R. Low, MD, and P. Ortega, MD, San Francisco)

Abstract Session 4

- Comparisons Between Oriental and Non-Oriental Patients Treated by the Strathcona Mental Health Team in the Vancouver Downtown East-Side Core (Allan P.G. Wong, BSc(Pharm), MD, Kwok-Chu Li, MB,BS., Vancouver)
- Psychiatric Disorders and its Relationship to Level of Psychosocial Functioning in a Chinese Outpatient Population (Raymond A. Liang, MD, FRCP, Vancouver)
- Meeting the Mental Health Needs of the Chinese in Toronto- the Hong Fook Mental Health Service (Sania Ip, BSW, and Hung-Tat Lo, MB,BS, MRC. Psych. FRCP, Toronto)
- Sexuality for Overseas Students (S.O.S) (Betty Lawrence, Selma Savage, Toronto)
- Use of the Self-Help Model to Restore the Physical and Mental Well Being of the Chinese Bereaved Patients (Rosemary Young, Toronto)
- Blood Donation and Cultural Assimilation in a Chinese Canadian Community (Lih Yea Guo, York University, North York, Ontario)

18:30 Conference Banquet

Sunday, June 24, 1990

8:30 Abstract Session 5

- A Strategy for Community Health Education. Monthly Hospital Based Chinese Health Seminars (Amy Kwok Chan, BA, MSW, CSW, Toronto)
- A Culturally Sensitive Model of Patient Education (Edward A. Chow, MD, Priscilla Choy, RN, BSN, MPA, and Angela Sun, BS, MPH, San Francisco)
- Hearing Health Problems and Promotion Programs in the Ontario Chinese Communities 1985-1990 (Sybil Lee, BSc, Toronto)
- On Lok: Replicating an Innovative Health Delivery System (Catherine Eng, MD, and Harry Lee, MD, San Francisco)
- 70 Years of Love- Devotion and Care (Peter H.S. Tang, President, Peirre Boucher, Executive Director, the Montreal Chinese Hospital)
- Responding to Access in the San Francisco Chinese Community (Edward A. Chow, BS, MD, San Francisco)
- Chinese American and Other Asian Pacific Islander Population Statistics, 1980 with Future Projections by Decades (Harry Lee, MD San Francisco)

Abstract Session 6

- Primary Nasopharyngeal Carcinoma, Report of Four Selected Early Symptomatic Cases and Use of a New Investigatory Technique (Nasopharyngogram) (Tong Lye, MB,BS, Toronto)
- Proliferative Breast Fluid Epithelium and Cerumen Phenotype Among US- and Foreign-Born Asian Women (M. Lee, N. Petrakis, M. Wrensch, E. King, R. Miike, San Francisco)
- The Increased Incidence of Cervical Cancer Among Ethnic Chinese Canadians in B.C. and the Use of a Screening Program (Frances Wong, Chris Archibald, Richard Gallagher, Andrew Coldman, Pierre Band, Diane Raynor, Joanne Moody, Vancouver)
- Survey of Cancer Cases Seen at a University Hospital Among Patients of Asian Descent (Nelson Adamson, MD, Michael Thirlwell, MD, Montreal)
- Silicone Mastopathy Presenting as a Breast Pseudomalignancy (Ellen Warner MD, Michael Lipa, MD, David Pearson, MD, Ruth Lee, RN, and Harold Weizei, MD Toronto)
- Transcultural Health Care for Ethnic Chinese Oncology Patients (Amy Kwok Chan, BA, MSW, CSW, Toronto)

Abstract Session 7

- Patterns of Allergic Diseases Among Chinese in the San Francisco Bay Area: 1. Onset and nature of Allergic Symptoms from Date of Immigration, 2. Most common allergens incriminated (Enoch Choi, Benjamin Choi, Eugene Choi, San Francisco)
- The Spectrum of Rheumatic Diseases in the Toronto Chinese (Peter Lee, MB, CbB, MD, Toronto)
- Systemic Sclerosis (Scleroderma) in the Chinese. Report of a Case Secondary to Breast Augmentation (Peter Lee, MB, ChB, MD, Toronto)
- Comparison of Three Systemic Lupus Erythematosus (SLE) Criteria in Chinese Patients: Chinese 1, Chinese 2, and Ara Criteria (D. Hu, N. Zhuan, C. Bombardier, C.H.Chang, and J. Yian (University of Toronto, PUMC, Beijing, and McMaster University, Hamilton)
- Rheumatoid Arthritis in the Vancouver Chinese (Simon Huang, Vancouver)
- Vasculitic Peripheral Neuropathy Among Chinese Canadian. A Report of 2 pages. (Joseph Chu, MD, FRCP, Toronto)
- Myopia in the Chinese and its Treatments (Shiu Kwok, MD, PhD, Nikkel Ho and Wndy Kwok, San Francisco)

Abstract Session 8

- Culture-specific Perinatal Program for Chinese-speaking Families (Alice Chan-Yip, MD, Andrew Mok, MD, Stanley Moyyen, MD, Dorothy Moore, MD, Oy Moon Au, R.T., Stella Radford, RN, Montreal)
- Screening for Thalassemia in an Urban Chinese Community Health Center (Giardina, PJ, Coady, D.J., Wang, G, et al, New York)
- Palpebral Fissure Length in Chinese Newborn Infants (Kenneth C.H. Ma, MB,BS, A.K.C. Leung, MB., BS, T.O. Siu, D.Sch., W.L.M. Robson, MD, Brampton, Ont)
- Perinatal Statistics: A Comparison of Perinatal Outcomes Between the "Low-Risk" Chinese Hospital of San Francisco and the "High-Risk" Stanford University Hospital of the Year of 1988 (Jane W. Chen, Raymond Li, Fred Lui, San Francisco)
- An Analysis of the Differences in Birth Weight Patterns of Chinese and White Babies in the United States (Shi Wu Wen, Irwin Emanuel, Montreal)
- Pulmonary Function in Normal Asian American Children Using Spirometry Testing (Enoch Choi, Benjamin Choi, Chao Lin, MD, Marion C. Lee, PhD, Eugene Y. Choi, MD, San Fr)

10:00 Coffee Break

10:20 **Special Lecture: "Special Features of Diabetes Among Chinese"**

Rose T.T. Yeung, Dept of Medicine, University of Hong Kong

11:20 Conference Summation

11:30 Panel E Geriatrics- Some Clinical Problems in the Chinese Elderly

- Drugs and the Elderly (Barry Goldlist, MD, FRCP, FACP, Toronto)
- Depression in the Elderly (Francis Ho, MD, CCFP, Vancouver)
- They Are After Me- A Clinical Review of Paranoid Disorders in the Elderly (Peter Chang, MB, BS, DPM, D.Psych, FRCP, Toronto)
- Cancer Pain Management (Wen-Hsien Wu, MD, MS, Newark)

