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Does Acupuncture Have a Place In Our Medical Field?

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Abstract

Acupuncture is an ancient art of healing by which the body is punctured with a fine filiform needle at certain points along its recognized meridians to treat diseases and to protect health.

Acupuncture has been used in China for thousands of years. The ancient theory is related to cosmogony, the balance of energy and the Yin-Yang forces called "Chi". It exists in the universe as well as in our bodies. When the balance between the Yin and Yang forces are disturbed by the seasons, climate, emotions, etc., a disease may follow. The new theory is based on neurophysiology and body fluid. We use acupuncture for a number of medical problems such as pains from inflammations, migraine headaches, drug problems, surgical procedures, and many locomotor system disorders.

Experimental studies have proven that results of acupuncture are a sedative effect, an anti-inflammatory effect, it promotes phagocytes, neurotransmitters, and increases the healing rate. Further research and investigations should be carried out to make useful contributions to medicine and science in the service of mankind.