## 10th Conference on Health Care of the Chinese in North America



## Latest Advances in Ophthalmology and Issues Primarily Related to the Chinese

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Ophthalmic conditions in the Chinese population are not much different than problems in other population groups. What is different, in some patients, is the level of understanding in some of the elderly Chinese. They are frequently preoccupied by the need for dietary restrictions, what their friends or relatives have told them, and the notion that if they offer a little more payment the doctor may tell them the REAL treatment.

Further, in some diseases such as diabetic retinopathy, Chinese usually seek help at a more advanced stage if they are self-referred. These topics will be expanded upon.

The newest advances in Ophthalmology are these:

- Eximer Laser for Myopia
- Photodynamic therapy for macular degeneration

All of these topics will be discussed.