Panel F Community Health: Health Promotion Strategies in the Chinese Community

- Chinese Restaurant Workers Study (Winnie Ng, BA, TESL, Toronto)
- Community Outreach to Chinese Immigrant Families in Montreal (Alice Chan-Yip, MD, FRCP, FAAP, Montreal)
- AIDS Alert Project in Toronto (The Toronto Chinese Health Education Committee, Toronto)
- The "Health is Wealth" Program- Health Promotion in the Oakland Chinatown Community (Rod Lew, MPH, Vea Thai, Arthur M. Chen, MD, Kathleen Lim Ko MS, Asian Health Services, Oakland)

13:00 Adjournment

Sixth Conference

June 19-20, 1992
Sheraton Palace Hotel
San Francisco

Sponsored by
Chinese Hospital Medical Staff

Conference Chair:
Gregory Fung, MD

Conference Vice-Chair:
Kenneth Chan, MD



The return of the Sixth Conference to San Francisco showcased an outstanding program sponsored by the Chinese Hospital Medical Staff that has further built upon the success of earlier conferences since its inception in 1982. The Sixth Conference attracted even broader participation, contributing to the international flavor. The conference featured two Health Policy lectures, including the Keynote address, a Luncheon Lecture on heart-healthy Chinese cuisine, and the Fourth Quen Sau Nam Memorial Lecture.

Sixth Conference *Program Outline*

Friday, June 19, 1992

- 9:00 **Health Policy Lecture 1: "Contemporary Asian Health Care in California"**
Molly Joel Coye, MD, MPH,
Director, California Department of Health Services
- 10:15 Recess
- 10:30 Panel A: Chinese Children: Meeting the Challenges of Growing up in America (Panelists: Leland Yee, PhD, San Fr. Sue Chan, MD, Oakland, Sai-Ling Chan-Sew, LCSW, San Fr)
- Panel B: Hepatic Diseases: (Panelists: Robert Gish, MD, San Fr, Robert Lim, MD, San Fr, Winston Wong, MD, Oakland)
- 12:00 **- Health Policy Lecture 2: "Chinese-American Demographics and Health Issues Related to the 1990 Census"**
Jerry Wong, U.S. Bureau of the Census
- 1:45 Abstract Session 1: General Medicine 1
- How to Avoid Pitfalls in the Drug Treatment of the Chinese Patient (Ka Kit Hui, MD, Jun L. Yu, MD, Lori Kitazaki, Los Angeles)
 - Sixty Years of Medical Practice in San Francisco Chinatown and Discovery of an Alternative Treatment of Rheumatic Diseases with Nutritional Control and Management (Collin Dong, MD San Fr)
 - The Health Care Provider's Role in the Prevention of Nursing Bottle Caries (Tim Verceles, Karen Yee, San Francisco)
 - Obstetric and Perinatal Statistics Among San Francisco Chinese: Comparison Between Chinese Hospital (1988-89) and California Pacific Medical Center (1989) (Alexander Chin, Raymond Li, MD, San Fr)
 - Facial Cosmetic Surgery in Chinese: Values and Culture Orientation (William T. Chen, San Francisco)
- Abstract Session 2: General Medicine 2
- Prostate Cancer in Chinese Americans and Chinese Canadians (Alice Whittemore, PhD, Stanford)
 - The Prevalence of Serious Renal Disease Among Diabetic Chinese in Hong Kong vs San Francisco (Wesley Jan, MD, Fred Lui, MD, San Fr)
 - Early Detection of Chinese NIDDM (Non-Insulin Dependent Diabetes Mellitus) Patients at Risk of Developing Diabetic Nephropathy: A Longitudinal Study of Urinary Excretion of Albumin and Tubular Proteins (K.K. Pun, MD, K.W. Wong, San Fr)
 - Inflammatory Bowel Disease in Chinese in Vancouver, British Columbia (Hugh Chaun, BM, FRCP, FRCPC, Vancouver)
 - Stroke Pattern Among Chinese Patients in Chinese Hospital of San Francisco (Chau-Chun Chien, MD, PhD, Debbie Jue, MBA, RRA, San Fr)
- Abstract Session 3: Infectious and Pulmonary Diseases
- Seroprevalence of HTLV-1/11, Hepatitis C Virus and HIV-1 in Asian American Potential Bone Marrow Donors (Minna Sun, MD, Karin Chao, BS, Gifford Leoung, MD, Edward Mruphy, MD, MPH, Valerie Ng, MD, PhD, Judy Wilber, PhD, San Francisco and Emeryville)
 - Increased Risks for Bacterial Gastroenteritis Among Young Chinese Children (Peter Ng, MD, Waldon Lim, MD, San Fr)
 - Identification of U snRNA of Giardia lamblia (Xiao Hong Niu, Xing Yue He, Nina Agabian, San Francisco)
 - Hepatitis B Universal Vaccination (Stanley Seah, MD, PhD, Montreal)
 - Normal Asian American Pediatric Pulmonary Function (Enoch Choi, Chao Lin, Marion Lee, PhD, Benjamin Choi, Eugene Choi, MD, San Fr)
- Abstract Session 4: Health Delivery Systems
- San Francisco Chinatown Disaster Plan (Donald Seu, MD, Edward Chow, MD, Sue Eisenberg, MSSW, MPP, San Fr)
 - A Decade of Cooperation: The Success of a Joint Venture for an Ethnically Based Health Care Plan (Edward Chow, MD, K.C. Wong, BS, San Fr)
 - Self-help for the Elderly Home Care: An Update on San Francisco's Model Bilingual and Bicultural Home Care Agency (Darryl Raszl, MD, Marilyn Baker-Venturini, BS, San Fr)
 - Adult Day Health Care Nursing of Frail Chinese Elders in a Multi-Ethnic Center (Jacqueline Kwan, MSN, RN, San Fr)
 - A Model Community Program for Bilingual and Culturally Sensitive Health Education (Angela Sun, BS, MPH, Edward Chow, MD, San Fr)
- 3:15 Recess
- 3:30 Panel C: Road to a Healthier Body, Mind, Spirit: What to Eat, Do and Think
(Panelists: Yvonne Liang, MS, RD, San Fr, Randall Gee, PT, San Fr, Melvin Wong, PhD, Fremont, CA)
- Panel D: Traditional Chinese Medicine: Advancing into the 21st Century
(Panelists: Hank C. Wuh, MD, MPH, Palo Alto, Ka Kit Hui, MD, Los Ang, Patricia Tsang, MD, San Fr)

Saturday, June 20, 1992

- 8:30 Panel E: Nursing Care for the Chinese Patient
(Panelists: Felice Puno, RN, San Fr, Beverly Low, RN, San Fr, Rose Ng, RN, MS, San Fr, Adele Dunnigan, RN, MEd, San Fr, Mei Chou, RN, MS, San Fr)
- Panel F: Asian American Health Care Access Issues
(Panelists: Ninez Ponce, MPP, San Fr, Jennie Chin-Hansen, San Fr, Joan B. Trauner, PhD, San Fr)
- 10:00 Recess
- 10:15 Abstract Session 5: Tobacco Education and Community Research
- Stop-smoking Project in the Chinese Community: A Novel Use of Alternative Media (Lei-Chun Fung, MPH, MSW, San Fr)

- Smoking and Passive Smoking Patterns in Chinese-Americans (Marion Lee, PhD, Florence Lee, MPH, Carol D'Onofrio, PhD, Virginia Ernster, PhD, Christopher Jenkins, MPH, Gerardo Marin, PhD, Rena Pasick, DrPH, Peggy Reynolds, PhD, Dee West, PhD, San Francisco)
- Use of Behavioral Modification and Nicotine Polacrilexin Smoking-cessation in Chinese-speaking Adults (Fred Horn, MD, Kenneth Chan, MD, San Fr)
- Pathways and Barriers to Effective Smoking Cessation Among Chinese Immigrants: Initial Findings (Becky Sung, Kina Quan, MPH, Rod Lew, MPH, Oakland)
- Community Sensitive Research (Arthur Chen, MD, Rod Lew, MPH, Oakland)

Abstract Session 6: Women's Health Issues

- The Chinese Female Patient: Yes, There Are Differences (Ming Quan, MD, San Fr)
- Characteristics of Breast Cancer in Chinese Women Seen Over a Ten-year Period at Mt. Zion Medical Center of San Francisco (Stanley Leong, MD, Gayle Stewart, RN, Harvey Klein, MD, Robert Allen Jr, MD, San Fr)
- The Impact of Labor Coaches on the Outcome of Natural Birth (Carol Lam, Linda Okahara, Oakland)
- Knowledge, Attitudes and Behaviors Toward Pap Smear, Breast Self-examination and Mammography Services (Lei-Chun Fung, MPH, MSW, San Fr)
- Breast Health Days: A Breast Cancer Education and Screening Program for Chinese American Women (Lei-Chun Fung, MPH, MSW, Aimee Yan, RD, MS, San Fr)

Abstract Session 7: Nutrition

- Chinese Oncology Patients: A Bilingual Nutrition Guide Addressing Their Special Needs in Cultural Context (Susana Chan, MS, RN, Holley Wysong, RD, San Fr)
- Calcium Content of Common Food Items in the Chinese Diet (K.K. Pun, MD, C.D. Arnaud, MD, San Fr)
- Lean to Health: Lowfat Chinese Cuisine Campaign (Catherine Wong, RD, MPH, San Fr)
- Development of a Heart Healthy Chinese Community Cookbook (Judy Makimoto Woo, RD, MPH, Linda Okahara, Oakland)

Abstract Session 8: Ocular Problems

- Sebaceous Gland Carcinoma (J. Brooks Crawford, MD, San Fr)
- A Clinic-based Study of Glaucomas in Asian Americans (Shiu Kwok, MD, PhD, Wendy Kwok, Lionel Sorenson, MD, San Fr, Daniel Vaughn, MD, San Jose)
- Spectacle Lens Treatment Options for the High Myope (George Lee, OD, Berkeley)
- Severity of Diabetic Retinopathy Among Chinese North Americans (Everett Ai, MD, Soon Lee, MD, Thomas Carlson, MD, San Fr)
- Causes of Legal Blindness in Asian Americans (Shiu Kwok, MD, PhD, Wendy Kwok, San Fr, Julie Ng, OD, Primrose Wong, OD, Maria Williams, OD, Weylin Eng, OD, Berkeley)
- Prevalence of Visual Impairment and Blindness of an Asian American Population (Siu Kwok, MD, PhD, Wendy Kwok, Lionel Sorenson, MD, San Fr, Julie Ng, OD, Primrose Wong, OD, Maria Williams, OK, Weylin Eng, OD, Berkeley)
- Ocular Trematode Infestation Presented as Recurrent Uveitis and Retinal Vasculitis (L. Eric Leung, MD, Richard McDonald, MD, Howard Schatz, MD, San Fr)

12:00 **Luncheon with Speaker: "Chinese Cuisine: To Your Health"**
Mr. Ken Hom, Noted Chef and Columnist

- 2:15 Panel G: Challenge for the 1990s: Victory Over Smoking
(Panelists: Carol Russell, MPH, Sacramento, Kenneth Chan, MD, San Fr, Christine Siador, MPH, San Fr)
- Panel H: Ophthalmic and Optometric Care for Chinese-Americans
(Panelists: Gilbert Smolin, MD, San Fr, Alexander Irvine, MD, San Fr, Creig S. Hoyt, MD, San Fr, Jay Enoch, OD, PhD, Weylin Eng, OD)

4:00 **Fourth Quen Sau Nam Memorial Lecture:**
"Surgical Problems of the Chinese Immigrants"
John Wong, MD Chairman Dept of Surgery, University of Hong Kong

- 5:30 Closing Plenary Session
- 6:00 Reception
- 7:00 Conference Banquet and Dance

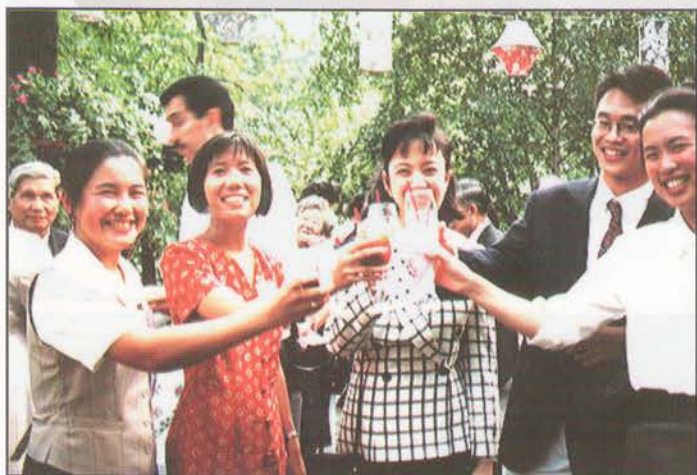
Seventh Conference

July 1-3, 1994
Sheraton New York Hotel
New York City

Co-sponsored by
The Chinese American Medical Society
Cornell University Medical College

Conference Chair: David T.W. Chiu, MD
Scientific Program Chair: John Li, MD
Administrative Committee Chair: Hsueh-hwa Wang, MD







Seventh Conference *Program Outline*

Seventh International Conference on Health Problems Related to the Chinese in North America

Keynote Address: Health Status of Chinese Americans: Challenges and Opportunities, *Moon S. Chen, Jr, PhD, MPH, Professor of Preventive Medicine, The Ohio State University and Editor-in-Chief, Asian American and Pacific Islander Journal of Health*

Viewpoint on Healthcare Reform: Asian Americans' Access to Healthcare, *Tessie Gutlerma, Executive Director, Asian and Pacific Islander American Health Forum, San Francisco*

Quen Sau-Nam Memorial Lecture: Recent Advances in the Understanding of the Causes and Therapy of Essential Hypertension. *Peter K.T. Pang, PhD, Professor of Physiology, University of Alberta, Edmonton, Alberta, Canada*

Symposium 1. Gastrointestinal and Genitourinary Problems

- Update on Hepatitis B: Role of Hepatitis B Virus Mutations in Liver Disease *Anna S.F. Lok, MD*
- A New Bacterium *H. pylori*, in Gastric Diseases & Cancer *Angie Man-Chi Eng, MD*
- Practical Approach to Diagnosis and Treatment of Impotence *Tom F. Lue, MD*

Symposium 2. Transcultural Medicine/ End Results of Treatment

- A Comprehensive Effect of Diet Upon Chronic Degenerative Diseases *T.C. Campbell, PhD*
- Experience of the Chinatown Health Clinic in Serving an Indigent Population *Grace Wang, MD*
- Hip Fracture in Chinese Elderly, Risks and Impact on Mortality *Catherine Eng, MD*

Symposium 3. Ophthalmologic Problems

- Management of Diabetic Retinopathy *Elaine L. Chuang, MD*
- Refractive Surgery *Helen Wu, MD*
- Glaucoma in the Chinese- Not the Same as in Caucasians *Raymond Fong, MD*

Symposium 4. Neuropsychiatric Disorders

- Recognizing Domestic Violence and Battering of Women *Mary Ann Lee, MD*
- Treating Chinese Psychiatric Patients *James, C.Y. Chou, MD*
- Recent Advances in the Development of Therapeutics to Reduce Brain Damage after Stroke *Chung Y. Hsu, MD PhD*
- Neurostimulation in the Treatment of Chronic Pain *Wen-Hsien Wu, Ph.D*

Symposium 5. Respiratory Disorders

- Diaphragmatic Function in "COPD" *Norma Brown, MD*
- Update on the Microbiology and Immunology of Tuberculosis *John Ho, MD*
- Recent Advances in Understanding and Management of Asthma *Thomas King MD*

Symposium 6. Alternative Medicine

- A New Class of Anti-HIV Agents from Medicinal Plants *Sylvia See-Huang, PhD*
- Clinical Toxicity of Herbal Medicine in Taiwan *Jou-Fang Deng, MD*
- Chinese Herbal/ Patent Medicine: Concerns and Approaches *Elaine Kang-Yum, R.Ph., CSPI*
- A Scientific Explanation of Acupuncture Mechanisms of Action *Alfred T.C. Peng, MD*

Abstracts

Responses by Chinese Physicians in Health Care Delivery *Kelvin P. Quan, JD, MPH*

Summary of the 7th Conference:

The Inauguration of FCMS took place in New York City at the 7th Conference, a crowning achievement for CAMS which had for years championed the concept for such an encompassing continental organization and whose leadership gave much impetus to the development of the Federation.

The 7th Conference covered plenary sessions and symposia in GI and GU Problems, transcultural medicine/end result of treatment, ophthalmological problems, neuropsychiatric disorders, respiratory disorders and alternative medicine. Moon Chen, Ph.D. was the keynote speaker. A poster session with over 20 posters was attended by many participants. The Conference concluded with the Quen Sau-Nam Memorial Lecture, given by Peter P.T. Pang, Ph.D., Chairman of Physiology, University of Alberta, on "Recent Advances on the Understanding of the Causes and Therapy of Essential Hypertension", an extraordinarily innovative and provocative lecture, which brought the house down.

The Inauguration of FCMS was held on July 2, 1994 at the 7th Health Conference in New York City. Dr. David Chiu spoke on the formation of FCMS after more than 2 years of planning, followed by the Inaugural Address by Herbert Pardes, M.D., Dean of the Faculty of Medicine of the College of Physicians & Surgeons of Columbia University. During the Inauguration ceremony, representatives of the seven Founding organizational members were seated at the front of the auditorium.

Also memorable was the **dinner at the Tavern on The Green** in Central Park, with hors d'oeuvres and drinks served in the garden of the restaurant, as well as an art exhibit and auction. During the Awards Ceremony, Dr. Harry Lee, Chairman of the National Steering Committee, presented Dr. David Chiu with a medallion as the primary founder of FCMS. Other recipients of the Outstanding Achievement Awards were Dr. John Li, Dr. John Chiu, and Dr. Hsueh-hwa Wang.

At the Board meeting convened afterwards, Dr. Harry Lee was elected Chairman of the Board, Dr. David Chiu as the first President, and John Chiu as Vice-President. Dr. Hsueh-hwa Wang was charged to form a Committee to draft the by-laws of FCMS.

Eighth Conference

August 22-25, 1996
Westin Bayshore Hotel
Vancouver, British Columbia

Sponsored by
Chinese Canadian Medical Society (BC)

Conference Chair: Terence Chang, MD
Scientific Program Co-chairs: Anthony Fung, MB.,BS
York Hsiang, MB.,ChB



Eighth Conference *Program Outline*

The Eighth Conference was the first conference to be hosted in Vancouver, a popular destination with its beautiful site and surroundings. Highlights of the meeting included the Quen Sau Nam lecture by Dr. Edgar Cheng on the challenges facing Hong Kong before and after 1997, and intriguing presentations contrasting the health care systems of Canada and the U.S.

Friday, August 23, 1996

9:00	The Future of Cancer Therapy	Dr. Victor Ling
10:00	Chinese Diet and Cancer Prevention	Dr. Chung S. Yang
11:00	Coffee Break	
11:15	Beyond Eczema- Common Skin Diseases in Chinese	Dr. Vincent Ho
11:45	Pulmonary Tuberculosis- the Asian Tiger Returns	Dr. Susan Kwan
12:15	Lunch	
	Quen Sau Nam Memorial Lecture:	
	Medicine, Business and Politics, Hong Kong Before and After 1997	
	Dr. Edgar Cheng	
13:45	The Molecular Basis for Prostate Cancer	Dr. Leland Chung
14:45	Renal Transplantation in Chinese Canadians in British Columbia	Dr. Anthony Chiu
15:15	Abstract presentations	

Saturday, August 24, 1996

9:00	Abdominal Aortic Aneurysm: An Increasing Disease	Dr. James S.T. Yao
10:00	Chelation Therapy for Atherosclerosis	Dr. Clifford Chan-Yan
10:30	Coffee Break	
10:45	Liver Resection and Transplantation	Dr. Stephen Chung
11:15	The Hepatitis Alphabet	Dr. Grant Stiver
11:45	Abstract Presentations	
12:30	Lunch	
14:00	Current Status of Cancer in Taiwan	Dr. King-Jen Chang
14:45	Treatment of Upper GI Disorder	Dr. Malcolm Champion
15:15	Pathogenesis and Treatment of Anxiety/Depression Spectrum Disorder in the Chinese	
19:00	Banquet dinner and dance	Dr. Allan Wong

Sunday, August 15, 1996

9:00	HMO and the Future of US Health Care	Dr. Rolland Lowe
9:45	Health Care in the U.S.A.	Dr. Paul Kirk
10:45	The Rapidly Changing Canadian Health Care System	Dr. John O'Brien-Bell
11:15	Health Care at Reasonable Cost: What Are the Options?	Dr. Victor Dirnfeld
11:45	Panel Discussion	
12:15	End of Conference	

Ninth Conference

August 21-23, 1988

Sheraton Universal Hotel, Universal City
Los Angeles

Sponsored by
Chinese American Medical Association of
Southern California
Pacific Alliance Medical Center
PAMC Health Foundation

Conference Chair: **Tit Sang Li, MD**
Scientific Program Chair: **Firmin Ho, MD**
Co-Chair: **Simon Lo, MD**
Administrative Committee Chair: **George Ma, MD**



Ninth Conference *Program Outline*

The Ninth Conference assembled some of the most prominent physicians and scholars to address current subjects and concerns facing the medical community, each presented by an expert in their particular field. Keynote Speaker Dr. David Ho discussed current strategies for combating the Human Immunodeficiency Virus, which is spreading at an alarming rate across Asia. Quen Sau-Nam Memorial Lecturer Dr. Victor Dzau addressed the imminent genomic revolution and its potential impact on the future management of cardiovascular medicine. The Ninth Conference organizers outdid itself in orchestrating an extensive program and magnificent gala event with a Hollywood theme, nestled in the scenic site of Universal City.

Friday, August 21, 1998

8:00	Quen Sau Nam Memorial Lecture "Genetics and Genomics: Novel Approaches in Cardiovascular Medicine" Victor Dzau, MD , Hersey Professor of the Theory and Practice of Medicine, Harvard Medical School; Chairman, Department of Medicine, Brigham and Women's Hospital	
9:00	Cultural Diversity in Patient Care	
9:15	Pharmacologic and Therapeutic Considerations	Yui-Wing Francis Lam, Pharm.D.
9:45	Legal Implications in Patient Care	Stewart Kwoh, J.D.
10:15	Psycho-social Issues that will Affect Patient Care	Edmond H.T. Pi, MD
10:45	Panel Discussion	
11:15	FCMS Reports	
11:30	Lunch	
12:30	Infectious Diseases/ Ophthalmology Avian Flu: Influenza A (H5N1) Virus-the Hong Kong Experience and Beyond	Shiu-Hung Lee MD Antonino Catanzaro, MD
13:00	Multi-Drug Resistant Tuberculosis Plenary Session "Patient Care Project: Overcoming Cultural Barriers in the Delivering of Healthcare to The Chinese in North America	Margaret Koo, RN, BS, Kathy Liang, Florence Wong-Yu, Pharm.D., Ingrid Lau, RN, BSN Tom S. Chang, MD
13:30	Eye Diseases in Asians	
14:00	Panel Discussion	
14:30	Break	
14:45	Cardiovascular Disease Brain Attack: New Concepts Plenary Session: Essentials in Ocular Diagnosis Workshop	Mark Fisher, MD Dennis Leung, OD David P. Sendrowski, OD
15:00	Abstracts: Poster Session	
15:15	New Prime for the Pump: Treating Congestive Heart Failure	Gregg D. Fonarow, MD Steven Goldberg, MD
15:45	The Renaissance of Interventional Cardiology	
16:15	Panel Discussion	

Saturday, August 22, 1998

8:00	Gastrointestinal Disease The Helicobacter pylori Story: Peptic Ulcer, Intestinal Metaplasia and Gastric Cancer	Loren Laine, MD Simon K. Lo, MD Anna S.F. Lok, MD
8:30	Pancreatic and Biliary Disorders in Asians	
9:00	Hepatitis B and C in Asians	
9:45	Panel Discussion	
10:00	Break	
10:15	Hepatocellular Carcinoma Pathogenesis and Current Medical Management Of Hepatocellular Carcinoma	Myron J. Tong, PhD, MD
10:30	Plenary Session Surgical Correction of Myopia, Hyperopia, And Astigmatism	Douglas L. Steel, MD
10:45	Liver Transplantation for Hepatocellular Carcinoma: the New Millennium	Ronald W. Busuttil, MD, PhD
11:15	Panel Discussion	
11:45	Lunch	

	Oncology- Lymphoma in Asians	
12:45	Asian Lymphoma Menace	Raymond H.S. Liang, MD
13:00	Abstracts: Oral presentations	
13:15	Treatment of Lymphoma, American Perspective	Peter J. Rosen
13:45	Panel Discussion	
14:00	Infectious Diseases	
	AIDS: Current Strategies- Is a Cure in Sight?	
	David Ho, MD, Keynote Speaker	
	Professor of Medicine, Director, The Aaron Diamond AIDS Research Center, Rockefeller University, Time Magazine Man of the Year 1996	
14:45	Questions and Answers	
15:00	Break	
	Abstracts: Poster Session	
	Plenary Session	Dennis W.C. Leung, O.D.
	"Essentials in Ocular Diagnosis Workshop"	David P. Sendrowski, O.D.
15:15	Oncology- Bone Marrow Transplant	
	Bone Marrow Transplant and HLA Typing in The Asian Population	Auayporn P. Nademanee, MD
15:30	Plenary Session	
	"Chinese Diet and Disease Prevention"	Chuck Tam, PhD
15:45	A3M- Asians for Miracle Marrow Matches: Improving the Odds For a Life	Sharon M. Sugiyama
16:15	Panel Discussion	
18:30	Conference Gala	

Sunday, August 23, 1998

8:00	Traditional Chinese Medicine and its Integration with Modern Medicine	Ka Kit Hui, MD
8:20	Scientific Basis of Traditional Chinese Medicine	Ke-Ji Chen, MD
8:50	Clinical Applications of Traditional Chinese Medicine	Zhu-Fan Xie, MD
9:20	The Role of Integrative East-West Medicine in the Health System of the Future	Ka Kit Hui, MD
9:30	Panel Discussion	
10:00	Break	
10:15	Healthcare Transitioning into the 21 st Century	
	Biomedical Ethics: What's Ahead?	Alexander Capron, LLB
10:45	Medical Informatics for Practicing Physicians	J. Michael McCoy, MD
11:15	Healthcare Economics and Quality of Care: What's Next?	Paul B. Torrens, MD
11:45	Panel Discussion	
11:15	Closing Remarks	Firmin Ho, MD

Tenth Conference

June 30-July 1, 2000
Renaissance Parc 55 Hotel
San Francisco

Sponsored by
Association of Chinese Community Physicians,
San Francisco
Chinese American Physicians Society, East Bay, Oakland
Chinese Community Health Care Association,
San Francisco
Chinese Hospital Association, San Francisco
Chinese Hospital Medical Staff, San Francisco

Conference Chair: **Gregory Fung, MD**
Scientific Program Chair: **Kenneth Chan, MD**
Finance Committee Chair: **Gordon L. Fung, MD**





Conference Epilogue

Kenneth D. Chan, MD

Chairman, Scientific Program Committee

The *Tenth Conference on Health Problems Related to the Chinese in North America* was a resounding success. The Tenth Conference, held June 30-July 1, 2000 at the beautiful Renaissance Parc 55 Hotel in San Francisco, was attended by physicians and health care providers from all over the United States, Canada, and Hong Kong. The Conference was presented by the *Federation of Chinese American and Chinese Canadian Medical Societies* and organized by the *Association of Chinese Community Physicians*, *Chinese Community Health Care Association*, and *Chinese Hospital Medical Staff* in San Francisco, and the *Chinese American Physicians Society*, East Bay in Oakland. Over 250 enthusiastic participants gathered to learn about the latest developments in the care of Chinese patients, especially the latest updates in Traditional Chinese Medicine and Chinese Women's Health, during the two-day conference.

The first keynote address was given by *Dr. Margaret Chan*, Director of Health, Department of Public Health in Hong Kong. Dr. Chan spoke about the Integration of Western and Traditional Chinese Medicine- the Hong Kong Experience and an International Perspective. The second keynote speaker was *Dr. Ka Kit Hui*, Professor of Medicine, University of California, Los Angeles School of Medicine and Director of the UCLA Center for East-West Medicine, who spoke on Traditional Chinese Medicine- Basic Concept, Clinical Indications, and Scientific Basis. Dr. Hui also presented the Chinese Hospital Annual Award Lecture, Integrating the Best of Chinese and Western Medicine- A new Paradigm for Health Promotion and Patient Care. These lectures represented three of the many highlights of the Tenth Conference which included a total of 8 plenary lectures, 15 breakout panels covering 54 topics, and 24 abstract presentations. Other topics included various important Women's Health Issues in Asian Women, Cancer in the Chinese population, Rheumatologic Diseases, Atherosclerosis, Alzheimers' Disease, Cultural Competency, Ocular Diseases, Psychosocial Issues, Pediatric Issues, Erectile Dysfunction, and Chinese Parenting.

There were also luncheon presentations on "Feng Shui and Health" and "Mandate for the Millennium", a presentation by *Ms. Shamina Singh*, Executive Director of the White House Initiative on Asian American and Pacific Islanders. The Tenth Conference concluded with the Quan Sau Nam Memorial Lecture, Cancer of the Colon and Rectum, by *Dr. Stuart Quan* from the Memorial Sloan Kettering Cancer Center in New York. It was announced that the Eleventh Conference will be held in New York during the Memorial Day Weekend, 2002.

The Tenth Conference Banquet was held at the Golden Mountain Restaurant on the evening of June 30, and a grand time was had by all. *Dr. Ka Kit Hui* was the main guest of honor as he received the Twenty-seventh Chinese Hospital Annual Award. Outgoing Federation Officers were acknowledged and incoming Federation Officers were installed during the evening festivities. Special congratulations to *Dr. Hsueh hwa Wang* from New York, the new FCMS President, and *Dr. Collin Quock*, the new Chairman of the Board of FCMS. In addition, Year 2000 Outstanding Achievement Awards were presented to *Dr. Gregory Fung*, Chairman of the Conference Committee, *Dr. Kenneth Chan*, Scientific Program Committee Chair, and *Dr. Gordon Fung*, Finance Committee Chair.

We hope that the Tenth Conference has accomplished its objective of providing a forum for sharing essential clinical information to help meet the special health care needs of the Chinese community. We also hope that the Conference provided an opportunity for all of us to meet new friends and renew old acquaintances. Many thanks to the sponsoring organization, committee members, staff, and volunteers who helped make this conference a great success. Finally, good luck to our colleagues in New York as they prepare for the Eleventh Conference in 2002 and continue the proud tradition of our conference into the next millennium!

Tenth Conference *Program Outline*

Friday, June 30, 2000

8:15 Keynote Address- 1

"Development of Traditional Chinese Medicine- Hong Kong Experience

Margaret F.C. Chan, MD, JP Director of Health, Department of Health, Hong Kong

9:00 Keynote Address- 2

"Traditional Chinese Medicine- Basic Concepts, Clinical Applications and Scientific Basis

Ka Kit Hui, MD, Director, Center for East-West Medicine & Professor of Medicine, University of California, Los Angeles, School of Medicine

10:00 Break- Exhibits

10:15 Abstract Session 1: Breast Cancer/Pap Smear Screening

- Can Women Get Pregnant After Being Treated for Breast Cancer? (Pearl Yee, MD, San Fr)
- Should Women Take Estrogen Replacement Therapy (ERT) After Breast Cancer? (Pearl Yee, MD, San Fr)
- Breast Cancer Screening Among Chinese-American Women (Shin-Ping Tu, MD, MPH, Gregory Hislop, MD, MSc, Y Yasui, PhD, A. Kuniyuki, MS, JC Jackson, MD, MPH, MA, V Taylor, MD MPH- Seattle, WA and Vancouver, BC)
- Clinical Experience with TC-99M Sestamibi Breast Scan in the Detection of Malignant Breast Lesions (Tsui-Chun Kathy Yip, MD, Tak Lau, MD (Toronto, Ont)
- Cancer Control Intervention with PAP screening in North American Chinese Women: the Vancouver Experience (TG Hislop, VM Taylor, C Jackson, SP Tu, CZ Teh, A Lai, Y Yasui, A Kuniyuki- Seattle, WA and Vancouver, BC)

Abstract Session 2: Neurology/Psycho-social

- Clinical Characteristics of Stroke Among Chinese Patients (Sunhoo Foo, MD, Jing Fang, MD, Jiann-Shing Jeng, MD, Ping-Keung Yip, MD, Micheal Alderman, MD- New York and Taiwan)
- Domestic Violence Education: Creating an Innovative Community-Based Model (May Tam, San Fr)
- Depression Among Chinese-Speaking Patients in Primary Care (Elaine Choi, MD, YM Cecilia Wan, MEd, MS, LK George Hsu, MD, David Alder, MD, Boston)
- Integration of East-West Medicine for Pain Management in Frail Elderly (Fusheng Wang, MD, Catherine Eng, MD, San Fr)
- Epidemiology of Cerebrovascular Disease Among Chinese-Canadians: A Ten Years Retrospective Study (Joseph Chu, MD, Arthur Chung, Jason Chu, Toronto, Ont)
- Domestic Violence in Asians- Perception is Not Always Reality (Edmund Tsoi, MD, Kevin Man, MD, May Tam, John Umekubo, MD, San Fr)

Abstract Session 3: Healthy Heart/Cancer Support

- Heart Disease Self Management and Exercise Program in Chinese (Lei-Chun Fung, MPH, MSW, Jennie Woo, PHN, MPH, San Fr)
- A Healthy Eating Campaign in the San Francisco Chinese Community (Catherine Wong, RD, MPH, Grace Lam, MS, San Fr)
- The Healthy and Delicious Diet (Catherine Wong, RD, MPH, Martin Yan, MS, San Fr)
- Chinese Women's Cancer Support Group Quilt: To Nurture Self is To Create New Life (Lei-Chun Fung, MPH, MSW, Jennie Woo, PHN, MPH, San Fr)
- Cancer Attitude Survey Among Chinese in San Francisco (Angela Sun, MPH, Evaon Wong-Kim, PhD, LCSW- San Francisco and Hawaii)

Abstract Session 4: Ophthalmology

- Progression of Diabetic Retinopathy Following Cataract Extraction in Chinese Patients (L.Eric Leung, MD, Everett Ai, MD, San Fr)
- Incidence of Diabetes Mellitus, Diabetic Eye Examinations and Risk Factors for Diabetic Retinopathy in a Population of Chinese-American HMO Enrollees (Loh-Shan Leung, AB, Edward Chow, MD, L. Eric Leung, MD, San Fr)
- Latest Advances in Ophthalmology and Issues Primarily Related to the Chinese (Wayne Fung, MD, San Fr)

Abstract Session 5: General Medicine

- The Petite Asian Woman: Is Coronary Artery Bypass Surgery Safe? (Alexander G. Yap, MD, Richard Shaw, MD, San Fr)
- Prospective Multicenter Trial of Transurethral Needle Ablation (TUNA) of the Prostate Using Minimal Anesthesia (Raymond Fay, MD, Steve Kaplan, MD, Barry Stein, MD, Muta Issa, MD, Ralph Benson, MD, San Fr, New York, Providence, Atlanta, Nashville)
- Fine Needle Aspiration Biopsies (FNAB) of the Thyroid in Chinese Patients (Lisa Tai, MD, Kin-kee Pun, MD, Daniel Sudilovsky, MD, San Fr)
- Comparison of Normal Ranges for Pulse Dynamic Hemodynamic Parameters Between US and Chinese Population (Chee Shawn Shieh, MD, JJ Tsai, BS, AS Ng, BS, BL Tang, BS, TJ Brinton, MD, SS Chio, PhD, San Diego)
- Unusual Radiographic Manifestations of Pulmonary Tuberculosis (Fred Horn, MD, Kenneth Chan, MD, Gifford Leoung, MD, San Fr)

- 11:45 **Luncheon Presentation: Mandate for the Millennium- Executive Order 13125**
Speaker: Shamina Singh, Executive Director, White House Initiative on Asian American & Pacific Islanders
- 13:00 Concurrent Breakout Sessions- A
- Panel 1: Incorporating TCM into Practice
- Challenges to Mainstreaming Traditional Chinese Medicine for the 21st Century: Alex Feng, OMD, Lac
 - Liability Issues: David Karp
 - Reimbursements: Nancy Christman, RN
- Panel 2: Cultural Competency in Caring for Chinese/Asian Patients
- What is Cultural Competency: A National Mantra: Edward Chow, MD
 - Elements of Cultural Competency for Asian Patients: Evelyn Lee, EdD
 - Cultural Competency in a Public Health Department: Arthur Chen, MD
 - Cultural Competency for Asians with HIV Disease: Dredge Karp
- Panel 3: Spectrum of Rheumatologic Diseases in the Chinese Population
- Survey of the Prevalence and Treatment of Rheumatological Diseases in 300 Chinese Patients: Michael Chan, MD
 - Chiropractic Approach to Back Pain and Arthritis: Kenneth So, DC
 - Merging Eastern and Western Physical Therapy Treatment Techniques in the Management of Patients With Arthritis: Dorothy Chung, RPT
- Panel 4: Alzheimer's Disease and the Chinese Population
- Alzheimer's Disease: Overview: Donna Masterman, MD
 - Diagnosis and Treatment of Dementia in Chinese Patients: Tiffany Chow, MD
 - Community Resources: Mariann DiMinno, RN
- Panel 5: Chinese Children with Disabilities
- Working with Chinese Children with Disabilities: Overview: Peter Ng, MD
 - Autism and Pervasive Development Disorders: Shirley Chu, LCSW
 - Autistic Children: A Parents' Perspective: Anna Wang
 - Working with Chinese Families with Disabled Children- the Asian Community Mental Health Services Experience: Ricky Kot, MSW
 - Attention Deficit Hyperactivity Syndrome: the Chinatown Child Development Center Experience: Gordon Juan, MD
 - Chinese Parent Disability Support Groups: Joyce Chang
 - Computer Project for Children with Disabilities: Nancy Lim-Yee, MA, MSW
- 14:30 Break- Exhibits
- 14:45 Treating Patients in an Integrated CAMS Clinic Setting: The Northern California Experience
- Bridging Conventional & Complementary Medicine: The Experience at CPMC
- Speakers: William B. Stewart, MD, Yuan-Chi Lin, MD, MPH
- True Integration: Having All the Pieces, Kenneth Barnes, MD
- 16:00 **Chinese Hospital Annual Award Lecture**
"Integrating the Best of Chinese and Western Medicine- A New Paradigm for Health Promotion and Patient Care"
Speaker: Ka Kit Hui, MD
- 19:00 **Conference Banquet Gold Mountain Restaurnat**

Saturday, July 1, 2000

- 8:00 - Cancer Incidence in the Chinese in the United States and Asia. Marion Lee, PhD
- 8:30 - Breast Cancer in the Asian American Population: Issues and Perspectives Shelley Hwang, MD
- 9:00 - Asian Women, Menopause, Osteoporosis and HRT Maida Taylor, MD, MPH, FACOG
- 9:30 - The Role of Culture and Tradition in the Care of the Chinese OB Patient. M.Ming Quan, MD
- 10:00 - Break- Exhibit
- 10:00 - Concurrent Breakout Sessions- B
- Panel 6: Women's Health Issues
- Herbal Therapy for Women: Victoria Rand, MD
 - Sex Preselection: Determining the Sex of Your Baby: M. Ming Quan, MD
- Panel 7: Erectile Dysfunction and Prostatism
- Erectile Dysfunction: Tom F. Lue, MD
 - Current Options for Men with Symptomatic BPH (LUTS): Raymond Fay, MD

Panel 8: Pediatric Issues in Chinese Patients

- Pediatric Issues with Urinary Tract Infections & Voiding Dysfunction: Angelique Hinds, RN, MN, CPNP
- Hepatitis B: Recent Advances and Tuberculosis: Treatment and Prevention: Catherine Kyong-Ponce, MD

Panel 9: Ocular Diseases in Chinese Patients 1

- Laser Vision Correction for Myopia in Patients of Chinese Descent: David Hwang, MD
- Retina Disease Among Asians: Is There a Difference? Everett Ai, MD
- The Challenge of Mature Cataracts in the Third World: David F. Chang, MD

Panel 10: Psychosocial Issues in the Chinese Population

- Depression in the Chinese Community: Yim H. Chan, MD
- Domestic Violence in Asians & Pacific Islander (API) Communities: Sue Chan, MD

11:45 **Luncheon Presentation: Feng Shui and Health**

Speaker: Marsha Cheung Golangco, MA

Cross-Cultural/Feng Shui Consultant, President, MG Consultants

13:00

- Concurrent Breakout Sessions- C
- Panel 11: Nursing Care of the Chinese Patient
- Rewards and Challenges of Nursing Among Chinese Patients: Anna Kwong, RN, MSN
- Cultural Influences in Health Care Delivery: Albert Raffaele, RN, MS
- Intensive Caring: Use of TCM in Health Care Settings: Bett Martinez, MD
- Home Health Care Issues: Nancy Chang, RN
- Spiritual Care: Jing Wong

Panel 12: Care at the End of Life

- Best Practices in the Chinese Community: Catherine Eng, MD
- Hospice Care in the Chinese Community and Beyond: Tamara Liang, RN, BSN, PHN
- Working With Chinese Elderly Clients and Families Around Terminal Illness: Doreen Der-McLeod, LCSW

Panel 13: Collaborative Studies on Cardiovascular Disease and Cancer on the Chinese and Asian Population

- Chinese Atherosclerosis in the Aged and Young: a Multicenters Community-Based Study: Kam-Sang Woo, MD, Shu-Wing Chan, MD
- The Cancer Burden in Chinese Americans: Moon S. Chen, Jr, PhD
- Asian American Physicians Network: Reginald CS Ho, MD
- Asian American Network for Cancer Awareness Research and Treatment Project with Chinese Community Health Care Association: Edward Chow, MD

Panel 14: Chinese Parenting

- Chinese Parenting: Overview- An ABC Pediatrician's Perspective: Peter Ng, MD
- Asian Perinatal Advocates: What We've Done That's Different: Mai-Mai Ho, LCSW
- APIPES Curriculum & Approach: Ronald Mah, MA
- Nutrition and Parenting: Sok Leung Ho, RD
- Ten Principles of Raising Chinese-American Teens: Evelyn Lee, EdD
- The China Syndrome: Sai-Woon Liang, MD
- Building Primary Care & Mental Health- Connecting with Chinese Parents (Reflections on a Model that Has Worked): Sai-Ling Chan-Sew, LCSW

Panel 15: Ocular Disease 2

- Glaucoma in Chinese Americans: Robert Stamper, MD
- External & Inflammatory Ocular Disease in Chinese in America: Ira G. Wong, MD
- Can Myopia be Prevented: What is Being Done? Anthony Adams, OD, PhD
- The Vision Care Specialist's Approach to VDT Related Problems: Weylin Eng, OD

14:45

Quen Sau Nam Memorial Lecture:

Cancer of the Colon and Rectum in the Chinese Population

Speaker: Stuart Quan, MD

Clinical Professor of Colo-Rectal Surgery, Cornell University and Senior Attending Surgeon, Memorial Sloan-Kettering Cancer Center, New York

15:45

- Closing Remarks

16:00

- Adjournment

FEDERATION OF CHINESE AMERICAN AND CHINESE CANADIAN MEDICAL SOCIETIES

Mission Statement

To foster communication and association of medical societies and health care professionals sharing a common goal of enhancing the health of Chinese in North America and facilitating the professional development of its members.

Member Organizations of FCMS

- Association of Chinese Canadian Professionals (BC), Vancouver
- Association of Chinese Community Physicians, San Francisco
- Chinese American Medical Association of Southern California, Los Angeles
- Chinese American Medical Society, New York (Chapters in Albany, Boston, Phoenix, Washington DC)
- Chinese American Physicians Society, East Bay, Oakland
- Chinese Canadian Medical Society (Ont), Toronto
- Chinese Community Health Care Association, San Francisco
- Chinese Hospital Medical Staff, San Francisco
- Philippine Chinese American Medical Association, New York

Officers of the Federation (2000-2002)

- Chairman: Collin P. Quock, MD (SF)
- President: Hsueh-hwa Wang, MD (NY)
- President-Elect: Caroline Wang, MD (Vc)
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